# NAVITUS MEDICARERX (PDP) JANUARY 1 – DECEMBER 31, 2022 EVIDENCE OF COVERAGE

#### UNIVERSITY OF CALIFORNIA

### High Option Supplement to Medicare and Medicare PPO

Your Medicare Prescription Drug Coverage as a Member of Navitus MedicareRx Prescription Drug Plan (PDP)

This booklet gives you the details about your Medicare prescription drug coverage from January 1 – December 31, 2022. It explains how to get coverage for the prescription drugs you need. **This is an important legal document. Please keep it in a safe place.** 

This plan, Navitus MedicareRx (PDP), offered by Dean Health Insurance, Inc., is a Federally-Qualified Medicare Contracting Prescription Drug Plan.

(When this Evidence of Coverage says "we," "us," or "our," "plan," or "our plan," it means Navitus MedicareRx.)

The University of California has implemented an Employer Group Waiver Plan (EGWP) for Medicare-eligible retirees. This plan is administered by Navitus Health Solutions. This means that Medicare-eligible retirees and/or dependents are enrolled in a Group Medicare Part D Plan. Your employer group plan also includes supplemental coverage that wraps around the benefits provided by this plan. Please contact our Customer Care number at 1-866-270-3877 for additional information. (TTY/TDD users should call 711.) Hours are 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day. Calls to these numbers are free.

Customer Care has free language interpreter services available for non-English speakers if needed. This booklet is also available in different formats, including braille and large print. Please call Customer Care if you need plan information in another format.

For plan premium or enrollment questions, please contact the UC Retirement Administration Service Center (RASC) at (800) 888-8267 (in U.S.) or (510) 987-0200 (from outside the U.S.). Representatives are available Monday through Friday, 8:30 a.m. to 4:30 p.m. (Pacific).

Benefits, premium, deductible, and/or copayments/coinsurance may change on January 1, 2023.

The formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.



#### 2022 Evidence of Coverage

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#### **SECTION 1** Introduction

# Section 1.1 You are enrolled in Navitus MedicareRx, which is a Medicare Prescription Drug Plan (PDP)

You are covered by Original Medicare for your health care coverage, and you have chosen to get your Medicare prescription drug coverage through our plan, Navitus MedicareRx.

There are different types of Medicare plans. Navitus MedicareRx is a Medicare prescription drug plan (PDP). Like all Medicare plans, this Medicare prescription drug plan is approved by Medicare and run by a private company. In addition, your retiree drug coverage includes non-Medicare supplemental drug coverage provided by your Navitus MedicareRx benefits.

#### Section 1.2 What is the *Evidence of Coverage* booklet about?

This *Evidence of Coverage* booklet explains how to get your Medicare prescription drug coverage through our plan. This booklet explains your rights and responsibilities, what is covered, and what you pay as a member of the plan.

The word "coverage" or "covered drugs" refers to the prescription drug coverage available to you as a member of Navitus MedicareRx.

It's important for you to learn what your plan's rules are and what coverage is available to you. We encourage you to set aside some time to look through this Evidence of Coverage booklet.

If you are confused or concerned or just have a question, please contact our plan's Customer Care (phone numbers are printed on the back cover of this booklet).

#### Section 1.3 Legal information about the *Evidence of Coverage*

#### It's part of our contract with you

This *Evidence of Coverage* is part of our contract with you about how Navitus MedicareRx covers your care. Other parts of this contract include your enrollment form, the List of Covered Drugs (Formulary), and any notices you receive from us about changes to your coverage or conditions that affect your coverage. These notices are sometimes called "riders" or "amendments."

The contract is in effect for months in which you are enrolled in Navitus MedicareRx between January 1, 2022 and December 31, 2022.

Each calendar year, Medicare allows us to make changes to the plans that we offer. This means we can change the costs and benefits of Navitus MedicareRx after December 31, 2022. We can

also choose to stop offering the plan, or to offer it in a different service area, after December 31, 2022.

#### Medicare must approve our plan each year

Medicare (the Centers for Medicare & Medicaid Services) must approve Navitus MedicareRx each year. You can continue to get Medicare coverage as a member of our plan as long as we choose to continue to offer the plan and Medicare renews its approval of the plan.

#### SECTION 2 What makes you eligible to be a plan member?

#### Section 2.1 Your eligibility requirements

You are eligible for membership in our plan as long as:

- You have Medicare Part A <u>and</u> Medicare Part B (Section 2.2 tells you about Medicare Part A and Medicare Part B)
- -- and -- you are a United States citizen or are lawfully present in the United States
- -- and -- you live in our geographic service area (Section 2.3 below describes our service area)
- -- and -- you are eligible for coverage under your group sponsored health plan retiree benefits.

#### Section 2.2 What are Medicare Part A and Medicare Part B?

As discussed in Section 1.1 above, you have chosen to get your prescription drug coverage (sometimes called Medicare Part D) through our plan. Our plan has contracted with Medicare to provide you with most of these Medicare benefits. We describe the drug coverage you receive under your Medicare Part D coverage in Chapter 3.

When you first signed up for Medicare, you received information about what services are covered under Medicare Part A and Medicare Part B. Remember:

- Medicare Part A generally helps cover services provided by hospitals (for inpatient services, skilled nursing facilities, or home health agencies).
- Medicare Part B is for most other medical services (such as physician's services, home infusion therapy, and other outpatient services) and certain items (such as durable medical equipment (DME) and supplies).

#### Section 2.3 Here is the plan service area for Navitus MedicareRx

Although Medicare is a Federal program, Navitus MedicareRx is available only to individuals who live in our plan service area. To remain a member of our plan, you must continue to reside in the plan service area. The service area is described as all 50 states and Puerto Rico. The service area excludes most U.S. Territories, such as the U.S. Virgin Islands, Guam, American Samoa, and the Northern Mariana Islands.

If you move outside of our service area, you cannot remain a member of our plan. If you plan to move out of the service area, please contact the UC Retirement Administration Service Center (RASC) at (800) 888-8267 (in U.S.) or (510) 987-0200 (from outside the U.S.). Representatives are available Monday through Friday, 8:30 a.m. to 4:30 p.m. (Pacific).

It is also important that you call Social Security if you move or change your mailing address. You can find phone numbers and contact information for Social Security in Chapter 2, Section 5.

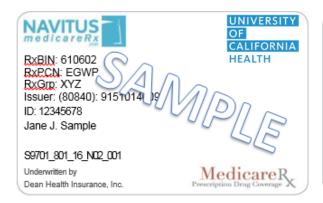
#### Section 2.4 U.S. Citizen or Lawful Presence

A member of a Medicare health plan must be a U.S. citizen or lawfully present in the United States. Medicare (the Centers for Medicare & Medicaid Services) will notify Navitus MedicareRx if you are not eligible to remain a member on this basis. Navitus MedicareRx must disenroll you if you do not meet this requirement.

### SECTION 3 What other materials will you get from us?

# Section 3.1 Your plan membership card – Use it to get all covered prescription drugs

While you are a member of our plan, you must use your membership card for our plan for prescription drugs you get at network pharmacies. You should also show the pharmacy your Medicaid card, if applicable. Here's a sample membership card to show you what yours will look like:



Navitus MedicareRx (PDP) Customer Care

1-866-270-3877 (Toll-Free) TTY Only 711

https://medicarerx.navitus.com

Submit Claims: Navitus MedicareRx (PDP) P.O. Box 1039 Appleton, WI 54912-1039

Please carry your membership card with you at all times and remember to show your card when you get covered drugs. If your plan membership card is damaged, lost, or stolen, call Customer Care right away and we will send you a new card. (Phone numbers for Customer Care are printed on the back cover of this booklet.)

You may need to use your red, white, and blue Medicare card to get covered medical care and services under Original Medicare.

Section 3.2 The *Pharmacy Directory*: Your guide to pharmacies in our network

#### What are "network pharmacies"?

Network pharmacies are all of the pharmacies that have agreed to fill covered prescriptions for our plan members.

#### Why do you need to know about network pharmacies?

You can use the pharmacy search tool to find the network pharmacy you want to use. You can find a pharmacy search tool on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>. There are changes to our network of pharmacies for next year. Also, an updated *Pharmacy Directory* is located on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>. You may also call Customer Care for updated pharmacy information or to ask us to mail you a *Pharmacy Directory*. **Please review your pharmacies to see which pharmacies are in our network**.

If you don't have the *Pharmacy Directory*, you can get a copy from Customer Care (phone numbers are printed on the back cover of this booklet). At any time, you can call Customer Care to get up-to-date information about changes in the pharmacy network. You can also find a pharmacy search tool on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>.

#### Section 3.3 The plan's List of Covered Drugs (Formulary)

The plan has a *List of Covered Drugs (Formulary)*. It tells which Part D prescription drugs are covered by Navitus MedicareRx. The drugs on this list are selected by the plan with the help of a team of doctors and pharmacists. The list must meet requirements set by Medicare. Medicare has approved the Navitus MedicareRx Formulary.

The Formulary also explains if there are any rules that restrict coverage for your drugs.

A copy of the Formulary is located on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>. If one of your drugs is not listed in the Formulary, you should visit our Member Portal or contact Customer Care to find out if we cover it. To get the most complete and current information about which drugs are covered, you can visit the plan's Member Portal (<a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>) or call Customer Care (phone numbers are printed on the back cover of this booklet).

# Section 3.4 The *Part D Explanation of Benefits* (the "Part D EOB"): Reports with a summary of payments made for your Part D prescription drugs

When you use your Part D prescription drug benefits, we will send you a summary report to help you understand and keep track of payments for your Part D prescription drugs. This summary report is called the *Part D Explanation of Benefits* (or the "Part D EOB").

A Part D Explanation of Benefits explains the total amount you, or others on your behalf, have spent on your Part D prescription drugs and the total amount your retiree drug coverage has paid for each of your Part D prescription drugs during each month the Part D benefit is used. The Part D EOB is not a bill. The Part D EOB provides more information about the drugs you take, such as increases in price and other drugs with lower cost sharing that may be available. You should consult with your prescriber about these lower cost options. Chapter 4 (What you pay for your Part D prescription drugs) gives more information about the Part D Explanation of Benefits and how it can help you keep track of your drug coverage.

The *Part D Explanation of Benefits* is also available upon request. To get a copy, please contact Customer Care (phone numbers are printed on the back cover of this booklet).

#### **SECTION 4** Your monthly premium for Navitus MedicareRx (PDP)

#### Section 4.1 How much is your plan premium?

As a member of our plan, you pay a monthly plan premium. In addition, you must continue to pay your Medicare Part B premium (unless your Part B premium is paid for you by Medicaid or another third party).

Your coverage is provided through a contract with your current employer or former employer. Please contact the UC Retirement Administration Service Center (RASC) at (800) 888-8267 (in U.S.) or (510) 987-0200 (from outside the U.S.) for information about your plan premium amounts. Representatives are available Monday through Friday, 8:30 a.m. to 4:30 p.m. (Pacific).

#### In some situations, your plan premium could be less

There are programs to help people with limited resources pay for their drugs. These include "Extra Help" and State Pharmaceutical Assistance Programs. The "Extra Help" program helps people with limited resources pay for their drugs. Chapter 2, Section 7 tells more about these programs. If you qualify, enrolling in the program might lower your monthly plan premium.

If you are *already enrolled* and getting help from one of these programs, the **information about premiums in this** *Evidence of Coverage* **may not apply to you**. We have included a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also known as the "Low Income Subsidy Rider" or the "LIS Rider"), which explains your drug coverage. If you didn't receive this insert and it applies to you, please call Customer Care and ask for the "LIS Rider." (Phone numbers for Customer Care are printed on the back cover of this booklet.)

In most cases, because you're enrolled in a group sponsored plan, we'll credit the amount of "Extra Help" received to your group's bill on your behalf. If your group plan pays 100% of the premium for your retiree coverage, then the group sponsor plan is entitled to keep these funds. However, if you contribute to the premium, your group must apply the subsidy toward the amount you contribute to this plan.

#### In some situations, your plan premium could be more

In some situations, you may owe additional money because of your income or when you enrolled in Part D. Some members are required to pay a Part D **late enrollment penalty** because they did not join a Medicare drug plan when they first became eligible or because they had a continuous period of 63 days or more when they didn't have "creditable" prescription drug coverage. ("Creditable" means the drug coverage is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage. If applicable to you, Navitus MedicareRx will bill you directly each month.

• If you are required to pay the Part D late enrollment penalty, the cost of the late enrollment penalty depends on how long you went without Part D or other creditable prescription drug coverage. Chapter 1, Section 5 explains the Part D late enrollment penalty.

If you have a Part D late enrollment penalty and do not pay it, you could be disenrolled from your plan. Some members may be required to pay an extra charge, known as the Part D Income Related Monthly Adjustment Amount, also known as IRMAA, because, 2 years ago, they had a modified adjusted gross income, above a certain amount, on their IRS tax return. Members subject to an IRMAA will have to pay the standard premium amount and this extra charge, which will be added to their premium. Chapter 1, Section 6 explains the IRMAA in further detail.

# SECTION 5 Do you have to pay the Part D "late enrollment penalty"?

#### Section 5.1 What is the Part D "late enrollment penalty"?

**Note:** If you receive "Extra Help" from Medicare to pay for your prescription drugs, you will not pay a late enrollment penalty.

You may owe a Part D late enrollment penalty if you did not enroll in a plan offering Medicare Part D drug coverage when you first became eligible for this drug coverage, or if there is a period of 63 days or more in a row when you did not have Part D or other creditable prescription drug coverage. ("Creditable prescription drug coverage" is coverage that meets Medicare's minimum standards since it is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage.) The cost of the late enrollment penalty depends on how long you went without Part D or other creditable prescription drug coverage. You will have to pay this penalty for as long as you have Part D coverage.

When you first enroll in Navitus MedicareRx, we will let you know the amount of the penalty. Navitus MedicareRx will directly bill you for any applicable late enrollment penalties. If you do not pay your Part D late enrollment penalty, you could be disenrolled from the plan.

#### Section 5.2 How much is the Part D late enrollment penalty?

Medicare determines the amount of the penalty. Here is how it works:

- First count the number of full months that you delayed enrolling in a Medicare drug plan after you were eligible to enroll. Or count the number of full months in which you did not have creditable prescription drug coverage, if the break in coverage was 63 days or more. The penalty is 1% for every month that you didn't have creditable coverage. For example, if you go 14 months without coverage, the penalty will be 14%.
- Then Medicare determines the amount of the average monthly premium for Medicare drug plans in the nation from the previous year. For 2022, the average premium amount is \$33.37.
- To calculate your monthly penalty, you multiply the penalty percentage and the average monthly premium and then round it to the nearest 10 cents. In the example here, it would be 14% times \$33.37, which equals \$4.67. This rounds to \$4.70. This amount would be added to the monthly premium for someone with a Part D late enrollment penalty.

There are three important things to note about this monthly Part D late enrollment penalty:

- First, **the penalty may change each year**, because the average monthly premium can change each year. If the national average premium (as determined by Medicare) increases, your penalty will increase.
- Second, you will continue to pay a penalty every month for as long as you are enrolled in a plan that has Medicare Part D drug benefits, even if you change plans.
- Third, if you are <u>under</u> 65 and currently receiving Medicare benefits, the Part D late enrollment penalty will reset when you turn 65. After age 65, your Part D late enrollment penalty will be based only on the months that you don't have coverage after your initial enrollment period for aging into Medicare.

## Section 5.3 In some situations, you can enroll late and not have to pay the penalty

Even if you have delayed enrolling in a plan offering Medicare Part D coverage when you were first eligible, sometimes you do not have to pay the Part D late enrollment penalty.

#### You will not have to pay a penalty for late enrollment if you are in any of these situations:

- If you already have prescription drug coverage that is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage. Medicare calls this "creditable drug coverage." Please note:
  - O Creditable coverage could include drug coverage from a group sponsor, TRICARE, or the Department of Veterans Affairs. Your insurer or your human resources department will tell you each year if your drug coverage is creditable coverage. This information may be sent to you in a letter or included in a newsletter from the plan. Keep this information, because you may need it if you join a Medicare drug plan later.
    - Please note: If you receive a "certificate of creditable coverage" when your health coverage ends, it may not mean your prescription drug coverage was creditable. The notice must state that you had "creditable" prescription drug coverage that expected to pay as much as Medicare's standard prescription drug plan pays.
  - The following are *not* creditable prescription drug coverage: prescription drug discount cards, free clinics, and drug discount websites.
  - For additional information about creditable coverage, please look in your *Medicare & You 2022* handbook or call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY/TDD users call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week.
- If you were without creditable coverage, but you were without it for less than 63 days in a row.
- If you are receiving "Extra Help" from Medicare.

## Section 5.4 What can you do if you disagree about your Part D late enrollment penalty?

If you disagree about your Part D late enrollment penalty, you or your representative can ask for a review of the decision about your late enrollment penalty. Generally, you must request this review **within 60 days** from the date on the first letter you receive stating you have to pay a late enrollment penalty. If you were paying a penalty before joining our plan, you may not have another chance to request a review of that late enrollment penalty. Call Customer Care to find out more about how to do this (phone numbers are printed on the back cover of this booklet).

**Important:** Do not stop paying your Part D late enrollment penalty while you're waiting for a review of the decision about your late enrollment penalty. If you do, you could be disenrolled for failure to pay your plan premiums.

# SECTION 6 Do you have to pay an extra Part D amount because of your income?

#### Section 6.1 Who pays an extra Part D amount because of income?

If your modified adjusted gross income as reported on your IRS tax return from 2 years ago is above a certain amount, you'll pay the standard premium amount and an Income Related Monthly Adjustment Amount, also known as IRMAA. IRMAA is an extra charge added to your premium.

Part D-IRMAA is assessed to all Medicare beneficiaries with Part D coverage whose incomes exceed the federal government established threshold amounts. Failure by a Medicare beneficiary to pay the Part D-IRMAA will result in involuntary disenrollment from their Part D plan and, thus, the loss of retiree drug and/or health coverage through their group sponsor.

Please carefully review all communications you receive from Medicare. As a Part D group sponsor, your group sponsor will not be billing or collecting the Part D-IRMAA; however, as a group sponsor we must be prepared to effectuate accurate disenrollments in situations where individuals fail to pay the income-related adjustment.

If you have to pay an extra amount, Social Security, not your Medicare plan, will send you a letter telling you what that extra amount will be and how to pay it. The extra amount will be withheld from your Social Security, Railroad Retirement Board, or Office of Personnel Management benefit check, no matter how you usually pay your plan premium, unless your monthly benefit isn't enough to cover the extra amount owed. If your benefit check isn't enough to cover the extra amount, you will get a bill from Medicare. You must pay the extra amount to the government. It cannot be paid with your monthly plan premium.

#### Section 6.2 How much is the extra Part D amount?

If your modified adjusted gross income (MAGI) as reported on your IRS tax return is above a certain amount, you will pay an extra amount in addition to your monthly plan premium. For more information on the extra amount you may have to pay based on your income, visit <a href="https://www.medicare.gov/part-d/costs/premiums/drug-plan-premiums.html">www.medicare.gov/part-d/costs/premiums/drug-plan-premiums.html</a>.

## Section 6.3 What can you do if you disagree about paying an extra Part D amount?

If you disagree about paying an extra amount because of your income, you can ask Social Security to review the decision. To find out more about how to do this, contact Social Security at 1-800-772-1213 (TTY/TDD 1-800-325-0778).

#### Section 6.4 What happens if you do not pay the extra Part D amount?

The extra amount is paid directly to the government (not your Medicare plan) for your Medicare Part D coverage. If you are required by law to pay the extra amount and you do not pay it, you will be disenrolled from retiree drug and/or health coverage through the group sponsor.

#### **SECTION 7** More information about your monthly premium

#### Section 7.1 Many members are required to pay other Medicare premiums

In addition to paying the monthly plan premium, many members are required to pay other Medicare premiums. Some plan members (those who aren't eligible for premium-free Part A) pay a premium for Medicare Part A. Most plan members pay a premium for Medicare Part B. You must continue to pay your Medicare premiums for you to remain a member of your plan.

If your modified adjusted gross income as reported on your IRS tax return from 2 years ago is above a certain amount, you'll pay the standard premium amount and an Income Related Monthly Adjustment Amount, also known as IRMAA. IRMAA is an extra charge added to your premium.

- If you are required to pay the extra amount and you do not pay it, you will be disenrolled from your plan and lose prescription drug coverage.
- If you have to pay an extra amount, Social Security, not your Medicare plan, will send you a letter telling you what that extra amount will be.
- For more information about Part D premiums based on income, go to Chapter 1, Section 6 of this booklet. You can also visit <a href="www.medicare.gov">www.medicare.gov</a> on the Web or call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users should

call 1-877-486-2048. Or you may call Social Security at 1-800-772-1213. TTY/TDD users should call 1-800-325-0778.

Your copy of the *Medicare & You 2022* handbook gives information about the Medicare premiums in the section called "2022 Medicare Costs." This explains how the Medicare Part B and Part D premiums differ for people with different incomes. Everyone with Medicare receives a copy of the *Medicare & You 2022* handbook each year in the fall. Those new to Medicare receive it within a month after first signing up. You can also download a copy of the *Medicare & You 2022* handbook from the Medicare website (<a href="www.medicare.gov">www.medicare.gov</a>). Or, you can order a printed copy by phone at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users call 1-877-486-2048.

#### Section 7.2 There are several ways you can pay your plan premium

Please contact the UC Retirement Administration Service Center (RASC) at (800) 888-8267 (in U.S.) or (510) 987-0200 (from outside the U.S.). Representatives are available Monday through Friday, 8:30 a.m. to 4:30 p.m. (Pacific) to find out what your plan premium is and how you are required to pay for it. Your benefits administrator can discuss different payment options with you.

If you think we have wrongfully ended your enrollment in the Part D plan, you have a right to ask us to reconsider this decision by making a complaint. Chapter 7, Section 7 of this booklet tells how to make a complaint. If you had an emergency circumstance that was out of your control and it caused you to not be able to pay your plan premium within the grace period, you can ask us to reconsider this decision by calling the RASC. TTY/TDD users should call 711. You must make your request no later than 60 days after the date your membership ends.

#### Section 7.3 Can we change your monthly plan premium during the year?

**Medicare Part D Coverage: No.** Generally, your plan premium won't change during the benefit year. You will be notified, in advance, if there will be any changes for the next benefit year in your plan premiums or in the amounts you will have to pay when you get your prescriptions covered.

However, in some cases the part of the premium that you have to pay can change during the year. This happens if you become eligible for the "Extra Help" program or if you lose your eligibility for the "Extra Help" program during the year. If you qualify for "Extra Help" with their prescription drug costs, the "Extra Help" program will pay part of the member's monthly plan premium. If Medicare pays only a portion of this premium, we will bill you for the amount Medicare doesn't cover. A member who loses their eligibility during the year, will need to start paying their full monthly premium. You can find out more about the "Extra Help" program in Chapter 2, Section 7.

If you lose Extra Help, you may be subject to the late enrollment penalty if you go 63 days or more in a row without Part D or other creditable prescription drug coverage.

# SECTION 8 Please keep your plan membership record up to date Section 8.1 How to help make sure that we have accurate information about you

Your membership record has information including your address and telephone number. It shows your specific plan coverage.

The pharmacists in your plan's network need to have correct information about you. **These network providers use your membership record to know what drugs are covered and the cost sharing amounts for you**. Because of this, it is very important that you help us keep your information up to date.

#### Let us and RASC know about these changes:

- Changes to your name, your address, or your phone number
- Changes in any other medical or drug insurance coverage you have (such as from a group sponsor, your spouse's employer, workers' compensation, or Medicaid)
- If you have any liability claims, such as claims from an automobile accident
- If you have been admitted to a nursing home
- If your designated responsible party (such as a caregiver) changes/

If any of this information changes, please let us know by calling Customer Care (phone numbers are printed on the back cover of this booklet). Please remember to also notify the RASC so they will have your most up-to-date contact information on file.

It is also important to contact Social Security if you move or change your mailing address. You can find phone numbers and contact information for Social Security in Chapter 2, Section 5.

## Read over the information we send you about any other insurance coverage you have

Medicare requires that we collect information from you about any medical or drug insurance coverage that you have in addition to this retiree drug coverage. That's because we must coordinate any other coverage you have with your benefits under our plan. (For more information about how our coverage works when you have other insurance, see Section 10 in this chapter.)

Once each year, we will send you a letter that lists any other medical or drug insurance coverage that we know about. Please read over this information carefully. If it is correct, you don't need to do anything. If the information is incorrect, or if you have other coverage that is not listed, please call Customer Care (phone numbers are printed on the back cover of this booklet).

## SECTION 9 We protect the privacy of your personal health information

#### Section 9.1 We make sure that your health information is protected

Federal and state laws protect the privacy of your medical records and personal health information. We protect your personal health information as required by these laws.

For more information about how we protect your personal health information, please go to Chapter 6, Section 1.3 of this booklet.

#### **SECTION 10** How other insurance works with our plan

#### Section 10.1 Which plan pays first when you have other insurance?

When you have other insurance (like employer group health coverage), there are rules set by Medicare that decide whether our plan or your other insurance pays first. The insurance that pays first is called the "primary payer" and pays up to the limits of its coverage. The one that pays second, called the "secondary payer," only pays if there are costs left uncovered by the primary coverage. The secondary payer may not pay all of the uncovered costs. Your retiree drug coverage includes basic coverage provided by Group Part D benefits and additional coverage provided by your Navitus MedicareRx supplemental benefits.

These rules apply for employer or union group health plan coverage:

- If you have retiree coverage, Medicare pays first.
- If your group health plan coverage is based on your or a family member's current employment, who pays first depends on your age, the number of people employed by your employer, and whether you have Medicare based on age, disability, or End-Stage Renal Disease (ESRD):
  - o If you're under 65 and disabled and you or your family member is still working, your group health plan pays first if the employer has 100 or more employees or at least one employer in a multiple employer plan that has more than 100 employees.
  - o If you're over 65 and you or your spouse/domestic partner is still working, your group health plan pays first if the employer has 20 or more employees or at least one employer in a multiple employer plan that has more than 20 employees.
- If you have Medicare because of ESRD, your group sponsored health plan will pay first for the first 30 months after you become eligible for Medicare.

These types of coverage usually pay first for services related to each type:

- No-fault insurance (including automobile insurance)
- Liability (including automobile insurance)
- Black lung benefits
- Workers' compensation

Medicaid and TRICARE never pay first for Medicare-covered services. They only pay after Medicare, group sponsored health plans, and/or Medigap have paid.

If you have other insurance, tell your doctor, hospital, and pharmacy. If you have questions about who pays first, or you need to update your other insurance information, call Customer Care (phone numbers are printed on the back cover of this booklet). You may need to give your plan member ID number to your other insurers (once you have confirmed their identity) so your bills are paid correctly and on time.

# **CHAPTER 2**

Important phone numbers and resources

### Chapter 2. Important phone numbers and resources

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# SECTION 1 Navitus MedicareRx (PDP) contacts (how to contact us, including how to reach Customer Care at the plan)

#### How to contact our plan's Customer Care

For assistance with claims, billing, or member card questions, please call or write to Navitus MedicareRx Customer Care. We will be happy to help you.

Method	Customer Care – Contact Information
CALL	1-866-270-3877
	Calls to this number are free. We are available 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
	Pharmacies can also reach Navitus Customer Care 24 hours a day, 7 days a week.
	Customer Care also has free language interpreter services available for non-English speakers.
TTY/TDD	711
	This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
	Calls to this number are free. Members can reach Navitus Customer Care 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
WRITE	Navitus MedicareRx (PDP)
	Customer Care P.O. Box 1039
	Appleton, WI 54912-1039
WEBSITE	https://memberportal.navitus.com

## How to contact us when you are asking for a coverage decision about your Part D prescription drugs

A coverage decision is a decision we make about your benefits and coverage or about the amount we will pay for your prescription drugs covered under the Part D benefit included in your plan. For more information on asking for coverage decisions about your Part D prescription drugs, see Chapter 7 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).

You may call us if you have questions about our coverage decision process your request against both your Group Part D and Navitus MedicareRx coverage.

Method	Coverage Decisions for Part D Prescription Drugs – Contact Information
CALL	1-866-270-3877
	Calls to this number are free. We are available 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
	Pharmacies can also reach Navitus Customer Care 24 hours a day, 7 days a week.
	Customer Care also has free language interpreter services available for non-English speakers.
TTY/TDD	711
	This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
	Calls to this number are free. Members can reach Navitus Customer Care 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
FAX	1-855-668-8552
WRITE	Navitus MedicareRx (PDP) Prior Authorization P.O. Box 1039 Appleton, WI 54912-1039
WEBSITE	https://memberportal.navitus.com

## How to contact us when you are making an appeal about your Part D prescription drugs

An appeal is a formal way of asking us to review and change a coverage decision we have made. For more information on making an appeal about your Part D prescription drugs, see Chapter 7 (*What to do if you have a problem or complaint (coverage decisions, appeals, complaints*)). We will process your request against both your Group Part D and Navitus MedicareRx coverage.

Method	Appeals for Part D Prescription Drugs – Contact Information
CALL	1-866-270-3877
	Calls to this number are free. We are available 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
	Pharmacies can also reach Navitus Customer Care 24 hours a day, 7 days a week.
	Customer Care also has free language interpreter services available for non-English speakers.
TTY/TDD	711
	This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
	Calls to this number are free We are available 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
	Customer Care also has free language interpreter services available for non-English speakers.
FAX	1-844-268-9791
WRITE	Navitus MedicareRx (PDP) Grievances & Appeals P.O. Box 1039 Appleton, WI 54912-1039
WEBSITE	https://memberportal.navitus.com

#### Chapter 2. Important phone numbers and resources

## How to contact us when you are making a complaint about your Part D prescription drugs

You can make a complaint about us or one of our network pharmacies, including a complaint about the quality of your care. This type of complaint does not involve coverage or payment disputes. (If your problem is about the plan's coverage or payment, you should look at the section above about making an appeal.) For more information on making a complaint about your Part D prescription drugs, see Chapter 7 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).

Method	Complaints about Part D prescription drugs – Contact Information
CALL	1-866-270-3877
	Calls to this number are free. We are available 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
	Pharmacies can also reach Navitus Customer Care 24 hours a day, 7 days a week.
	Customer Care also has free language interpreter services available for non-English speakers.
TTY/TDD	711
	This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
	Calls to this number are free. Members can reach Navitus Customer Care 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
FAX	1-844-268-9791
WRITE	Navitus MedicareRx (PDP) Grievances & Appeals P.O. Box 1039 Appleton, WI 54912-1039
MEDICARE WEBSITE	You can submit a complaint about Navitus MedicareRx directly to Medicare. To submit an online complaint to Medicare go to <a href="https://www.medicare.gov/MedicareComplaintForm/home.aspx">www.medicare.gov/MedicareComplaintForm/home.aspx</a> .

## Where to send a request asking us to pay for our share of the cost of a drug you have received

The coverage determination process includes determining requests to pay for our share of the costs of a drug that you have received. For more information on situations in which you may need to ask the plan for reimbursement or to pay a bill you have received from a pharmacy, see Chapter 5 (Asking us to pay our share of the costs for covered drugs).

Please note: If you send us a payment request and we deny any part of your request, you can appeal our decision. See Chapter 7 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)) for more information.

Method	Payment Requests – Contact Information
CALL	1-866-270-3877
	Calls to this number are free. We are available 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
	Pharmacies can also reach Navitus Customer Care 24 hours a day, 7 days a week.
	Customer Care also has free language interpreter services available for non-English speakers.
TTY/TDD	711
	This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
	Calls to this number are free. Members can reach Navitus Customer Care 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
FAX	1-855-668-8550
WRITE	Navitus MedicareRx (PDP) Manual Claims P.O. Box 1039 Appleton, WI 54912-1039
WEBSITE	https://memberportal.navitus.com

#### Chapter 2. Important phone numbers and resources

# SECTION 2 Medicare (how to get help and information directly from the Federal Medicare program)

Medicare is the Federal health insurance program for people 65 years of age or older, some people under age 65 with disabilities, and people with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a kidney transplant).

The Federal agency in charge of Medicare is the Centers for Medicare & Medicaid Services (sometimes called "CMS"). This agency contracts with Medicare Prescription Drug Plans, including us.

Method	Medicare – Contact Information
CALL	1-800-MEDICARE, or 1-800-633-4227
	Calls to this number are free.
	24 hours a day, 7 days a week.
TTY/TDD	1-877-486-2048
	This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
	Calls to this number are free.
WEBSITE	www.medicare.gov
	This is the official government website for Medicare. It gives you up-to-date information about Medicare and current Medicare issues. It also has information about hospitals, nursing homes, physicians, home health agencies, and dialysis facilities. It includes booklets you can print directly from your computer. You can also find Medicare contacts in your state.
	The Medicare website also has detailed information about your Medicare eligibility and enrollment options with the following tools:
	<ul> <li>Medicare Eligibility Tool: Provides Medicare eligibility status information.</li> </ul>
	• Medicare Plan Finder: Provides personalized information about available Medicare prescription drug plans, Medicare health plans, and Medigap (Medicare Supplement Insurance) policies in your area. These tools provide an <i>estimate</i> of what your out-of-pocket costs might be in different Medicare plans.

Method	Medicare – Contact Information
WEBSITE (continued)	You can also use the website to tell Medicare about any complaints you have about Navitus MedicareRx:
	• Tell Medicare about your complaint: You can submit a complaint about Navitus MedicareRx directly to Medicare. To submit a complaint to Medicare, go to <a href="https://www.medicare.gov/MedicareComplaintForm/home.aspx">www.medicare.gov/MedicareComplaintForm/home.aspx</a> . Medicare takes your complaints seriously and will use this information to help improve the quality of the Medicare program.
	If you don't have a computer, your local library or senior center may be able to help you visit this website using its computer. Or, you can call Medicare and tell them what information you are looking for. They will find the information on the website, print it out, and send it to you. (You can call Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users should call 1-877-486-2048.)

# SECTION 3 State Health Insurance Assistance Program (free help, information, and answers to your questions about Medicare)

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. Please refer to **Exhibit A** for the name and contact information of the specific SHIP in your state.

SHIP is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare.

SHIP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare rights, help you make complaints about your medical care or treatment, and help you straighten out problems with your Medicare bills. SHIP counselors can also help you understand your Medicare plan choices and answer questions about switching plans.

#### METHOD TO ACCESS SHIP and OTHER RESOURCES:

- Visit www.medicare.gov
- Click on "Forms, Help, and Resources" on far right of menu on top
- In the drop down click on "Phone Numbers & Websites"
- You now have several options
  - o Option #1: You can have a live chat
  - Option #2: You can click on any of the "**TOPICS**" in the menu on bottom
  - Option #3: You can select your STATE from the dropdown menu and click GO. This will take you to a page with phone numbers and resources specific to your state.

#### **SECTION 4** Quality Improvement Organization

(paid by Medicare to check on the quality of care for people with Medicare)

There is a designated Quality Improvement Organization (QIO) for serving Medicare beneficiaries in each state. Please refer to **Exhibit B** for the name and contact information of the specific Quality Improvement Organization in your area.

The QIO has a group of doctors and other health care professionals who are paid by the Federal government. This organization is paid by Medicare to check on and help improve the quality of care for people with Medicare. The QIO is an independent organization. It is not connected with our plan.

You should contact the QIO if you have a complaint about the quality of care you have received. For example, you can contact the QIO if you were given the wrong medication or if you were given medications that interact in a negative way.

#### **SECTION 5** Social Security

Social Security is responsible for determining eligibility and handling enrollment for Medicare. U.S. citizens and lawful permanent residents who are 65 or older, or who have a disability or End-Stage Renal Disease and meet certain conditions, are eligible for Medicare. If you are already getting Social Security checks, enrollment into Medicare is automatic. If you are not getting Social Security checks, you have to enroll in Medicare. To apply for Medicare, you can call Social Security or visit your local Social Security office.

Social Security is also responsible for determining who has to pay an extra amount for their Part D drug coverage because they have a higher income. If you got a letter from Social Security telling you that you have to pay the extra amount and have questions about the

amount or if your income went down because of a life-changing event, you can call Social Security to ask for reconsideration.

If you move or change your mailing address, it is important that you contact Social Security to let them know.

Method	Social Security – Contact Information
CALL	1-800-772-1213
	Calls to this number are free.
	Available 7:00 am to 7:00 pm, Monday through Friday.
	You can use Social Security's automated telephone services to get recorded information and conduct some business 24 hours a day.
TTY/TDD	1-800-325-0778
	This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
	Calls to this number are free.
	Available 7:00 am ET to 7:00 pm, Monday through Friday.
WEBSITE	www.ssa.gov/

<b>SECTION 6</b>	Medicaid
	(a joint Federal and state program that helps with medical
	costs for some people with limited income and resources)

Medicaid is a joint Federal and state government program that helps with medical costs for certain people with limited incomes and resources. Some people with Medicare are also eligible for Medicaid.

In addition, there are programs offered through Medicaid that help people with Medicare pay their Medicare costs, such as their Medicare premiums. These "Medicare Savings Programs" help people with limited income and resources save money each year:

- Qualified Medicare Beneficiary (QMB): Helps pay Medicare Part A and Part B premiums, and other cost sharing (like deductibles, coinsurance, and copayments). (Some people with QMB are also eligible for full Medicaid benefits (QMB+).)
- Specified Low-Income Medicare Beneficiary (SLMB): Helps pay Part B premiums. (Some people with SLMB are also eligible for full Medicaid benefits (SLMB+).)
- Qualifying Individual (QI): Helps pay Part B premiums.
- Qualified Disabled & Working Individuals (QDWI): Helps pay Part A premiums.

To find out more about Medicaid and its programs, please refer to **Exhibit C** for the name and contact information of your state specific Medicaid program.

# SECTION 7 Information about programs to help people pay for their prescription drugs

#### Medicare's "Extra Help" Program

Medicare provides "Extra Help" to pay prescription drug costs for people who have limited income and resources. Resources include your savings and stocks, but not your home or car. If you qualify, you get help paying for any Medicare drug plan's monthly premium, and prescription copayments or coinsurance. This "Extra Help" also counts toward your out-of-pocket costs.

Some people automatically qualify for "Extra Help" and don't need to apply. Medicare mails a letter to people who automatically qualify for "Extra Help."

You may be able to get "Extra Help" to pay for your prescription drug premiums and costs. To see if you qualify for getting "Extra Help," call:

- 1-800-MEDICARE (1-800-633-4227). TTY/TDD users should call 1-877-486-2048, 24 hours a day, 7 days a week;
- The Social Security Office at 1-800-772-1213, between 7 am to 7 pm, Monday through Friday. TTY/TDD users should call 1-800-325-0778 (applications); or
- Your State Medicaid Office (applications). (See Section 6 of this chapter for contact information.)

If you believe you have qualified for "Extra Help" and you believe that you are paying an incorrect cost-sharing amount when you get your prescription at a pharmacy, our plan has established a process that allows you to either request assistance in obtaining evidence of your proper copayment level, or, if you already have the evidence, to provide this evidence to us.

- If you do not have evidence of "Extra Help", notify the pharmacy when you pick up your prescription. The pharmacy will contact us and we will work with Medicare to get this evidence for you.
- When we receive the evidence showing your copayment level, we will update our system so that you can pay the correct copayment when you get your next prescription at the pharmacy. If you overpay your copayment, we will reimburse you.
- When we receive the evidence showing your copayment level, we will update our system so that you can pay the correct copayment when you get your next prescription at the pharmacy. If you overpay your copayment, we will reimburse you. We will forward a check to you in the amount of your overpayment. Please contact Customer Care if you have questions (phone numbers are printed on the back cover of this booklet).

#### Chapter 2. Important phone numbers and resources

There are programs in Puerto Rico to help people with limited income and resources pay their Medicare costs. Programs vary in these areas. Call your local Medical Assistance (Medicaid) office to find out more about their rules (phone numbers are in Section 6 of this chapter). Or call 1-800-MEDICARE (1-800-633-4227) 24 hours a day, 7 days a week and say "Medicaid" for more information. TTY/TDD users should call 1-877-486-2048. You can also visit www.medicare.gov for more information.

#### **Medicare Coverage Gap Discount Program**

The plan continues to cover your drugs at your regular cost-sharing amount through the Gap Coverage Stage.

The Medicare Coverage Gap Discount Program provides manufacturer discounts on brand name drugs to Part D members who have reached the coverage gap and are not receiving "Extra Help." For brand name drugs, the 70% discount provided by manufacturers excludes any dispensing fee for costs in the gap. Members pay 25% of the negotiated price which includes a portion of the dispensing fee for brand name drugs.

If you reach the coverage gap, we will automatically apply the discount when your pharmacy bills you for your prescription and your Part D Explanation of Benefits (EOB) will show any discount provided. It will also reflect the coverage provided by your Navitus MedicareRx supplemental coverage after the discount is applied. Both the amount you pay and the amount discounted by the manufacturer count toward your out-of-pocket costs as if you had paid them and move you through the coverage gap. The amount paid by the plan (5%) does not count toward your out-of-pocket costs.

You also receive some coverage for generic drugs. For generic drugs, the amount paid by the plan (75%) does not count toward your out-of-pocket costs. Only the amount you pay counts and moves you through the coverage gap. Also, the dispensing fee is included as part of the cost of the drug.

The Medicare Coverage Gap Discount Program is available nationwide. Because Navitus MedicareRx offers additional gap coverage during the Coverage Gap Stage. Please go to Chapter 4, Section 6 for more information about your coverage during the Coverage Gap Stage.

If you have any questions about the availability of discounts for the drugs you are taking or about the Medicare Coverage Gap Discount Program in general, please contact Customer Care (phone numbers are printed on the back cover of this booklet).

#### What if you have coverage from a State Pharmaceutical Assistance Program (SPAP)?

If you are enrolled in a State Pharmaceutical Assistance Program (SPAP), or any other program that provides coverage for Part D drugs (other than "Extra Help"), you still get the 70% discount on covered brand name drugs. Also, the plan pays 5% of the costs of brand drugs in the coverage gap. The 70% discount and the 5% paid by the plan are both applied to the price of the drug before any SPAP or other coverage.

## What if you have coverage from an AIDS Drug Assistance Program (ADAP)? What is the AIDS Drug Assistance Program (ADAP)?

The AIDS Drug Assistance Program (ADAP) helps ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance. Note: To be eligible for the ADAP operating in your State, individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status.

If you are currently enrolled in an ADAP, it can continue to provide you with Medicare Part D prescription cost-sharing assistance for drugs on the ADAP formulary. In order to be sure you continue receiving this assistance, please notify your local ADAP enrollment worker of any changes in your Medicare Part D plan name or policy number.

For information on eligibility criteria, covered drugs, or how to enroll in the program, refer to **Exhibit E** for the name and contact information of your state specific ADAP.

## What if you get "Extra Help" from Medicare to help pay your prescription drug costs? Can you get the discounts?

No. If you get "Extra Help," you already get coverage for your prescription drug costs during the coverage gap.

#### What if you don't get a discount, and you think you should have?

If you think that you have reached the coverage gap and did not get a discount when you paid for your brand name drug, you should review your next *Part D Explanation of Benefits* (Part D EOB) notice. If the discount doesn't appear on your *Part D Explanation of Benefits*, you should contact us to make sure that your prescription records are correct and up-to-date. If we don't agree that you are owed a discount, you can appeal. You can get help filing an appeal from your State Health Insurance Assistance Program (SHIP) (refer to **Exhibit A** for the name and contact information of the specific SHIP in your state) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users should call 1-877-486-2048.

#### **State Pharmaceutical Assistance Programs**

Many states have State Pharmaceutical Assistance Programs that help some people pay for prescription drugs based on financial need, age, medical condition, or disabilities. Each state has different rules to provide drug coverage to its members.

To find out more about a State Pharmaceutical Assistance Program (SPAP), please refer to **Exhibit D** for the name and contact information of your state specific SPAP.

#### **SECTION 8** How to contact the Railroad Retirement Board

The Railroad Retirement Board is an independent Federal agency that administers comprehensive benefit programs for the nation's railroad workers and their families. If you have questions regarding your benefits from the Railroad Retirement Board, contact the agency.

If you receive your Medicare through the Railroad Retirement Board, it is important that you let them know if you move or change your mailing address.

Method	Railroad Retirement Board – Contact Information
CALL	1-877-772-5772
	Calls to this number are free.
	If you press "0," you may speak with an RRB representative from 9:00 am to 3:30 pm, Monday, Tuesday, Thursday, and Friday, and from 9:00 am to 12:00 pm on Wednesday.
	If you press "1", you may access the automated RRB HelpLine and recorded information 24 hours a day, including weekends and holidays.
TTY/TDD	1-312-751-4701
	This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
	Calls to this number are <i>not</i> free.
WEBSITE	rrb.gov/

# SECTION 9 Do you have "group insurance" or other health insurance from another employer?

If you (or your spouse) get benefits from your (or your spouse's) employer or retiree group as part of <u>this</u> plan, you may call the RASC or Customer Care if you have any questions. You can ask about your (or your spouse's) employer or retiree health benefits, premiums, or the enrollment period. (Phone numbers for Customer Care are printed on the back cover of this booklet.) You may also call 1-800-MEDICARE (1-800-633-4227; TTY/TDD: 1-877-486-2048) with questions related to your Medicare coverage under this plan.

If you have <u>other</u> prescription drug coverage through your (or your spouse's) employer or retiree group, please contact **that group's benefits administrator**. That benefits administrator can help you determine how your current prescription drug coverage will work with our plan.

# **CHAPTER 3**

Using the plan's coverage for your Part D prescription drugs

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## Did you know there are programs to help people pay for their drugs?

There are programs to help people with limited resources pay for their drugs. These include "Extra Help" and State Pharmaceutical Assistance Programs. For more information, see Chapter 2, Section 7.

## Are you currently getting help to pay for your drugs?

If you are in a program that helps pay for your drugs, some information in this *Evidence* of *Coverage* about the costs for Part D prescription drugs may not apply to you. If you qualify, we have included a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also known as the "Low Income Subsidy Rider" or the "LIS Rider"), which explains your drug coverage. If you don't have this insert and it is applicable to you, please call Customer Care and ask for the "LIS Rider." (Phone numbers for Customer Care are printed on the back cover of this booklet.)

## **SECTION 1** Introduction

## Section 1.1 This chapter describes your coverage for Part D drugs

This chapter **explains rules for using your coverage for Part D drugs**. The next chapter tells what you pay for Part D drugs (Chapter 4, *What you pay for your Part D prescription drugs*).

In addition to your coverage for Part D drugs through your plan, Original Medicare (Medicare Part A and Part B) also covers some drugs:

- Medicare Part A covers drugs you are given during Medicare-covered stays in the hospital or in a skilled nursing facility.
- Medicare Part B also provides benefits for some drugs. Part B drugs include certain chemotherapy drugs, certain drug injections you are given during an office visit, drugs you are given at a dialysis facility, and certain drugs you receive via medical equipment such as nebulizers.

The two examples of drugs described above are covered by Original Medicare. (To find out more about this coverage, see your *Medicare & You 2022* handbook.) Your Part D prescription drugs are covered under our plan.

# Section 1.2 Basic rules for the plan's Part D drug coverage

The plan will generally cover your drugs as long as you follow these basic rules:

• You must have a provider (a doctor, dentist, or other prescriber) write your prescription.

- Your prescriber must either accept Medicare or file documentation with CMS showing
  that they are qualified to write prescriptions, or your Part D claim will be denied. You
  should ask your prescribers the next time you call or visit if they meet this condition. If
  not, please be aware it takes time for your prescriber to submit the necessary paperwork
  to be processed.
- You generally must use a network pharmacy to fill your prescription. (See Section 2, *Fill your prescriptions at a network pharmacy or through your plan's mail-order service.*)
- Your drug must be on the plan's *List of Covered Drugs (Formulary)*. (See Section 3, *Your drugs need to be on the plan's "Formulary"*.)
- Your drug must be used for a medically accepted indication. A "medically accepted indication" is a use of the drug that is either approved by the Food and Drug Administration or supported by certain reference books. (See Section 3 for more information about a medically accepted indication.)

# SECTION 2 Fill your prescription at a network pharmacy or through the plan's mail-order service

## Section 2.1 To have your prescription covered, use a network pharmacy

In most cases, your prescriptions are covered *only* if they are filled at your plan's network pharmacies. (See Section 2.5 for information about when we would cover prescriptions filled at out-of-network pharmacies.)

A network pharmacy is a pharmacy that has a contract with us to provide your covered prescription drugs. The term "covered drugs" means all of the Part D prescription drugs that are covered on the plan's Formulary.

# Section 2.2 Finding network pharmacies

## How do you find a network pharmacy in your area?

To find a network pharmacy, you can look in your *Pharmacy Directory*, visit our Member Portal (<a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>), or call Customer Care (phone numbers are printed on the back cover of this booklet). You can also find a pharmacy search tool on our Member Portal.

You may go to any of our network pharmacies. If you switch from one network pharmacy to another, and you need a refill of a drug you have been taking, you can ask either to have a new prescription written by a prescriber or to have your prescription transferred to your new network pharmacy.

#### What if the pharmacy you have been using leaves the network?

If the pharmacy you have been using leaves your plan's network, you will have to find a new pharmacy that is in the network. To find another network pharmacy in your area, you can get help from Customer Care (phone numbers are printed on the back cover of this booklet) or use the *Pharmacy Directory*. You can find information on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>. You can also find a pharmacy search tool on our Member Portal.

#### What if you need a specialized pharmacy?

Sometimes prescriptions must be filled at a specialized pharmacy. Specialized pharmacies include:

- Pharmacies that supply drugs for home infusion therapy.
- Pharmacies that supply drugs for residents of a long-term care (LTC) facility. Usually, a long-term care facility (such as a nursing home) has its own pharmacy. If you are in an LTC facility, we must ensure that you are able to routinely receive your Part D benefits through our network of LTC pharmacies, which is typically the pharmacy that the LTC facility uses. If you have any difficulty accessing your Part D benefits in an LTC facility, please contact Customer Care.
- Pharmacies that serve the Indian Health Service / Tribal / Urban Indian Health Program (not available in Puerto Rico). Except in emergencies, only Native Americans or Alaska Natives have access to these pharmacies in our network.
- Pharmacies that dispense drugs that are restricted by the FDA to certain locations or that require special handling, pharmacy coordination, or education on their use. (Note: This scenario should happen rarely.)

To locate a specialized pharmacy, look in your *Pharmacy Directory* or call Customer Care (phone numbers are printed on the back cover of this booklet). You can find information on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>. You can also find a pharmacy search tool on our Member Portal.

# Section 2.3 Using the plan's mail-order services

You can use the plan's network mail-order services. Generally, the drugs provided through mail order are drugs that you take on a regular basis, for a chronic or long-term medical condition.

Our plan's mail-order service allows you to order up to a 90-day supply for most drugs. Specialty drugs are only available for up to a 30-day supply.

To get order forms and information about filling your prescriptions by mail call Customer Care (phone numbers are on the back cover of this booklet).

You may use any contracted pharmacy you like, currently the recommended mail order pharmacy is Costco Mail Order Pharmacy. **Note:** Costco Mail Order is not to be confused with Costco Warehouse/Club Stores. You do not need to be a member of Costco Warehouse/Club Stores to utilize Costco Mail Order Pharmacy services.

**Costco Mail Order** can be reached at 1-800-607-6861. Costco representatives are available Monday through Friday, 5am to 7pm PST and Saturdays 9:30am to 2pm PST. Refill orders can be placed and tracked 24 hours a day, 7 days a week. Your physician can send new prescriptions in by calling (1-800-607-6861) or by fax at 1-888-545-4615.

Usually a mail-order pharmacy order will get to you in no more than 14 days.

#### New prescriptions the pharmacy receives directly from your doctor's office.

After the pharmacy receives a prescription from a health care provider, it will contact you to see if you want the medication filled immediately or at a later time. This will give you an opportunity to make sure that the pharmacy is delivering the correct drug (including strength, amount, and form) and, if needed, allow you to stop or delay the order before you are billed and it is shipped. It is important that you respond each time you are contacted by the pharmacy, to let them know what to do with the new prescription and to prevent any delays in shipping.

**Refills on mail-order prescriptions.** For refills, please contact your pharmacy 14 days before you think the drugs you have on hand will run out to make sure your next order is shipped to you in time.

**Note**: Both Costco mail order and retail locations are unable to fill Medicare Part B products, for example, Diabetic Testing Strips. Costco can either refer you to an affiliated provider that can fill these supplies, or you can locate a participating retail pharmacy that can process Part B products.

#### What should I do if I need my mail order prescription urgently from Costco?

Usually Costco Mail Order will get to you within 14 days. If the medication does not arrive in that timeframe, you should contact Costco to report that you did not receive your prescription. Costco will verify how many days of medication you have left.

If you have 5 days or less of medication left, you should contact your doctor to ask for a two-week supply to be called into your local pharmacy.

If you have more than 6 days remaining, Costco will continue to process your order. Costco can expedite shipping your order at an additional cost to you. The overnight shipping happens after the usual processing time of 24 to 96 hours.

In an emergency circumstance where Costco failed to comply with their protocol, they will expedite the patient medication at Costco's cost. If Costco provided unrealistic expectations to

you which results in you not getting your medication in time, Costco will investigate and immediately resolve the situation to prevent gaps in therapy.

So the pharmacy can reach you to confirm your order before shipping, please make sure to let the pharmacy know the best ways to contact you. Communication preferences can be updated by contacting our recommended mail order partner, Costco Mail Order Pharmacy.

## Section 2.4 How can you get a long-term supply of drugs?

When you get a long-term supply of drugs, your cost sharing may be lower. Your plan offers two ways to get a long-term supply (also called an "extended supply") of "maintenance" drugs on your plan's Formulary. (Maintenance drugs are drugs that you take on a regular basis, for a chronic or long-term medical condition.) You may order this supply through mail order (see Section 2.3) or you may go to a retail pharmacy.

- 1. **Some retail pharmacies** in our network allow you to get a long-term supply of maintenance drugs. Some of these retail pharmacies agree to accept the mail-order cost-sharing amount for a long-term supply of maintenance drugs. Other retail pharmacies may not agree to accept the mail-order cost-sharing amounts for a long-term supply of maintenance drugs. In this case you may be responsible for the difference in price. Your *Pharmacy Directory* tells you which pharmacies in our network can give you a long-term supply of maintenance drugs. You can find a pharmacy search tool on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>. You can also call Customer Care for more information (phone numbers are printed on the back cover of this booklet).
- 2. **Select Retail pharmacies** in our network allow you to get a long-term supply of drugs for a reduced copayment. For these Select Retail pharmacies, you will only be charged twice your 1-month retail copayment for a 90-day supply. You can take advantage of this benefit by visiting one of the participating Select Retail pharmacies which include the UC Medical Center retail pharmacies, Costco, CVS, Vons/Safeway, Walmart or Walgreens.
- 3. You can use the plan's network **mail-order services.** Our plan's mail-order service allows you to order up to a 90-day supply. See Section 2.3 for more information about using our mail-order services.

You may be able to receive greater than a 1-month supply for most of the drugs on your formulary. Drugs noted with "**NDS**" (**N**on-extended **D**ay **S**upply) on the list are limited to a 1-month supply for retail, mail-order and specialty pharmacies.

# Section 2.5 When can you use a pharmacy that is not in the plan's network?

#### Your prescription may be covered in certain situations

Generally, we cover drugs filled at an out-of-network pharmacy *only* when you are not able to use a network pharmacy. If you cannot use a network pharmacy, here are the circumstances when we would cover prescriptions filled at an out-of-network pharmacy:

- If you are unable to get a covered drug in a timely manner within your area because there are no network pharmacies within a reasonable driving distance that provides 24-hour services.
- If you are trying to fill a covered drug that is not regularly stocked at an eligible network retail pharmacy or mail order pharmacy. (These drugs include orphan drugs or other specialty pharmaceuticals.)
- Please note that out-of-network prescriptions are limited to reimbursement for a single refill of up to a 30-day supply. If you are planning an extended stay in an area without a network pharmacy, please call Customer Care for assistance in signing up for mail order service.
- If you are filling prescriptions at an out-of-network pharmacy related to a medical emergency.
- Additionally, the pharmacy is not located outside the United States or its territories.

In these situations, **please check first with Customer Care** to see if there is a network pharmacy nearby. (Phone numbers for Customer Care are printed on the back cover of this booklet.) You may be required to pay the difference between what you pay for the drug at the out-of-network pharmacy and the cost that we would cover at an in-network pharmacy.

# How do you ask for reimbursement from your plan?

If you must use an out-of-network pharmacy, you will generally have to pay the full cost (rather than your normal share of the cost) at the time you fill your prescription. You can ask us to reimburse you for our share of the cost. (Chapter 5, Section 2.1 explains how to ask your plan to pay you back.)

After all benefits are provided under your retiree drug coverage, in addition to paying your copayments/coinsurances, you will be required to pay the difference between what we would pay for a prescription filled at an in-network pharmacy and what the out-of-network pharmacy charged for your prescriptions.

# **SECTION 3** Your drugs need to be on the plan's "Formulary"

# Section 3.1 The "Formulary" tells which Part D drugs are covered

The plan has a "List of Covered Drugs (Formulary)".

The drugs on this list are selected by your plan with the help of a team of doctors and pharmacists. The list must meet requirements set by Medicare. Medicare has approved the plan's Formulary.

The drugs on the Formulary are only those covered under Medicare Part D (earlier in this chapter, Section 1.1 explains about Part D drugs).

We will generally cover a drug on your plan's Formulary as long as you follow the other coverage rules explained in this chapter and the use of the drug is a medically accepted indication. A "medically accepted indication" is a use of the drug that is *either*:

- Approved by the Food and Drug Administration. (That is, the Food and Drug Administration has approved the drug for the diagnosis or condition for which it is being prescribed.)
- -- or -- Supported by certain references, such as the American Hospital Formulary Service Drug Information and the DRUGDEX Information System.

#### The Formulary includes both brand name and generic drugs

A generic drug is a prescription drug that has the same active ingredients as the brand name drug. Generally, it works just as well as the brand name drug and usually costs less. There are generic drug substitutes available for many brand name drugs.

#### What is *not* on the Formulary?

Your plan does not cover all prescription drugs.

- In some cases, the law does not allow any Medicare plan to cover certain types of drugs (for more about this, see Section 7.1 in this chapter).
- In other cases, we have decided not to include a particular drug on our Formulary.

# Section 3.2 There are four "cost-sharing tiers" for drugs on the Formulary

Every drug on your plan's Formulary is in one of four cost-sharing tiers. In general, the higher the cost-sharing tier, the higher your cost for the drug.

To find out which cost-sharing tier your drug is in, look it up in the Formulary.

The amount you pay for drugs in each cost-sharing tier is shown in Chapter 4 (What you pay for your Part D prescription drugs).

- **Tier \$0**: Select generics (not all dosages of these drugs are covered at the Select Generics cost share)
- **Tier 1**: Preferred generics and certain lower cost brand products
- Tier 2: Preferred brand products and some high cost non-preferred generics
- **Tier 3**: Non-preferred products (could include some high cost non-preferred generics)
- **Tier 4**: Specialty products

## Section 3.3 How can you find out if a specific drug is on the Formulary?

You have two ways to find out:

- 1. Check the most recent Formulary provided electronically on the Navitus MedicareRx Member Portal (<a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>). (Please note: If one of your drugs is not listed in the Formulary, you should visit our Member Portal or contact Customer Care to find out if we cover it.) The Formulary on the Member Portal is always the most current.
- 2. Call Customer Care to find out if a particular drug is on the plan's Formulary or to ask for a copy of the list. (Phone numbers for Customer Care are printed on the back cover of this booklet.)

# SECTION 4 There are restrictions on coverage for some drugs

# Section 4.1 Why do some drugs have restrictions?

For certain prescription drugs, special rules restrict how and when your plan covers them. A team of doctors and pharmacists developed these rules to help our members use drugs in the most effective ways. These special rules also help control overall drug costs, which keeps your drug coverage more affordable.

In general, our rules encourage you to get a drug that works for your medical condition and is safe and effective. Whenever a safe, lower-cost drug will work just as well medically as a higher-cost drug, your plan's rules are designed to encourage you and your prescriber to use that lower-cost option. We also need to comply with Medicare's rules and regulations for drug coverage and cost sharing.

If there is a restriction for your drug, it usually means that you or your prescriber will have to take extra steps in order for us to cover the drug. If you want us to waive the restriction for you, you will need to use the coverage decision process and ask us to make an exception. We

may or may not agree to waive the restriction for you. (See Chapter 7, Section 5.2 for information about asking for exceptions.)

Please note that sometimes a drug may appear more than once in our Formulary. This is because different restrictions or cost sharing may apply based on factors such as the strength, amount, or form of the drug prescribed by your health care provider (for instance, 10 mg versus 100 mg; one per day versus two per day; tablet versus liquid).

#### Section 4.2 What kinds of restrictions?

Our plan uses different types of restrictions to help our members use drugs in the most effective ways. The sections below tell you more about the types of restrictions we use for certain drugs.

#### Restricting brand name drugs when a generic version is available

Generally, a "generic" drug works the same as a brand name drug and usually costs less. In most cases, when a generic version of a brand name drug is available, our network pharmacies will provide you the generic version. We usually will not cover the brand name drug when a generic version is available.

The Formulary indicates what you will pay for your drug. A generic drug is the same as a brand-name drug in dosage, safety and strength. When a generic drug is available and you or your prescriber choose the brand-name drug, you must pay the applicable brand copay plus the difference between the cost of the brand-name drug and the generic equivalent. With a prior authorization request, an exception for medical necessity may be made and you will pay the Tier 3 (non-preferred) applicable copay.

**Note:** The difference between the cost of the brand drug and the generic (DAW penalty) does not accumulate toward the *UC High Option Supplement to Medicare* Annual Prescription Maximum Out-of-Pocket.

This Dispense as Written (DAW) cost-sharing penalty will not exceed the cost of the medication.

#### Coverage for out-of-country drugs

Outpatient prescription drugs are not covered by Medicare Part D plans when they are filled by pharmacies outside of the United States.

Your UC plan provides coverage for outpatient prescription drugs when all of the following apply:

- You remain a permanent resident of the United States while you are out of country,
- The drug is approved by the Food and Drug Administration (FDA), and
- The drug would be a covered drug by your plan if the drug was filled by a pharmacy located within the United States.

When you receive coverage for outpatient prescription drugs filled at a pharmacy outside the United States, you will need to pay the full cost of the drug and request that we reimburse you for our share. Your share of a covered outpatient drug will be your coinsurance or copayment amount. Please see "How to ask us to pay you back" in Chapter 5, Section 2, for detailed instructions.

#### Getting plan approval in advance

For certain drugs, you or your prescriber need to get approval from us before we will agree to cover the drug for you. This is called "**prior authorization**." Sometimes the requirement for getting approval in advance helps guide appropriate use of certain drugs. If you do not get this approval, your drug might not be covered by the plan.

# Trying a different drug first

This requirement encourages you to try less costly but usually just as effective drugs before your plan covers another drug. For example, if Drug A and Drug B treat the same medical condition, your plan may require you to try Drug A first. If Drug A does not work for you, your plan will then cover Drug B. This requirement to try a different drug first is called "**step therapy**."

# **Quantity limits**

For certain drugs, we limit the amount of the drug that you can have by limiting how much of a drug you can get each time you fill your prescription. For example, if it is normally considered safe to take only one pill per day for a certain drug, we may limit coverage for your prescription to no more than one pill per day.

## Section 4.3 Do any of these restrictions apply to your drugs?

The plan's Formulary includes information about the restrictions described above. To find out if any of these restrictions apply to a drug you take or want to take, check the Formulary. For the most up-to-date information, call Customer Care (phone numbers are printed on the back cover of this booklet) or check our Member Portal (https://memberportal.navitus.com).

If there is a restriction for your drug, it usually means that you or your prescriber will have to take extra steps in order for us to cover the drug. If there is a restriction on the drug you want to take, you should contact Customer Care to learn what you or your prescriber would need to do to get coverage for the drug. If you want us to waive the restriction for you, you will need to use the coverage decision process and ask us to make an exception. We may or may not agree to waive the restriction for you. (See Chapter 7, Section 5.2 for information about asking for exceptions.)

SECTION 5	What if one of your drugs is not covered in the way you'd like it to be covered?
Section 5.1	There are things you can do if your drug is not covered in the way you'd like it to be covered

We hope that your drug coverage will work well for you. But it's possible that there could be a prescription drug you are currently taking, or one that you and your prescriber think you should be taking that is not on our formulary or is on our formulary with restrictions. For example:

- The drug might not be covered at all. Or maybe a generic version of the drug is covered but the brand name version you want to take is not covered.
- The drug is covered, but there are extra rules or restrictions on coverage for that drug. As explained in Section 4, some of the drugs covered by your plan have extra rules to restrict their use. For example, you might be required to try a different drug first, to see if it will work, before the drug you want to take will be covered for you. Or there might be limits on what amount of the drug (number of pills, etc.) is covered during a particular time period. In some cases, you may want us to waive the restriction for you.
- The drug is covered, but it is in a cost-sharing tier that makes your cost sharing more expensive than you think it should be. Your plan puts each covered drug into one of four different cost-sharing tiers. How much you pay for your prescription depends in part on which cost-sharing tier your drug is in.

There are things you can do if your drug is not covered in the way that you'd like it to be covered. Your options depend on what type of problem you have:

- If your drug is not on the Formulary or if your drug is restricted, go to Section 5.2 to learn what you can do.
- If your drug is in a cost-sharing tier that makes your cost more expensive than you think it should be, go to Section 5.3 to learn what you can do.

# Section 5.2 What can you do if your drug is not on the Formulary or if the drug is restricted in some way?

If your drug is not on the Formulary or is restricted, here are things you can do:

- You may be able to get a temporary supply of the drug (only members in certain situations can get a temporary supply). This will give you and your prescriber time to change to another drug or to file a request to have the drug covered.
- You can change to another drug.
- You can request an exception and ask your plan to cover the drug or remove restrictions from the drug.

## You may be able to get a temporary supply

Under certain circumstances, your plan must offer a temporary supply of a drug to you when your drug is not on the Formulary or when it is restricted in some way. Doing this gives you time to talk with your prescriber about the change in coverage and figure out what to do.

To be eligible for a temporary supply, you must meet the two requirements below:

#### 1. The change to your drug coverage must be one of the following types of changes:

- The drug you have been taking is **no longer on your plan's Formulary**.
- -- or -- The drug you have been taking is **now restricted in some way** (Section 4 in this chapter explains restrictions).

#### 2. You must be in one of the situations described below:

• For those members who are new or who were in the plan last year:

We will cover a temporary supply of your drug during the first 90 days of your membership in the plan if you were new and during the first 90 days of the calendar year if you were in the plan last year. This temporary supply will be for a maximum of a 30-day supply. If your prescription is written for fewer days, we will allow multiple fills to provide up to a maximum of a 30-day supply of medication. The prescription must be filled at a network pharmacy. (Please note that the long-term care pharmacy may provide the drug in smaller amounts at a time to prevent waste.)

• For those members who have been in the plan for more than 90 days and reside in a long-term care (LTC) facility and need a supply right away:

We will cover one 31-day supply of a particular drug, or less if your prescription is written for fewer days. This is in addition to the above temporary supply situation.

# **Level of Care Changes**

We will provide a one-time 31-day transition supply per drug, which will cover a temporary supply if you have a change in your medications due to a level-of-care change. A level of care change may include:

- Entering or leaving a LTC facility
- Being discharged from a hospital to a home
- Ending a Medicare Part A skilled nursing facility stay
- Giving up hospice status and reverting back to standard Medicare benefits
- Ending an LTC facility stay and return home

To ask for a temporary supply, call Customer Care (phone numbers are printed on the back cover of this booklet).

During the time when you are getting a temporary supply of a drug, you should talk with your prescriber to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by your plan or ask your plan to make an exception for you and cover your current drug. The sections below tell you more about these options.

#### You can change to another drug

Start by talking with your prescriber. Perhaps there is a different drug covered by your plan that might work just as well for you. You can call Customer Care to ask for a list of covered drugs that treat the same medical condition. This list can help your prescriber find a covered drug that might work for you. (Phone numbers for Customer Care are printed on the back cover of this booklet.)

# You can ask for an exception

You and your prescriber can ask us to make an exception for you and cover the drug in the way you would like it to be covered. If your prescriber says that you have medical reasons that justify asking us for an exception, your prescriber can help you request an exception to the rule. For example, you can ask us to cover a drug even though it is not on your plan's Formulary. Or you can ask us to make an exception and cover the drug without restrictions.

If you are a current member and a drug you are taking will be removed from the formulary or restricted in some way for next year, we will allow you to request a formulary exception in advance for next year. We will explain any change in the coverage for your drug for next year. You can ask for an exception before next year, and we will give you an answer within 72 hours after we receive your request (or your prescriber's supporting statement). If we approve your request, we will authorize the coverage before the change takes effect.

If you and your prescriber want to ask for an exception, Chapter 7, Section 5.4 tells what to do. It explains the procedures and deadlines that have been set by Medicare to make sure your request is handled promptly and fairly.

# Section 5.3 What can you do if your drug is in a cost-sharing tier you think is too high?

If your drug is in a cost-sharing tier you think is too high, here are things you can do:

#### You can change to another drug

If your drug is in a cost-sharing tier you think is too high, start by talking with your prescriber. Perhaps there is a different drug in a lower cost-sharing tier that might work just as well for you. You can call Customer Care to ask for a list of covered drugs that treat the same medical condition. This list can help your prescriber find a covered drug that might work for you. (Phone numbers for Customer Care are printed on the back cover of this booklet.)

## You can ask for an exception

You and your prescriber can ask us to make an exception in the cost-sharing tier for the drug so that you pay less for it. If your prescriber says that you have medical reasons that justify asking us for an exception, your prescriber can help you request an exception to the rule.

If you and your prescriber want to ask for an exception, Chapter 7, Section 5.4 tells what to do. It explains the procedures and deadlines that have been set by Medicare to make sure your request is handled promptly and fairly.

Drugs of our Tier 4 (Specialty products) are not eligible for this type of exception. We do not lower the cost-sharing amount for drugs in this tier.

SECTION 6	What if your coverage changes for one of your drugs?

#### Section 6.1 The Formulary can change during the year

Most of the changes in drug coverage happen at the beginning of each year (January 1). However, during the year, your plan might make changes to the Formulary. For example, the plan might:

- Add or remove drugs from the Formulary. New drugs become available, including new generic drugs. Perhaps the government has given approval to a new use for an existing drug. Sometimes, a drug gets recalled and we decide not to cover it. Or we might remove a drug from the list because it has been found to be ineffective.
- Move a drug to a higher or lower cost-sharing tier.
- Add or remove a restriction on coverage for a drug (for more information about restrictions to coverage, see Section 4 in this chapter).
- Replace a brand name drug with a generic drug.

We must follow Medicare requirements before we change your plan's Formulary.

# Section 6.2 What happens if coverage changes for a drug you are taking?

#### Information on changes to drug coverage

When changes to the Formulary occur during the year, we post information on our Member Portal about those changes. We will update our online Formulary on a regularly scheduled basis to include any changes that have occurred after the last update. Below we point out the times that you would get direct notice if changes are made to a drug that you are then taking. You can also call Customer Care for more information (phone numbers are printed on the back cover of this booklet).

#### Do changes to your drug coverage affect you right away?

**Changes that can affect you this year:** In the below cases, you will be affected by the coverage changes during the current year:

Advance General Notice that Navitus MedicareRx may immediately substitute new generic drugs:

- A new generic drug replaces a brand name drug on the Formulary (or we change the cost-sharing tier or add new restrictions to the brand name drug or both)
  - We may immediately remove a brand name drug on our Formulary if we are replacing it with a newly approved generic version of the same drug that will appear on the same or lower cost-sharing tier and with the same or fewer restrictions. Also, when adding the new generic drug, we may decide to keep the brand name drug on our Formulary, but immediately move it to a higher cost-sharing tier or add new restrictions or both.
  - We may not tell you in advance before we make that change—even if you are currently taking the brand name drug,
  - O You or your prescriber can ask us to make an exception and continue to cover the brand name drug for you. For information on how to ask for an exception, see Chapter 7 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).
  - o If you are taking the brand name drug at the time we make the change, we will provide you with information about the specific change(s) we made. This will also include information on the steps you may take to request an exception to cover the brand name drug. You may not get this notice before we make the change.

# • Unsafe drugs and other drugs on the Formulary that are withdrawn from the market

- Once in a while, a drug may be suddenly withdrawn because it has been found to be unsafe or removed from the market for another reason. If this happens, we will immediately remove the drug from the Formulary. If you are taking that drug, we will let you know of this change right away.
- O Your prescriber will also know about this change, and can work with you to find another drug for your condition.

#### • Other changes to drugs on the Formulary

O We may make other changes once the year has started that affect drugs you are taking. For instance, we might add a generic drug that is not new to the market to replace a brand name drug or change the cost-sharing tier or add new restrictions to the brand name drug or both. We also might make changes based on FDA boxed warnings or new clinical guidelines recognized by Medicare. We must give

- you at least 30 days' advance notice of the change or give you notice of the change and a 30-day refill of the drug you are taking at a network pharmacy.
- o After you receive notice of the change, you should be working with your prescriber to switch to a different drug that we cover.
- Or you or your prescriber can ask us to make an exception and continue to cover the drug for you. For information on how to ask for an exception, see Chapter 7 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).

Changes to drugs on the Formulary that will not affect people currently taking the drug: For changes to the Formulary that are not described above, if you are currently taking the drug, the following types of changes will not affect you until January 1 of the next year if you stay in your plan:

- If we move your drug into a higher cost-sharing tier.
- If we put a new restriction on your use of the drug.
- If we remove your drug from the Formulary.

If any of these changes happen for a drug you are taking (but not because of a market withdrawal, a generic drug replacing a brand name drug, a Part D status change or other change noted in the sections above), then the change won't affect your use or what you pay as your share of the cost until January 1 of the next year. Until that date, you probably won't see any increase in your payments or any added restriction to your use of the drug. You will not get direct notice this year about changes that do not affect you. However, on January 1 of the next year, the changes will affect you, and it is important to check the Formulary in the new benefit year for any changes to drugs.

# SECTION 7 What types of drugs are *not* covered by the plan?

# Section 7.1 Types of drugs we do not cover

This section tells you what kinds of prescription drugs are "excluded." This means Medicare does not pay for these drugs.

If you get drugs that are excluded and not on the formulary, you must pay for them yourself. We won't pay for the drugs that are listed in this section (except for certain excluded drugs covered under our supplemental drug coverage). In some cases, excluded drugs may be covered under your medical plan. The only exception: If the requested drug is found upon appeal to be a drug that is not excluded under Part D and we should have paid for or covered it because of your specific situation. (For information about appealing a decision we have made to not cover a drug, go to Chapter 7, Section 5.5 in this booklet.)

Here are a few general rules about drugs that Medicare drug plans will not cover under Part D:

- Our plan's Part D drug coverage cannot cover a drug that would be covered under Medicare Part A or Part B.
- Our plan cannot cover a drug purchased outside the United States and its territories.
- Our plan usually cannot cover off-label use. "Off-label use" is any use of the drug other than those indicated on a drug's label as approved by the Food and Drug Administration.
  - o Generally, coverage for "off-label use" is allowed only when the use is supported by certain references, such as the American Hospital Formulary Service Drug Information and the DRUGDEX Information System. If the use is not supported by any of these references, then our plan cannot cover its "off-label use."
- Your plan does cover drugs listed on your Formulary, including when these drugs are ingredients in a compound drug.

Also, by law, these categories of drugs are not covered by Medicare drug plans unless your plan covers them as "Extra Covered Drugs". Please see the "Extra Covered Drugs" section of the benefits chart located in Chapter 4 to find out which of the drugs listed below are covered under your group sponsored plan.

- Non-prescription drugs (also called over-the-counter drugs)
- Drugs when used to promote fertility
- Drugs when used for the relief of cough or cold symptoms
- Drugs when used for cosmetic purposes or to promote hair growth
- Prescription vitamins and mineral products, except prenatal vitamins and fluoride preparations
- Drugs when used for the treatment of sexual or erectile dysfunction
- Drugs when used for treatment of anorexia, weight loss, or weight gain, unless used to treat HIV or cancer wasting
- Outpatient drugs for which the manufacturer seeks to require that associated tests or monitoring services be purchased exclusively from the manufacturer as a condition of sale

We offer additional coverage of some prescription drugs not normally covered in a Medicare prescription drug plan (supplemental drug coverage). These drugs can be found on the Formulary. The amount you pay when you fill a prescription for these drugs does not count toward qualifying you for the Catastrophic Coverage Stage. (The Catastrophic Coverage Stage is described in Chapter 4, Section 7 of this booklet.)

In addition, if you are **receiving "Extra Help" from Medicare** to pay for your prescriptions, the "Extra Help" program will not pay for the drugs not normally covered. (Please refer to the plan's Formulary or call Customer Care for more information. Phone numbers for Customer Care are printed on the back cover of this booklet.) However, if you have drug coverage through

Medicaid, your state Medicaid program may cover some prescription drugs not normally covered in a Medicare drug plan. Please contact your state Medicaid program to determine what drug coverage may be available to you. (You can find phone numbers and contact information for Medicaid in Chapter 2, Section 6.)

SECTION 8	Show your plan membership card when you fill a prescription
Section 8.1	Show your membership card

To fill your prescription, show your plan membership card at the network pharmacy you choose. When you show your plan membership card, the network pharmacy will automatically bill your plan for *our* share of your covered prescription drug cost. You will need to pay the pharmacy *your* share of the cost when you pick up your prescription.

# Section 8.2 What if you don't have your membership card with you?

If you don't have your plan membership card with you when you fill your prescription, ask the pharmacy to contact Customer Care to get the necessary information (phone numbers are printed on the back cover of this booklet).

If the pharmacy is not able to get the necessary information, you may have to pay the full cost of the prescription when you pick it up. (You can then ask us to reimburse you for our share. See Chapter 5, Section 2.1 for information about how to ask the plan for reimbursement.)

SECTION 9	Part D drug coverage in special situations		
Section 9.1	What if you're in a hospital or a skilled nursing facility for a stay that is covered by Original Medicare?		

If you are **admitted to a hospital** for a stay covered by Original Medicare, Medicare Part A will generally cover the cost of your prescription drugs during your stay. Once you leave the hospital, our plan will cover your drugs as long as the drugs meet all of our rules for coverage. See the previous parts of this chapter that tell about the rules for getting drug coverage.

If you are **admitted to a skilled nursing facility** for a stay covered by Original Medicare, Medicare Part A will generally cover your prescription drugs during all or part of your stay. If you are still in the skilled nursing facility, and Part A is no longer covering your drugs, our plan will cover your drugs as long as the drugs meet all of our rules for coverage. See the previous parts of this chapter that tell about the rules for getting drug coverage.

**Please Note:** When you enter, live in, or leave a skilled nursing facility, you are entitled to a Special Enrollment Period. During this time period, you can switch plans or change your

coverage. (Chapter 8, *Ending your membership in the plan*, tells when you can leave our plan and join a different Medicare plan.)

## Section 9.2 What if you're a resident in a long-term care (LTC) facility?

Usually, a long-term care facility (LTC) (such as a nursing home) has its own pharmacy, or a pharmacy that supplies drugs for all of its residents. If you are a resident of a long-term care facility, you may get your prescription drugs through the facility's pharmacy as long as it is part of our network.

Check your *Pharmacy Directory* to find out if your LTC facility's pharmacy is part of our network. There is also a pharmacy search tool on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>. If the LTC pharmacy isn't in our network, or if you need more information, please contact Customer Care (phone numbers are printed on the back cover of this booklet).

# What if you're a resident in a long-term care (LTC) facility and become a new member of the plan?

If you need a drug that is not on our Formulary or is restricted in some way, the plan will cover a **temporary supply** of your drug during the first 90 days of your membership. The total supply will be for a maximum of a 31-day supply, or less if your prescription is written for fewer days. (Please note that the long-term care pharmacy may provide the drug in smaller amounts at a time to prevent waste.) If you have been a member of the plan for more than 90 days and need a drug that is not on our Formulary or if the plan has any restriction on the drug's coverage, we will cover one 31-day supply, or less if your prescription is written for fewer days.

During the time when you are getting a temporary supply of a drug, you should talk with your prescriber to decide what to do when your temporary supply runs out. Perhaps there is a different drug covered by the plan that might work just as well for you. Or you and your prescriber can ask the plan to make an exception for you and cover the drug in the way you would like it to be covered. If you and your prescriber want to ask for an exception, Chapter 7, Section 5.4 tells what to do.

# Section 9.3 What if you are taking drugs covered by Original Medicare?

Your enrollment in Navitus MedicareRx doesn't affect your coverage for drugs covered under Medicare Part A or Part B. If you meet Medicare's coverage requirements, your drug will still be covered under Medicare Part A or Part B, even though you are enrolled in this plan. In addition, if your drug would be covered by Medicare Part A or Part B, our plan can't cover it, even if you choose not to enroll in Part A or Part B.

Some drugs may be covered under Medicare Part B in some situations and through Navitus MedicareRx in other situations. But drugs are never covered by both Part B and our plan at the

same time. In general, your pharmacist or prescriber will determine whether to bill Medicare Part B or Navitus MedicareRx for the drug.

# Section 9.4 What if you have a Medigap (Medicare Supplement Insurance) policy with prescription drug coverage?

If you currently have a Medigap policy that includes coverage for prescription drugs, you must contact your Medigap issuer and tell them you have enrolled in our plan. If you decide to keep your current Medigap policy, your Medigap issuer will remove the prescription drug coverage portion of your Medigap policy and lower your premium.

Each year your Medigap insurance company should send you a notice that tells if your prescription drug coverage is "creditable," and the choices you have for drug coverage. (If the coverage from the Medigap policy is "**creditable**," it means that it is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage.) The notice will also explain how much your premium would be lowered if you remove the prescription drug coverage portion of your Medigap policy. If you didn't get this notice, or if you can't find it, contact your Medigap insurance company and ask for another copy.

# Section 9.5 What if you're also getting drug coverage from an employer or retiree group plan?

Do you currently have other prescription drug coverage through your (or your spouse's) employer or retiree group? If so, please contact **that group's sponsor.** They can help you determine how your current prescription drug coverage will work with our plan.

In general, if you are currently employed, the prescription drug coverage you get from us will be *secondary* to your employer or retiree group coverage. That means your group coverage would pay first.

#### Special note about 'creditable coverage':

Each year your employer or retiree group should provide you a notice that tells if your prescription drug coverage for the next calendar year is "creditable" and the choices you have for drug coverage.

If the coverage from the group plan is "**creditable**," it means that the plan has drug coverage that is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage.

**Keep these notices about creditable coverage**, because you may need them later. If you enroll in a Medicare plan that includes Part D drug coverage, you may need these notices to show that you have maintained creditable coverage. If you didn't get a notice about creditable coverage from your employer or retiree group plan, you can get a copy from the employer or retiree group's benefits administrator or the employer.

## Section 9.6 What if you are in Medicare-certified Hospice?

Drugs are never covered by both hospice and our plan at the same time. If you are enrolled in Medicare hospice and require an anti-nausea, laxative, pain medication, or anti-anxiety drug that is not covered by your hospice because it is unrelated to your terminal illness and related conditions, our plan must receive notification from either the prescriber or your hospice provider that the drug is unrelated before our plan can cover the drug. To prevent delays in receiving any unrelated drugs that should be covered by our plan, you can ask your hospice provider or prescriber to make sure we have the notification that the drug is unrelated before you ask a pharmacy to fill your prescription.

In the event you either revoke your hospice election or are discharged from hospice, our plan should cover all your drugs. To prevent any delays at a pharmacy when your Medicare hospice benefit ends, you should bring documentation to the pharmacy to verify your revocation or discharge. See the previous parts of this section that tell about the rules for getting drug coverage under Part D. Chapter 4 (What you pay for your Part D prescription drugs) gives more information about drug coverage and what you pay.

# **SECTION 10** Programs on drug safety and managing medications

## Section 10.1 Programs to help members use drugs safely

We conduct drug use reviews for our members to help make sure that they are getting safe and appropriate care. These reviews are especially important for members who have more than one prescriber who prescribes their drugs.

We do a review each time you fill a prescription. We also review our records on a regular basis. During these reviews, we look for potential problems such as:

- Possible medication errors
- Drugs that may not be necessary because you are taking another drug to treat the same medical condition
- Drugs that may not be safe or appropriate because of your age or gender
- Certain combinations of drugs that could harm you if taken at the same time
- Prescriptions written for drugs that have ingredients you are allergic to
- Possible errors in the amount (dosage) of a drug you are taking
- Unsafe amounts of opioid pain medications

If we see a possible problem in your use of medications, we will work with your prescriber to correct the problem.

# Section 10.2 Drug Management Program (DMP) to help members safely use their opioid medications

We have a program that can help make sure our members safely use their prescription opioid medications, and other medications that are frequently abused. This program is called a Drug Management Program (DMP). If you use opioid medications that you get from several doctors or pharmacies, or if you had a recent opioid overdose, we may talk to your doctors to make sure your use of opioid medications is appropriate and medically necessary. Working with your doctors, if we decide your use of prescription opioid or benzodiazepine medications is not safe, we may limit how you can get those medications. The limitations may be:

- Requiring you to get all your prescriptions for opioid or benzodiazepine medications from a certain pharmacy(ies)
- Requiring you to get all your prescriptions for opioid or benzodiazepine medications from a certain doctor(s)
- Limiting the amount of opioid or benzodiazepine medications we will cover for you

If we think that one or more of these limitations should apply to you, we will send you a letter in advance. The letter will have information explaining the limitations we think should apply to you. You will also have an opportunity to tell us which doctors or pharmacies you prefer to use, and about any other information you think is important for us to know. After you have had the opportunity to respond, if we decide to limit your coverage for these medications, we will send you another letter confirming the limitation. If you think we made a mistake or you disagree with our determination that you are at-risk for prescription drug misuse or with the limitation, you and your prescriber have the right to ask us for an appeal. If you choose to appeal, we will review your case and give you a decision. If we continue to deny any part of your request related to the limitations that apply to your access to medications, we will automatically send your case to an independent reviewer outside of our plan for review and resolution. See Chapter 7 for information about how to ask for an appeal.

The DMP may not apply to you if you have certain medical conditions, such as cancer or sickle cell disease, you are receiving hospice, palliative, or end-of-life care, or live in a long-term care facility.

# Section 10.3 Medication Therapy Management (MTM) program to help members manage their medications

We have a program that can help our members with complex health needs.

This program is voluntary and free to members. A team of pharmacists and doctors developed the program for us. This program can help make sure that our members get the most benefit from the drugs they take. Our program is called a Medication Therapy Management (MTM) program.

Some members who take medications for different medical conditions and have high drug costs, or are in a Drug Management Program (DMP) to help members use their opioids safely, may be able to get services through an MTM program. A pharmacist or other health professional will

give you a comprehensive review of all your medications. You can talk about how best to take your medications, your costs, and any problems or questions you have about your prescription and over-the-counter medications. You'll get a written summary of this discussion. The summary has a medication action plan that recommends what you can do to make the best use of your medications, with space for you to take notes or write down any follow-up questions. You'll also get a personal medication list that will include all the medications you're taking and why you take them. In addition, members in the MTM program will receive information on the safe disposal of prescription medications that are controlled substances.

It's a good idea to have your medication review before your yearly "Wellness" visit, so you can talk to your doctor about your action plan and medication list. Bring your action plan and medication list with you to your visit or anytime you talk with your doctors, pharmacists, and other health care prescribers. Also, keep your medication list with you (for example, with your ID) in case you go to the hospital or emergency room.

If we have a program that fits your needs, we will automatically enroll you in the program and send you information. If you decide not to participate, please notify us and we will withdraw you from the program. If you have any questions about these programs, please contact Customer Care (phone numbers are printed on the back cover of this booklet).

If you have specific questions about this program, please contact the Medication Therapy Management (MTM) program team. You can call us at 1-833-837-4304, Monday through Thursday 9 am to 6 pm Central Standard Time and on Friday 9 am to 4 pm Central Standard Time. TTY/TDD users should call 711.

# **CHAPTER 4**

What you pay for your Part D prescription drugs

# Chapter 4. What you pay for your Part D prescription drugs

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## Did you know there are programs to help people pay for their drugs?

There are programs to help people with limited resources pay for their drugs. These include "Extra Help" and State Pharmaceutical Assistance Programs. For more information, see Chapter 2, Section 7.

## Are you currently getting help to pay for your drugs?

If you are in a program that helps pay for your drugs, **some information in this** *Evidence of Coverage* **about the costs for Part D prescription drugs may not apply to you.** We will provide a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also known as the "Low Income Subsidy Rider" or the "LIS Rider"), which tells you about your drug coverage. If you are eligible and don't have this insert, please call Customer Care and ask for the "LIS Rider." (Phone numbers for Customer Care are printed on the back cover of this booklet.)

# SECTION 1 Introduction Section 1.1 Use this chapter together with other materials that explain your drug coverage

This chapter focuses on what you pay for your Part D prescription drugs. To keep things simple, we use "drug" in this chapter to mean a Part D prescription drug. As explained in Chapter 3, not all drugs are Part D drugs – some drugs are covered under Medicare Part A or Part B and other drugs are excluded from Medicare coverage by law. Some excluded drugs may be covered by our plan because of your supplemental (wrap) drug coverage, and will be included on our Formulary.

To understand the payment information, we give you in this chapter, you need to know the basics of what drugs are covered, where to fill your prescriptions, and what rules to follow when you get your covered drugs. Here are materials that explain these basics:

- The plan's List of Covered Drugs (Formulary).
  - o This Formulary tells which drugs are covered for you.
  - o It also tells which of the four "cost-sharing tiers" the drug is in and whether there are any restrictions on your coverage for the drug.
  - o If you need a copy of the Formulary, call Customer Care (phone numbers are printed on the back cover of this booklet). You can also find the Formulary on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>. The Formulary on the Member Portal is always the most current.
- Chapter 3 of this booklet. Chapter 3 gives the details about your prescription drug coverage, including rules you need to follow when you get your covered drugs. Chapter 3 also tells which types of prescription drugs are not covered by our plan.

# Chapter 4. What you pay for your Part D prescription drugs

The plan's *Pharmacy Directory*. In most situations you must use a network pharmacy to get your covered drugs (see Chapter 3 for the details). The *Pharmacy Directory* has a list of pharmacies in the plan's network. It also tells you which pharmacies in our network can give you a long-term supply of a drug (such as filling a prescription for a three-month's supply). You can also find a pharmacy search tool on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>.

# Section 1.2 Types of out-of-pocket costs you may pay for covered drugs

To understand the payment information we give you in this chapter, you need to know about the types of out-of-pocket costs you may pay for your covered services. The amount that you pay for a drug is called "cost sharing," and there are three ways you may be asked to pay.

- The "deductible" (if your plan has one) is the amount you must pay for drugs before our plan begins to pay its share.
- "Copayment" means that you pay a fixed amount each time you fill a prescription.
- "Coinsurance" means that you pay a percent of the total cost of the drug each time you fill a prescription.

#### **Maximum Out-of-Pocket**

Prescription Maximum Out-of-Pocket (Supplement to Medicare)		
UC Medicare PPO with Rx Plan  Not Applicable		
UC High Option Supplement to Medicare Plan \$1000 *		
* Once you reach the \$1000 UC High Option Maximum Out-of-Pocket, the plan covers 100% of the cost of covered drugs until next year. (If the UC Maximum Out-Of-Pocket has not been met, the payment responsibility changes after Part D (PDP) TrOOP of \$7,050 is met.)		

SECTION 2	What you pay for a drug depends on which "drug payment stage" you are in when you get the drug
Section 2.1	What are the drug payment stages for Navitus MedicareRx (PDP) members?

As shown in the table below, there are four "drug payment stages" for your prescription drug coverage under Navitus MedicareRx. How much you pay for a drug depends on which of these stages you are in at the time you get a prescription filled or refilled. Keep in mind you are always responsible for the plan's monthly premium regardless of the drug payment stage.

Stage 1 Yearly Deductible Stage	<b>Stage 2</b> <i>Initial Coverage Stage</i>	<b>Stage 3</b> Coverage Gap  Stage	Stage 4  Catastrophic  Coverage Stage
Because there is no deductible for the plan, this payment stage does not apply to you.	You begin in this stage when you fill your first prescription of the year.  During this stage, your plan pays its share of the cost of your drugs and you pay your share of the cost.  You stay in this stage until your year-to-date "total drug costs" (your payments plus any Part D plan's payments) total \$4,430.  (Details are in Section 5 of this chapter.)	Your plan will continue to pay for your drug costs when the Medicare plan does not; you will be responsible for your copayment/ coinsurance if applicable.  You stay in this stage until your year-to-date "out-of-pocket costs" (your payments) reach a total of \$7,050. This amount and rules for counting costs toward this amount have been set by Medicare.  (Details are in Section 6 of this chapter.)	During this stage, the plan will pay most of the cost of your drugs for the rest of the calendar year (through December 31, 2022).  (Details are in Section 7 of this chapter.)

# SECTION 3 We send you reports that explain payments for your drugs and which payment stage you are in

# Section 3.1 We send you a monthly summary called the "Part D Explanation of Benefits" (the "Part D EOB")

Our plan keeps track of the costs of your prescription drugs and the payments you have made when you get your prescriptions filled or refilled at the pharmacy. This way, we can tell you when you have moved from one drug payment stage to the next. In particular, there are two types of costs we keep track of:

- We keep track of how much you have paid. This is called your "out-of-pocket" cost.
- We keep track of your "total drug costs." This is the amount you pay out-of-pocket or others pay on your behalf plus the amount paid by the plan.

Our plan will prepare a written summary called the *Part D Explanation of Benefits* (it is sometimes called the "EOB") when you have had one or more prescriptions filled through the

# Chapter 4. What you pay for your Part D prescription drugs

plan during the previous month. The Part D EOB provides more information about the drugs you take, such as increases in price and other drugs with lower cost sharing that may be available. You should consult with your prescriber about these lower cost options. The Part D EOB includes:

- **Information for that month**. This report gives the payment details about the prescriptions you have filled during the previous month. It shows the total drugs costs, what your plan paid, and what you and others on your behalf paid.
- Totals for the year since January 1. This is called "year-to-date" information. It shows you the total drug costs and total payments for your drugs since the year began.
- **Drug price information.** This information will display the total drug price, and any percentage change from the first fill for each prescription claim of the same quantity.
- Available lower cost alternative prescriptions. This will include information about other drugs with lower cost sharing for each prescription claim that may be available.

# Section 3.2 Help us keep our information about your drug payments up to date

To keep track of your drug costs and the payments you make for drugs, we use records we get from pharmacies. Here is how you can help us keep your information correct and up to date:

- Show your membership ID card when you get a prescription filled. To make sure we know about the prescriptions you are filling and what you are paying, show your plan membership card every time you get a prescription filled.
- Make sure we have the information we need. There are times you may pay for prescription drugs when we will not automatically get the information we need to keep track of your out-of-pocket costs. To help us keep track of your out-of-pocket costs, you may give us copies of receipts for drugs that you have purchased. (If you are billed for a covered drug, you can ask our plan to pay our share of the cost. For instructions on how to do this, go to Chapter 5, Section 2 of this booklet.) Here are some types of situations when you may want to give us copies of your drug receipts to be sure we have a complete record of what you have spent for your drugs:
  - When you purchase a covered drug at a network pharmacy at a special price or using a discount card that is not part of our plan's benefit.
  - When you made a copayment for drugs that are provided under a drug manufacturer patient assistance program.
  - Any time you have purchased covered drugs at out-of-network pharmacies or other times you have paid the full price for a covered drug under special circumstances.
- Send us information about the payments others have made for you. Payments made by certain other individuals and organizations also count toward your out-of-pocket costs and help qualify you for catastrophic coverage. For example, payments made by a State Pharmaceutical Assistance Program, an AIDS drug assistance program (ADAP), the

- Indian Health Service, and most charities count toward your out-of-pocket costs. You should keep a record of these payments and send them to us so we can track your costs.
- Check the written report we send you. When you receive the *Part D Explanation of Benefits* (an EOB) in the mail, please look it over to be sure the information is complete and correct. If you think something is missing from the report, or you have any questions, please call us at Customer Care (phone numbers are printed on the back cover of this booklet). Be sure to keep these reports. They are an important record of your drug expenses.

# **SECTION 4** There is no deductible for Navitus MedicareRx

## Section 4.1 You do not pay a deductible for your Part D drugs.

There is no deductible for Navitus MedicareRx. You begin in the Initial Coverage Stage when you fill your first prescription of the year. See Section 5 for information about your coverage in the Initial Coverage Stage.

SECTION 5	During the Initial Coverage Stage, the plan pays its share of your drug costs and you pay your share
Section 5.1	What you pay for a drug depends on the drug and where you fill your prescription

During the Initial Coverage Stage, the plan pays its share of the cost of your covered prescription drugs, and you pay your share (your copayment or coinsurance amount). Your share of the cost will vary depending on the drug and where you fill your prescription.

# The plan has four Cost-Sharing Tiers

To find out which cost-sharing tier your drug is in, please check our plan's Formulary.

Every drug on the plan's Formulary is in one of four cost-sharing tiers. In general, the higher the cost-sharing tier number, the higher your cost for the drug:

- **Tier \$0** includes select generics
- **Tier 1** includes preferred generics and certain lower cost brand products
- Tier 2 includes preferred brand products and some high cost non-preferred generics
- Tier 3 includes non-preferred products (could include some high cost non-preferred generics)
- **Tier 4** includes specialty products

#### Chapter 4. What you pay for your Part D prescription drugs

#### Your pharmacy choices

How much you pay for a drug depends on whether you get the drug from:

- A retail pharmacy that is in our plan's network
- A pharmacy that is not in the plan's network
- The plan's mail-order pharmacy
- The plan's specialty pharmacy

For more information about these pharmacy choices and filling your prescriptions, see Chapter 3 in this booklet and the plan's *Pharmacy Directory*.

# Section 5.2 A table that shows your costs for a *one-month* supply of a drug

During the Initial Coverage Stage, your share of the cost of a covered drug will be either a copayment or coinsurance.

- "Copayment" means that you pay a fixed amount each time you fill a prescription.
- "Coinsurance" means that you pay a percent of the total cost of the drug each time you fill a prescription.

As shown in the table below, the amount of the copayment or coinsurance depends on which tier your drug is in. Please note:

- If your covered drug costs less than the copayment amount listed in the chart, you will pay that lower price for the drug. You pay *either* the full price of the drug *or* the copayment amount, *whichever is lower*.
- We cover prescriptions filled at out-of-network pharmacies in only limited situations. Please see Chapter 3, Section 2.5 for information about when we will cover a prescription filled at an out-of-network pharmacy.

# Your share of the cost when you get a *one-month* supply of a covered Part D prescription drug:

Cost-Sharing Tier \$0	Retail cost sharing (in-network) (up to a 30-day supply)	Mail-order cost sharing (in network) (up to a 30-day supply)	Long-term care (LTC) cost sharing (up to a 31-day supply)	Out-of-network cost sharing (Coverage is limited to certain situations; see Chapter 3 for details.) (up to a 30- day supply)
(Select generics; diabetic supplies after Part B pays primary)	\$0 copayment	\$0 copayment	\$0 copayment	\$0 copayment
Tier 1 (Preferred generics and certain lower cost brand products; insulin & Part D diabetic supplies)	\$10	\$10	\$10	\$10
	copayment	copayment	copayment	copayment
Tier 2 (Preferred brand products and some high cost non-preferred generics; insulin & Part D diabetic supplies)	\$30	\$30	\$30	\$30
	copayment	copayment	copayment	copayment
Tier 3 (Non-preferred products (could include some high cost non-preferred generics); insulin & Part D diabetic supplies)	\$45	\$45	\$45	\$45
	copayment	copayment	copayment	copayment
Tier 4 (Specialty products)	\$30 copayment	\$30 copayment	\$30 copayment	\$30 copayment

Your drug copay or coinsurance may be less, based upon the cost of the drug.

#### Chapter 4. What you pay for your Part D prescription drugs

The Formulary indicates what you will pay for your drug. A generic drug is the same as a brand-name drug in dosage, safety and strength. When a generic drug is available and you or your prescriber choose the brand-name drug, you must pay the applicable brand copay *plus* the difference between the cost of the brand-name drug and the generic equivalent. With a prior authorization request, an exception for medical necessity may be made and you will pay the Tier 3 (non-preferred) applicable copay.

**Note:** The difference between the cost of the brand drug and the generic (DAW penalty) does not accumulate toward the *UC High Option Supplement to Medicare* Annual Prescription Maximum Out-of-Pocket.

This Dispense as Written (DAW) cost-sharing penalty will not exceed the cost of the medication.

#### **Maximum Out-of-Pocket**

Prescription Maximum Out-of-Pocket (Supplement to Medicare)			
UC Medicare PPO with Rx Plan	Not Applicable		
UC High Option Supplement to Medicare Plan	\$1000 *		
* Once you reach the \$1000 UC High Option Maximum Out-of-Pocket, the plan covers 100% of the cost of covered drugs until next year. (If the UC Maximum Out-of-Pocket has not been met, the payment responsibility changes after Part D (PDP) TrOOP of \$7,050 is met.)			

# Extra Covered Drug Benefits (Non-Medicare Part D) – Prescription Required

Formulary Cost Sharing	<b>Select Retail</b> (up to 90 days)
Part B Diabetic Supplies (Navitus MedicareRx will coordinate benefits, if submitted after Medicare Part B pays primary, including lancets, blood sugar diagnostics, calibration solutions and glucometers)	\$0 copay

Certain drugs that are excluded by law from coverage by Medicare Part D, may be included in the supplemental coverage of your drug plan. Drugs covered under the "Extra Covered Drugs" benefit, will be listed in the Formulary.

#### Extra covered drug benefits (non-Medicare Part D) – prescription required

Extra Covered Drugs Cost Sharing	Retail & Mail Order (up to 30 days)	Retail (31-60 days)	<b>Retail</b> (61-90 days)	Mail Order (31-90 days)
Tier 1 non- Medicare covered drugs	\$10 copay	\$20 copay	\$30 copay	\$20 copay
Tier 2 non- Medicare covered drugs	\$30 copay	\$60 copay	\$90 copay	\$60 copay
Tier 3 non- Medicare covered drugs	\$45 copay	\$90 copay	\$135 copay	\$90 copay

Note: These Extra Covered Drugs do not count towards the Medicare TrOOP (\$7,050) expenses and they do not qualify for lower catastrophic copays.

#### Member cost share per tier values in the above table, for:

- Cough and Cold Prescriptions
- Erectile Disfunction (ED) with quantity limit (QL)
- Vitamins and Minerals Prescriptions

Coverage for Out of Country Drugs: Outpatient prescription drugs are not covered by Medicare Part D plans when they are filled by pharmacies outside of the United States. Your UC plan provides coverage for outpatient prescription drugs when all of the following apply:

- ✓ You remain a permanent resident of the United States while you are out of country, and
- ✓ The drug is approved by the Food and Drug Administration (FDA), and
- ✓ The drug would be a covered drug by your plan if the drug was filled by a pharmacy located within the United States.

When you receive coverage for outpatient prescription drugs filled at a pharmacy outside the United States, you will need to pay the full cost of the drug and request that we reimburse you for our share. Your share of a covered outpatient drug will be your coinsurance or copayment amount. Please see "How to ask us to pay you back" for detailed instructions, which can be found in the Evidence of Coverage, Chapter 5, Section 2.

### Section 5.3 If your doctor prescribes less than a full month's supply, you may not have to pay the cost of the entire month's supply

Typically, the amount you pay for a prescription drug covers a full month's supply of a covered drug. However, your doctor can prescribe less than a month's supply of drugs. There may be times when you want to ask your doctor about prescribing less than a month's supply of a drug (for example, when you are trying a medication for the first time that is known to have serious side effects). If your doctor prescribes less than a full month's supply, you may not have to pay for the full month's supply for certain drugs.

The amount you pay when you get less than a full month's supply will depend on whether you are responsible for paying coinsurance (a percentage of the total cost) or a copayment (a flat dollar amount).

• If you are responsible for coinsurance, you pay a *percentage* of the total cost of the drug. You pay the same percentage regardless of whether the prescription is for a full month's supply or for fewer days. However, because the entire drug cost will be lower if you get less than a full month's supply, the *amount* you pay will be less.

### Section 5.4 A table that shows your costs for a *long-term* (up to a 90-day) supply of a drug

For some drugs, you can get a long-term supply (also called an "extended supply") when you fill your prescription. A long-term supply is up to a 90-day supply. (For details on where and how to get a long-term supply of a drug, see Chapter 3, Section 2.4.)

The table below shows what you pay when you get a long-term (up to a 90-day) supply of a drug.

• Please note: If your covered drug costs less than the copayment amount listed in the chart, you will pay that lower price for the drug. You pay *either* the full price of the drug *or* the copayment amount, *whichever is lower*.

### Your share of the cost when you get a *long-term* supply of a covered Part D prescription drug:

Cost Sharing	Retail cost sharing (in-network) (31-60 day supply)	Retail cost sharing (in-network) (61-90 day supply)	Mail-order cost sharing (in-network) (61-90 day supply)	
Tier \$0 (Select generics; diabetic supplies after Part B pays primary)	\$0 copayment	\$0 copayment	\$0 copayment	
Tier 1 (Preferred generics and certain lower cost brand products; insulin & Part D diabetic supplies)	\$20	\$30	\$20	
	copayment	copayment	copayment	
Tier 2 (Preferred brand products and some high cost non-preferred generics; insulin & Part D diabetic supplies)	\$60	\$90	\$60	
	copayment	copayment	copayment	
Tier 3 (Non-preferred products (could include some high cost non-preferred generics); insulin & Part D diabetic supplies)	\$90	\$135	\$90	
	copayment	copayment	copayment	
Tier 4 (Specialty products)	A long-term supply	A long-term supply	A long-term supply	
	is not available for	is not available for	is not available for	
	drugs in Tier 4	drugs in Tier 4	drugs in Tier 4	
Extended supplies (greater than a 1-month supply) may not be available for all medications. To verify if your medication is excluded from extended supplies, check the Formulary. Medications which do <b>not</b> qualify for extended supplies will be marked with " <b>NDS</b> " on the formulary.				

The Formulary indicates what you will pay for your drug. A generic drug is the same as a brand-name drug in dosage, safety and strength. When a generic drug is available and you or your prescriber choose the brand-name drug, you must pay the applicable brand copay *plus* the difference between the cost of the brand-name drug and the generic equivalent. With a prior authorization request, an exception for medical necessity may be made and you will pay the Tier 3 (non-preferred) applicable copay.

#### Chapter 4. What you pay for your Part D prescription drugs

**Note:** The difference between the cost of the brand drug and the generic (DAW penalty) does not accumulate toward the *UC High Option Supplement to Medicare* Annual Prescription Maximum Out-of-Pocket.

This Dispense as Written (DAW) cost-sharing penalty will not exceed the cost of the medication.

#### **Maximum Out-of-Pocket**

Prescription Maximum Out-of-Pocket (Supplement to Medicare)					
UC Medicare PPO with Rx Plan  Not Applicable					
UC High Option Supplement to Medicare Plan \$1000 *					
* Once you reach the \$1000 UC High Option Maximum Out-of-Pocket, the plan covers 100% of the cost of covered drugs until next year. (If the UC Maximum Out-of-Pocket has not been met, the payment responsibility changes after Part D (PDP) TrOOP of \$7,050 is met.)					

#### "Select Retail" Pharmacies

Select Retail Pharmacy Cost Sharing *	<b>Select Retail</b> (up to 90 days)	
Tier 1 Drugs from Select Retail Pharmacies	\$20 copay	
Tier 2 Drugs from Select Retail Pharmacies	\$60 copay	
Tier 3 Drugs from Select Retail Pharmacies	\$90 copay	

<sup>\*</sup> Select Retail pharmacies includes the following retail pharmacies: UC Medical Center retail pharmacies, Costco, CVS, Vons/Safeway, Walmart and Walgreens.

#### Extra Covered Drug Benefits (Non-Medicare Part D) – Prescription Required

Formulary Cost Sharing	<b>Select Retail</b> (up to 90 days)
Part B Diabetic Supplies (Navitus MedicareRx will coordinate benefits, if submitted after Medicare Part B pays primary, including lancets, blood sugar diagnostics, calibration solutions and glucometers)	\$0 copay

Certain drugs that are excluded by law from coverage by Medicare Part D, may be included in the supplemental coverage of your drug plan. Drugs covered under the "Extra Covered Drugs" benefit, will be listed in the Formulary.

Extra Covered Drugs Cost Sharing	Retail & Mail Order (up to 30 days)	Retail (31-60 days)	Retail (61-90 days)	Mail Order (31-90 days)
Tier 1 non- Medicare covered drugs	\$10 copay	\$20 copay	\$30 copay	\$20 copay
Tier 2 non- Medicare covered drugs	\$30 copay	\$60 copay	\$90 copay	\$60 copay
Tier 3 non- Medicare covered drugs	\$45 copay	\$90 copay	\$135 copay	\$90 copay

Note: These Extra Covered Drugs do not count towards the Medicare TrOOP (\$7,050) expenses and they do not qualify for lower catastrophic copays.

#### Member cost share per tier values in the above table, for:

- Cough and Cold Prescriptions
- Erectile Disfunction (ED) with quantity limit (QL)
- Vitamins and Minerals Prescriptions

**Coverage for Out of Country Drugs:** Outpatient prescription drugs are not covered by Medicare Part D plans when they are filled by pharmacies outside of the United States. Your UC plan provides coverage for outpatient prescription drugs when all of the following apply:

- ✓ You remain a permanent resident of the United States while you are out of country, and
- ✓ The drug is approved by the Food and Drug Administration (FDA), and
- The drug would be a covered drug by your plan if the drug was filled by a pharmacy located within the United States.

#### Chapter 4. What you pay for your Part D prescription drugs

When you receive coverage for outpatient prescription drugs filled at a pharmacy outside the United States, you will need to pay the full cost of the drug and request that we reimburse you for our share. Your share of a covered outpatient drug will be your coinsurance or copayment amount. Please see "How to ask us to pay you back" for detailed instructions, which can be found in the Evidence of Coverage, Chapter 5, Section 2.

### Section 5.5 You stay in the Initial Coverage Stage until total drug costs for the year reach \$4,430

You stay in the Initial Coverage Stage until the total amount for the prescription drugs you have filled and refilled reaches the \$4,430 limit for the Initial Coverage Stage.

Your total drug cost is based on adding together what you have paid and what any Part D plan has paid:

- What <u>you</u> have paid for all the covered drugs you have gotten since you started with your first drug purchase of the year. (See Section 6.2 for more information about how Medicare calculates your out-of-pocket costs.) This includes:
  - The total you paid as your share of the cost for your drugs during the Initial Coverage Stage.
- What the <u>plan</u> has paid as its share of the cost for your drugs during the Initial Coverage Stage. (If you were enrolled in a different Part D plan at any time during 2022, the amount that plan paid during the Initial Coverage Stage also counts toward your total drug costs.)

We offer additional coverage on some prescription drugs that are not normally covered in a Medicare Prescription Drug Plan. Payments made for these drugs will not count toward your initial coverage limit or total out-of-pocket costs.

The *Explanation of Benefits* (EOB) that we send to you will help you keep track of how much you and the plan, as well as any third parties, have spent on your behalf during the year. Many people do not reach the \$4,430 limit in a year.

We will let you know if you reach this \$4,430 amount. If you do reach this amount, you will leave the Initial Coverage Stage and move on to the Coverage Gap Stage.

SECTION 6	During the Coverage Gap Stage, the plan provides some drug coverage
Section 6.1	You stay in the Coverage Gap Stage until your out-of-pocket

When you are in the Coverage Gap Stage, the Medicare Coverage Gap Discount Program provides manufacturer discounts on brand name drugs. Your plan will continue to pay for your

costs reach \$7,050

#### Chapter 4. What you pay for your Part D prescription drugs

drug costs at the Initial Coverage Stage copayments, when the Medicare plan does not; you will be responsible for your formulary copayment as applicable.

Medicare has rules about what counts and what does *not* count as your out-of-pocket costs. When you reach an out-of-pocket limit of \$7,050, you leave the Coverage Gap Stage and move on to the Catastrophic Coverage Stage.

### Section 6.2 How Medicare calculates your out-of-pocket costs for prescription drugs

Here are Medicare's rules that we must follow when we keep track of your out-of-pocket (TrOOP) costs for your drugs.

#### These payments are included in your out-of-pocket costs

When you add up your out-of-pocket costs, **you can include** the payments listed below (as long as they are for Part D covered drugs and you followed the rules for drug coverage that are explained in Chapter 3 of this booklet):

- The amount you pay for drugs when you are in any of the following drug payment stages:
  - o The Initial Coverage Stage
  - The Coverage Gap Stage
- Any payments you made during this calendar year as a member of a different Medicare prescription drug plan before you joined our plan.

#### It matters who pays:

- If you make these payments **yourself**, they are included in your out-of-pocket costs
- These payments are *also included* if they are made on your behalf by **certain other individuals or organizations.** This includes payments for your drugs made by a friend or relative, by most charities, by AIDS drug assistance programs, by a State Pharmaceutical Assistance Program that is qualified by Medicare, or by the Indian Health Service. Payments made by Medicare's "Extra Help" Program are also included.
- Some of the payments made by the Medicare Coverage Gap Discount Program are included. The amount the manufacturer pays for your brand name drugs is included. But the amount the plan pays for your generic drugs is not included.

#### Moving on to the Catastrophic Coverage Stage:

When the amount you (or those paying on your behalf) have paid for covered drugs reaches \$7,050 in out-of-pocket costs within the calendar year, you will move from the Coverage Gap Stage to the Catastrophic Coverage Stage.

#### These payments are <u>not included</u> in your out-of-pocket costs

When you add up your out-of-pocket costs, you are **not allowed to include** any of these types of payments for prescription drugs:

- The amount you pay for your monthly premium.
- Drugs you buy outside the United States and Puerto Rico.
- Drugs that are not covered by our plan.
- Drugs you get at an out-of-network pharmacy that do not meet the plan's requirements for out-of-network coverage.
- Non-Part D drugs, including prescription drugs covered by Part A or Part B and other drugs excluded from coverage by Medicare.
  - Prescription drugs covered by Part A or Part B.
  - Payments you make toward drugs covered under our additional coverage but not normally covered in a Medicare Prescription Drug Plan (for example, the "Extra Covered Drugs" benefit).
  - Payments you make toward prescription drugs not normally covered in a Medicare Prescription Drug Plan.
  - Payments made by the plan for your brand or generic drugs while in the Coverage Gap.
  - Payments for your drugs that are made by group health plans including employer health plans.
  - Payments for your drugs that are made by certain insurance plans and government-funded health programs such as TRICARE and Veterans Affairs.
  - Payments for your drugs made by a third-party with a legal obligation to pay for prescription costs (for example, Workers' Compensation).

*Reminder:* If any other organization such as the ones listed above pays part or all of your out-of-pocket costs for drugs, you are required to tell our plan. Call Customer Care to let us know (phone numbers are printed on the back cover of this booklet).

#### How can you keep track of your out-of-pocket total?

- We will help you. The *Part D Explanation of Benefits* (Part D EOB) summary we send to you includes the current amount of your out-of-pocket costs (Section 3 in this chapter tells about this report). When you reach a total of \$7,050 in out-of-pocket costs for the year, this report will tell you that you have left the Coverage Gap Stage and have moved on to the Catastrophic Coverage Stage.
- Make sure we have the information we need. Section 3.2 tells what you can do to help make sure that our records of what you have spent are complete and up to date.

<b>SECTION 7</b>	During the Catastrophic Coverage Stage, the plan
	pays most of the cost for your drugs

### Section 7.1 Once you are in the Catastrophic Coverage Stage, you will stay in this stage for the rest of the year

You qualify for the Catastrophic Coverage Stage when your out-of-pocket costs have reached the \$7,050 limit for the calendar year. Once you are in the Catastrophic Coverage Stage, you will stay in this payment stage until the end of the calendar year.

During this stage, the plan will pay most of the cost for your drugs.

Cost-Sharing	Retail cost sharing (up to a 30-day supply)	Retail cost sharing (in-network) (31-90 day supply)	Mail-order cost sharing (in network) (up to a 90-day supply)	Long-term care (LTC) cost sharing (up to a 31-day supply)
Tier \$0 (Select generics; diabetic supplies after Part B pays primary)	\$0 copayment	\$0 copayment	\$0 copayment	\$0 copayment
Tier 1 (Preferred generics and certain lower cost brand products; insulin & Part D diabetic supplies)	\$0	\$0	\$0	\$0
	copayment	copayment	copayment	copayment
Tier 2 (Preferred brand products and some high cost non-preferred generics; insulin & Part D diabetic supplies)	\$0	\$0	\$0	\$0
	copayment	copayment	copayment	copayment

#### Chapter 4. What you pay for your Part D prescription drugs

Cost-Sharing	Retail cost sharing (up to a 30-day supply)	Retail cost sharing (in-network) (31-90 day supply)	Mail-order cost sharing (in network) (up to a 90-day supply)	Long-term care (LTC) cost sharing (up to a 31-day supply)
Tier 3 (Non-preferred products (could include some high cost non-preferred generics); insulin & Part D diabetic supplies)	\$0 copayment	\$0 copayment	\$0 copayment	\$0 copayment
Tier 4 (Specialty products)	\$0 copayment	A long-term supply is not available for drugs in Tier 4	A long-term supply is not available for drugs in Tier 4	\$0 copayment

The Formulary indicates what you will pay for your drug. A generic drug is the same as a brand-name drug in dosage, safety and strength. When a generic drug is available and you or your prescriber choose the brand-name drug, you must pay the applicable brand copay *plus* the difference between the cost of the brand-name drug and the generic equivalent. With a prior authorization request, an exception for medical necessity may be made and you will pay the Tier 3 (non-preferred) applicable copay.

**Note:** The difference between the cost of the brand drug and the generic (DAW penalty) does not accumulate toward the *UC High Option Supplement to Medicare* Annual Prescription Maximum Out-of-Pocket.

This Dispense as Written (DAW) cost-sharing penalty will not exceed the cost of the medication.

#### **Maximum Out-of-Pocket**

Prescription Maximum Out-of-Pocket (Supplement to Medicare)			
UC Medicare PPO with Rx Plan  Not Applicable			
UC High Option Supplement to Medicare Plan	\$1000 *		

<sup>\*</sup> Once you reach the \$1000 UC High Option Maximum Out-of-Pocket, the plan covers 100% of the cost of covered drugs until next year. (If the UC Maximum Out-of-Pocket has not been met, the payment responsibility changes after Part D (PDP) TrOOP of \$7,050 is met.)

**For UC High Option Supplement to Medicare** – once members reach the \$1000 UC Maximum Out-of-Pocket, the plan covers 100% of the cost of covered drugs until next year.

- Out-of-pocket costs for Extra Covered Drugs apply toward the \$1,000 out-of-pocket maximum, but not the Medicare TrOOP of \$7,050.
- Members qualifying for the Coverage Gap Discount could reach Medicare TrOOP before the \$1,000 out-of-pocket maximum because out-of-pocket expenses covered by the Coverage Gap Discount apply only toward the Medicare TrOOP, but not the UC out-ofpocket maximum. If this happens, members will continue to pay a copayment for Extra Covered Drugs until reaching the \$1,000 out-of-pocket maximum. After that, the plan will pay 100% for all covered drugs (including Extra Covered Drugs).

**For PPO Plan Members** – members continue to pay the cost of Extra Covered Drugs, even after the CMS TrOOP is met.

#### Extra Covered Drug Benefits (Non-Medicare Part D) – Prescription Required

Certain drugs that are excluded by law from coverage by Medicare Part D, may be included in the supplemental coverage of your drug plan. Drugs covered under the "Extra Covered Drugs" benefit, will be listed in the Formulary.

Extra Covered Drugs Cost Sharing	Retail & Mail Order (up to 30 days)	Retail (31-60 days)	<b>Retail</b> (61-90 days)	Mail Order (31-90 days)
Tier 1 non- Medicare covered drugs	\$10 copay	\$20 copay	\$30 copay	\$20 copay
Tier 2 non- Medicare covered drugs	\$30 copay	\$60 copay	\$90 copay	\$60 copay
Tier 3 non- Medicare covered drugs	\$45 copay	\$90 copay	\$135 copay	\$90 copay

Note: These Extra Covered Drugs do not count towards the Medicare TrOOP (\$7,050) expenses and they do not qualify for lower catastrophic copays.

#### Member cost share per tier values in the above table, for:

- Cough and Cold Prescriptions
- Erectile Disfunction (ED) with quantity limit (QL)
- Vitamins and Minerals Prescriptions

## SECTION 8 What you pay for vaccinations covered by Part D depends on how and where you get them

### Section 8.1 Our plan may have separate coverage for the Part D vaccine medication itself and for the cost of giving you the vaccine

Our plan provides coverage of a number of Part D vaccines. There are two parts to our coverage of vaccinations:

- The first part of coverage is the cost of **the vaccine medication itself**. The vaccine is a prescription medication.
- The second part of coverage is for the cost of **giving you the vaccine**. (This is sometimes called the "administration" of the vaccine.)

#### What do you pay for a Part D vaccination?

What you pay for a Part D vaccination depends on three things:

- **1.** The type of vaccine (what you are being vaccinated for).
  - o Some vaccines are considered Part D drugs. You can find these vaccines listed in the plan's *List of Covered Drugs (Formulary)*.
  - Other vaccines are considered medical benefits. They are covered under Original Medicare.
- 2. Where you get the vaccine medication.
- 3. Who gives you the vaccine.

What you pay at the time you get the Part D vaccination can vary depending on the circumstances. For example:

- Sometimes when you get your vaccine, you will have to pay the entire cost for both the
  vaccine medication and for getting the vaccine. You can ask our plan to pay you back for
  our share of the cost.
- Other times, when you get the vaccine medication or the vaccine, you will pay only your share of the cost.

To show how this works, here are three common ways you might get a Part D vaccine.

- Situation 1: You buy the Part D vaccine at the pharmacy and you get your vaccine at the network pharmacy. (Whether you have this choice depends on where you live. Some states do not allow pharmacies to administer a vaccination.)
  - You will have to pay the pharmacy the amount of your coinsurance or copayment for the vaccine and the cost of giving you the vaccine.
  - Our plan will pay the remainder of the costs.

#### Situation 2: You get the Part D vaccination at your doctor's office.

- When you get the vaccination, you will pay for the entire cost of the vaccine and its administration.
- You can then ask our plan to pay our share of the cost by using the procedures that are described in Chapter 5 of this booklet (*Asking us to pay our share of the costs for covered drugs*).
- You will be reimbursed the amount you paid, less your normal coinsurance or copayment for the vaccine (including administration) and less any difference between the amount the doctor charges and what we normally pay, up to the plan limits. (If you get "Extra Help", we will reimburse you for this difference.)

### Situation 3: You buy the Part D vaccine at your pharmacy, and then take it to your doctor's office where they give you the vaccine.

- You will have to pay the pharmacy the amount of your coinsurance or copayment for the vaccine itself.
- When your doctor gives you the vaccine, you will pay the entire cost for this service. You can then ask our plan to pay our share of the cost by using the procedures described in Chapter 5 of this booklet.
- You will be reimbursed the amount charged by the doctor for administering the vaccine, less any difference between the amount the doctor charges and what we normally pay, up to the plan limits. (If you get "Extra Help", we will reimburse you for this difference.)

### Section 8.2 You may want to call us at Customer Care before you get a vaccination

The rules for coverage of vaccinations are complicated. We are here to help. We recommend that you call us first at Customer Care whenever you are planning to get a vaccination. (Phone numbers for Customer Care are printed on the back cover of this booklet.)

- We can tell you about how your vaccination is covered by our plan and explain your share of the cost.
- We can tell you how to keep your own cost down by using providers and pharmacies in the network.
- If you are not able to use a network provider or pharmacy, we can tell you what you need to do to get payment from us for our share of the cost.

### **CHAPTER 5**

Asking us to pay our share of the costs for covered drugs

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SECTION 1	Situations in which you should ask us to pay our share of the cost of your covered drugs
Section 1.1	If you pay our plan's share of the cost of your covered drugs, you can ask us for payment

Sometimes when you get a prescription drug, you may need to pay the full cost right away. Other times, you may find that you have paid more than you expected under the coverage rules of the plan. In either case, you can ask our plan to pay you back (paying you back is often called "reimbursing" you). Please note that depending on the coverage rules for your specific drug, there may be a difference in the amount you are reimbursed and the total amount you paid.

Here are examples of situations in which you may need to ask our plan to pay you back. All of these examples are types of coverage decisions (for more information about coverage decisions, go to Chapter 7 of this booklet).

#### 1. When you use an out-of-network pharmacy to get a prescription filled

If you go to an out-of-network pharmacy and try to use your membership card to fill a prescription, the pharmacy may not be able to submit the claim directly to us. When that happens, you will have to pay the full cost of your prescription. (We cover prescriptions filled at out-of-network pharmacies only in a few special situations. Please go to Chapter 3, Section 2.5 to learn more.)

Save your receipt and send a copy to us when you ask us to pay you back for our share of the cost.

### 2. When you pay the full cost for a prescription because you don't have your plan membership card with you

If you do not have your plan membership card with you, you can ask the pharmacy to call the plan or look up your enrollment information. However, if the pharmacy cannot get the enrollment information they need right away, you may need to pay the full cost of the prescription yourself.

Save your receipt and send a copy to us when you ask us to pay you back for our share of the cost.

#### 3. When you pay the full cost for a prescription in other situations

You may pay the full cost of the prescription because you find that the drug is not covered for some reason.

• For example, the drug may not be on the plan's *List of Covered Drugs (Formulary)*; or it could have a requirement or restriction that you didn't know about or don't think should apply to you. If you decide to get the drug immediately, you may need to pay the full cost for it.

#### Chapter 5. Asking us to pay our share of the costs for covered drugs

• Save your receipt and send a copy to us when you ask us to pay you back. In some situations, we may need to get more information from your doctor in order to pay you back for our share of the cost.

#### 4. If you are retroactively enrolled in our plan

Sometimes a person's enrollment in the plan is retroactive. (Retroactive means that the first day of their enrollment has already passed. The enrollment date may even have occurred last year.)

If you were retroactively enrolled in our plan and you paid out-of-pocket for any of your drugs after your enrollment date, you can ask us to pay you back for our share of the costs. You will need to submit paperwork for us to handle the reimbursement.

Please call Customer Care for additional information about how to ask us to pay you back and deadlines for making your request. (Phone numbers for Customer Care are printed on the back cover of this booklet.)

All of the examples above are types of coverage decisions. This means that if we deny your request for payment, you can appeal our decision. Chapter 7 of this booklet (*What to do if you have a problem or complaint (coverage decisions, appeals, complaints)*) has information about how to make an appeal.

#### SECTION 2 How to ask us to pay you back

#### Section 2.1 How and where to send us your request for payment

Send us your request for payment, along with your receipt documenting the payment you have made. It's a good idea to make a copy of your receipts for your records.

To make sure you are giving us all the information we need to make a decision, you can fill out our claim form to make your request for payment.

- You don't have to use the form, but it will help us process the information faster.
- Either download a copy of the form from our Member Portal (<a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>) or call Customer Care and ask for the form. (Phone numbers for Customer Care are printed on the back cover of this booklet.)

Mail your request for payment together with any bills and paid receipts to us at this address:

Navitus MedicareRx Manual Claims P.O. Box 1039 Appleton, WI 54912-1039 You must submit your claim to us within 36 months of the date you received the service, item, or drug.

Contact Customer Care if you have any questions (phone numbers are printed on the back cover of this booklet). If you don't know what you should have paid, we can help. You can also call if you want to give us more information about a request for payment you have already sent to us.

SECTION 3	We will consider your request for payment and say
	yes or no

### Section 3.1 We check to see whether we should cover the drug and how much we owe

When we receive your request for payment, we will let you know if we need any additional information from you. Otherwise, we will consider your request and make a coverage decision.

- If we decide that the drug is covered and you followed all the rules for getting the drug, we will pay for our share of the cost. We will mail your reimbursement of our share of the cost to you. (Chapter 3 explains the rules you need to follow for getting your Part D prescription drugs covered.) We will send payment within 30 days after your request was received.
- If we decide that the drug is *not* covered, or you did *not* follow all the rules, we will not pay for our share of the cost. Instead, we will send you a letter that explains the reasons why we are not sending the payment you have requested and your rights to appeal that decision.

### Section 3.2 If we tell you that we will not pay for all or part of the drug, you can make an appeal

If you think we have made a mistake in turning down your request for payment or you don't agree with the amount we are paying, you can make an appeal. If you make an appeal, it means you are asking us to change the decision we made when we turned down your request for payment.

For the details on how to make this appeal, go to Chapter 7 of this booklet (*What to do if you have a problem or complaint* (*coverage decisions, appeals, complaints*)). The appeals process is a formal process with detailed procedures and important deadlines. If making an appeal is new to you, you will find it helpful to start by reading Section 4 of Chapter 7. Section 4 is an introductory section that explains the process for coverage decisions and appeals and gives definitions of terms such as "appeal." Then after you have read Section 4, you can go to Section 5.5 in Chapter 7 for a step-by-step explanation of how to file an appeal.

# SECTION 4 Other situations in which you should save your receipts and send copies to us Section 4.1 In some cases, you should send copies of your receipts to us to help us track your out-of-pocket drug costs

There are some situations when you should let us know about payments you have made for your drugs. In these cases, you are not asking us for payment. Instead, you are telling us about your payments so that we can calculate your out-of-pocket costs correctly. This may help you to qualify for the Catastrophic Coverage Stage more quickly.

Here are two situations when you should send us copies of receipts to let us know about payments you have made for your drugs:

#### 1. When you buy the drug for a price that is lower than our price

Sometimes you can buy your drug at a network pharmacy for a price that is lower than our price.

- For example, a pharmacy might offer a special price on the drug. Or you may have a discount card that is outside our benefit that offers a lower price.
- Unless special conditions apply, you must use a network pharmacy in these situations and your drug must be on our Formulary.
- Save your receipt and send a copy to us so that we can have your out-of-pocket expenses count toward qualifying you for the Catastrophic Coverage Stage.
- Please note: We may not pay for any share of these drug costs. But sending a copy of the receipt allows us to calculate your out-of-pocket costs correctly and may help you qualify for the Catastrophic Coverage Stage more quickly.

### 2. When you get a drug through a patient assistance program offered by a drug manufacturer

Some members are enrolled in a patient assistance program offered by a drug manufacturer that is outside your Part D plan benefits. If you get any drugs through a program offered by a drug manufacturer, you may pay a copayment to the patient assistance program.

- Save your receipt and send a copy to us so that we can have your out-of-pocket expenses count toward qualifying you for the Catastrophic Coverage Stage.
- Please note: Because you are getting your drug through the patient assistance program and not through your Part D plan's benefits, will not pay for any share of these drug costs. But sending a copy of the receipt allows us to calculate your out-of-pocket costs correctly and may help you qualify for the Catastrophic Coverage Stage more quickly.

#### Chapter 5. Asking us to pay our share of the costs for covered drugs

Since you are not asking for payment in the two cases described above, these situations are not considered coverage decisions. Therefore, you cannot make an appeal if you disagree with our decision.

### **CHAPTER 6**

Your rights and responsibilities

#### Chapter 6. Your rights and responsibilities

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# SECTION 1 Our plan must honor your rights as a member of the plan Section 1.1 We must provide information in a way that works for you (in languages other than English, in braille, in large print, or other alternate formats, etc.)

To get information from us in a way that works for you, please call Customer Care (phone numbers are printed on the back cover of this booklet).

Our plan has people and free interpreter services available to answer questions from disabled and non-English speaking members. We can also give you information in braille, in large print, or other alternate formats at no cost if you need it. We are required to give you information about the plan's benefits in a format that is accessible and appropriate for you. To get information from us in a way that works for you, please call Customer Care (phone numbers are printed on the back cover of this booklet).

If you have any trouble getting information from our plan in a format that is accessible and appropriate for you, please call to file a grievance with Navitus MedicareRx Customer Care (phone numbers are printed on the back cover of this booklet). You may also file a complaint with Medicare by calling 1-800-MEDICARE (1-800-633-4227) or directly with the Office for Civil Rights. Contact information is included in this Evidence of Coverage or with this mailing, or you may contact Navitus MedicareRx Customer Care for additional information (phone numbers are printed on the back cover of this booklet).

### Section 1.2 We must ensure that you get timely access to your covered drugs

As a member of our plan, you have the right to get your prescriptions filled or refilled at any of our network pharmacies without long delays. If you think that you are not getting your Part D drugs within a reasonable amount of time, Chapter 7, Section 7 of this booklet tells what you can do. (If we have denied coverage for your prescription drugs and you don't agree with our decision, Chapter 7, Section 4 tells what you can do.)

### Section 1.3 We must protect the privacy of your personal health information

Federal and state laws protect the privacy of your medical records and personal health information. We protect your personal health information as required by these laws.

Your "personal health information" includes the personal information you gave us when
you enrolled in this plan as well as your medical records and other medical and health
information.

• The laws that protect your privacy give you rights related to getting information and controlling how your health information is used. We give you a written notice, called a "Notice of Privacy Practice," that tells about these rights and explains how we protect the privacy of your health information.

#### How do we protect the privacy of your health information?

- We make sure that unauthorized people don't see or change your records.
- In most situations, if we give your health information to anyone who isn't providing your care or paying for your care, we are required to get written permission from you first. Written permission can be given by you or by someone you have given legal power to make decisions for you.
- There are certain exceptions that do not require us to get your written permission first. These exceptions are allowed or required by law.
  - o For example, we are required to release health information to government agencies that are checking on quality of care.
  - O Because you are a member of our plan through Medicare, we are required to give Medicare your health information including information about your Part D prescription drugs. If Medicare releases your information for research or other uses, this will be done according to Federal statutes and regulations.

### You can see the information in your records and know how it has been shared with others

You have the right to look at your medical records held at the plan, and to get a copy of your records. We are allowed to charge you a fee for making copies. You also have the right to ask us to make additions or corrections to your medical records. If you ask us to do this, we will work with your healthcare provider to decide whether the changes should be made.

You have the right to know how your health information has been shared with others for any purposes that are not routine.

If you have questions or concerns about the privacy of your personal health information, please call Customer Care (phone numbers are printed on the back cover of this booklet).

### Section 1.4 We must give you information about the plan, its network of pharmacies, and your covered drugs

As a member of Navitus MedicareRx, you have the right to get several kinds of information from us. (As explained above in Section 1.1, you have the right to get information from us in a way that works for you. This includes getting the information in languages other than English and in large print or other alternate formats.)

If you want any of the following kinds of information, please call Customer Care (phone numbers are printed on the back cover of this booklet):

- **Information about our plan.** This includes, for example, information about your plan's financial condition, the number of appeals made by members and the plan's Star Ratings, including how it has been rated by plan members and how it compares to other Medicare prescription drug plans.
- Information about our network pharmacies.
  - o For example, you have the right to get information from us about the pharmacies in our network.
  - o For a list of the pharmacies in the plan's network, see the Pharmacy Directory.
  - For more detailed information about our pharmacies, you can call Customer Care (phone numbers are printed on the back cover of this booklet) or visit our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>. There is also a pharmacy search tool on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>.
- Information about your coverage and the rules you must follow when using your coverage.
  - O To get the details on your Part D prescription drug coverage, see Chapters 3 and 4 of this booklet plus the plan's List of Covered Drugs (Formulary). These chapters, together with the List of Covered Drugs (Formulary), tell you what drugs are covered and explain the rules you must follow and the restrictions to your coverage for certain drugs.
  - o If you have questions about the rules or restrictions, please call Customer Care (phone numbers are printed on the back cover of this booklet).
- Information about why something is not covered and what you can do about it.
  - o If a Part D drug is not covered for you, or if your coverage is restricted in some way, you can ask us for a written explanation. You have the right to this explanation even if you received the drug from an out-of-network pharmacy.
  - O If you are not happy or if you disagree with a decision we make about what Part D drug is covered for you, you have the right to ask us to change the decision. You can ask us to change the decision by making an appeal. For details on what to do if something is not covered for you in the way you think it should be covered, see Chapter 7 of this booklet. It gives you the details about how to make an appeal if you want us to change our decision. (Chapter 7 also tells about how to make a complaint about quality of care, waiting times, and other concerns.)
  - o If you want to ask our plan to pay our share of the cost for a Part D prescription drug, see Chapter 5 of this booklet.

#### Section 1.5 We must support your right to make decisions about your care

### You have the right to give instructions about what is to be done if you are not able to make medical decisions for yourself

Sometimes people become unable to make health care decisions for themselves due to accidents or serious illness. You have the right to say what you want to happen if you are in this situation. This means that, *if you want to*, you can:

- Fill out a written form to give **someone the legal authority to make medical decisions for you** if you ever become unable to make decisions for yourself.
- **Give your doctors written instructions** about how you want them to handle your medical care if you become unable to make decisions for yourself.

The legal documents that you can use to give your directions in advance in these situations are called "advance directives." There are different types of advance directives and different names for them. Documents called "living will" and "power of attorney for health care" are examples of advance directives.

If you want to use an "advance directive" to give your instructions, here is what to do:

- **Get the form.** If you want to have an advance directive, you can get a form from your lawyer, from a social worker, or from some office supply stores. You can sometimes get advance directive forms from organizations that give people information about Medicare.
- **Fill it out and sign it.** Regardless of where you get this form, keep in mind that it is a legal document. You should consider having a lawyer help you prepare it.
- Give copies to appropriate people. You should give a copy of the form to your doctor
  and to the person you name on the form as the one to make decisions for you if you can't.
  You may want to give copies to close friends or family members as well. Be sure to keep
  a copy at home.

If you know ahead of time that you are going to be hospitalized, and you have signed an advance directive, take a copy with you to the hospital.

- If you are admitted to the hospital, they will ask you whether you have signed an advance directive form and whether you have it with you.
- If you have not signed an advance directive form, the hospital has forms available and will ask if you want to sign one.

Remember, it is your choice whether you want to fill out an advance directive (including whether you want to sign one if you are in the hospital). According to law, no one can deny you care or discriminate against you based on whether or not you have signed an advance directive.

#### What if your instructions are not followed?

If you have signed an advance directive, and you believe that a doctor or hospital did not follow the instructions in it, you may file a complaint with the state agency. For contact information on the State Medical Assistance Office in your state, please refer to **Exhibit C** or call Customer Care (phone numbers are printed on the back cover of this booklet).

### Section 1.6 You have the right to make complaints and to ask us to reconsider decisions we have made

If you have any problems or concerns about your covered services or care, Chapter 7 of this booklet tells what you can do. It gives the details about how to deal with all types of problems and complaints. What you need to do to follow up on a problem or concern depends on the situation. You might need to ask our plan to make a coverage decision for you, make an appeal to us to change a coverage decision, or make a complaint. Whatever you do – ask for a coverage decision, make an appeal, or make a complaint – we are required to treat you fairly.

You have the right to get a summary of information about the appeals and complaints that other members have filed against our plan in the past. To get this information, please call Customer Care (phone numbers are printed on the back cover of this booklet).

### Section 1.7 What can you do if you believe you are being treated unfairly or your rights are not being respected?

#### If it is about discrimination, call the Office for Civil Rights

If you believe you have been treated unfairly or your rights have not been respected due to your race, disability, religion, sex, health, ethnicity, creed (beliefs), age, or national origin, you should call the Department of Health and Human Services' **Office for Civil Rights** at 1-800-368-1019 or TTY/TDD 1-800-537-7697, or call your local Office for Civil Rights.

#### Is it about something else?

If you believe you have been treated unfairly or your rights have not been respected, *and* it's *not* about discrimination, you can get help dealing with the problem you are having:

- You can call Customer Care (phone numbers are printed on the back cover of this booklet).
- You can call the State Health Insurance Assistance Program. For details about this organization and how to contact it, go to Chapter 2, Section 3.
- Or, you can call Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users should call 1-877-486-2048.

#### Section 1.8 How to get more information about your rights

There are several places where you can get more information about your rights:

- You can **call Customer Care** (phone numbers are printed on the back cover of this booklet).
- You can **call the State Health Insurance Assistance Program**. For details about this organization and how to contact it, go to Chapter 2, Section 3.
- You can contact **Medicare**.
  - You can visit the Medicare website to read or download the publication "Medicare Rights & Protections." (The publication is available at: www.medicare.gov/Pubs/pdf/11534-Medicare-Rights-and-Protections.pdf.)
  - o Or, you can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users should call 1-877-486-2048.

### SECTION 2 You have some responsibilities as a member of the plan

#### Section 2.1 What are your responsibilities?

Things you need to do as a member of the plan are listed below. If you have any questions, please call Customer Care (phone numbers are printed on the back cover of this booklet). We're here to help.

- Get familiar with your covered drugs and the rules you must follow to get these covered drugs. Use this Evidence of Coverage booklet to learn what is covered for you and the rules you need to follow to get your covered drugs.
  - Chapters 3 and 4 give the details about your coverage for Part D prescription drugs.
- If you have any other prescription drug coverage in addition to our plan, you are required to tell us. Please call Customer Care to let us know (phone numbers are printed on the back cover of this booklet).
  - o We are required to follow rules set by Medicare to make sure that you are using all of your coverage in combination when you get your covered drugs from our plan. This is called "**coordination of benefits**" because it involves coordinating the drug benefits you get from our plan with any other drug benefits available to you. We'll help you coordinate your benefits. (For more information about coordination of benefits, go to Chapter 1, Section 10.)
- Tell your doctor and pharmacist that you are enrolled in our plan. Show your plan membership card whenever you get your Part D prescription drugs.

- Help your doctors and other prescribers help you, by giving them information, asking questions, and following through on your care.
  - To help your doctors and other health providers give you the best care, learn as much as you are able to about your health problems and give them the information they need about you and your health. Follow the treatment plans and instructions that you and your doctors agree upon.
  - o Make sure your doctors know all of the drugs you are taking, including over-the-counter drugs, vitamins, and supplements.
  - o If you have any questions, be sure to ask. Your doctors and other health care providers are supposed to explain things in a way you can understand. If you ask a question and you don't understand the answer you are given, ask again.
- Pay what you owe. As a plan member, you are responsible for these payments:
  - o Your plan premiums must be paid to continue being a member of our plan.
  - o For most of your drugs covered by the plan, you must pay your share of the cost when you get the drug. This will be a copayment (a fixed amount) or coinsurance (a percentage of the total cost). Chapter 4 tells what you must pay for your Part D prescription drugs.
  - o If you get any drugs that are not covered by our plan or by other insurance you may have, you must pay the full cost.
    - If you disagree with our decision to deny coverage for a drug, you can make an appeal. Please see Chapter 7 of this booklet for information about how to make an appeal.
  - o If you are required to pay a late enrollment penalty, you must pay the penalty to remain a member of the plan.
  - o If you are required to pay the extra amount for Part D because of your yearly income, you must pay the extra amount directly to the government to remain a member of the plan.

**Tell us if you move.** If you are going to move, it's important to tell us right away. Please remember to also notify UC Retirement Administration Service Center (RASC) at (800) 888-8267 (in U.S.) or (510) 987-0200 (from outside the U.S.), so they will have your most up-to-date contact information on file. Representatives are available Monday through Friday, 8:30 a.m. to 4:30 p.m. (Pacific). We need to keep your membership record up to date and know how to contact you.

- o If you move *outside* of the United States or Puerto Rico, you cannot remain a member of our plan. (Chapter 1 tells about our service area.) We can help you figure out whether you are moving outside our service area.
- o **If you move** *within* **our service area, we still need to know** so we can keep your membership record up to date and know how to contact you.

#### Chapter 6. Your rights and responsibilities

- o If you move, it is also important to tell Social Security (or the Railroad Retirement Board). You can find phone numbers and contact information for these organizations in Chapter 2.
- Call Customer Care for help if you have questions or concerns. We also welcome any suggestions you may have for improving our plan.
  - o Phone numbers and calling hours for Customer Care are printed on the back cover of this booklet.
  - o For more information on how to reach us, including our mailing address, please see Chapter 2.

### **CHAPTER 7**

What to do if you have a problem or complaint (coverage decisions, appeals, complaints)

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#### **SECTION 1** Introduction

#### Section 1.1 What to do if you have a problem or concern

#### Please call us first

Your health and satisfaction are important to us. When you have a problem or concern, we hope you'll try an informal approach first. Please call Navitus MedicareRx Customer Care, our phone numbers are printed on the back cover of this booklet. We will work with you on a mutually satisfactory solution to your concern. We pledge to honor your rights, to take your problems and concerns seriously, and to treat you with respect.

This chapter explains two types of processes for handling problems and concerns:

- For some types of problems, you need to use the **process for coverage decisions and appeals**.
- For other types of problems, you need to use the **process for making complaints**.

Both of these processes have been approved by Medicare. To ensure fairness and prompt handling of your problems, each process has a set of rules, procedures, and deadlines that must be followed by us and by you.

Which one do you use? That depends on the type of problem you are having. The guide in Section 3 will help you identify the right process to use.

#### Section 1.2 What about the legal terms?

There are technical legal terms for some of the rules, procedures, and types of deadlines explained in this chapter. Many of these terms are unfamiliar to most people and can be hard to understand.

To keep things simple, this chapter explains the legal rules and procedures using simpler words in place of certain legal terms. For example, this chapter generally says "making a complaint" rather than "filing a grievance," "coverage decision" rather than "coverage determination" or "atrisk determination," and "Independent Review Organization" instead of "Independent Review Entity." It also uses abbreviations as little as possible.

However, it can be helpful – and sometimes quite important – for you to know the correct legal terms for the situation you are in. Knowing which terms to use will help you communicate more clearly and accurately when you are dealing with your problem and get the right help or information for your situation. To help you know which terms to use, we include legal terms when we give the details for handling specific types of situations.

# SECTION 2 You can get help from government organizations that are not connected with us Section 2.1 Where to get more information and personalized assistance

Sometimes it can be confusing to start or follow through the process for dealing with a problem. This can be especially true if you do not feel well or have limited energy. Other times, you may not have the knowledge you need to take the next step.

#### Get help from an independent government organization

We are always available to help you. But in some situations you may also want help or guidance from someone who is not connected with us. You can always contact your **State Health Insurance Assistance Program (SHIP)**. This government program has trained counselors in every state. The program is not connected with us or with any insurance company or health plan. The counselors at this program can help you understand which process you should use to handle a problem you are having. They can also answer your questions, give you more information, and offer guidance on what to do.

The services of SHIP counselors are free You will find contact information for the SHIP program in your state in **Exhibit A** (located in the back of this booklet).

#### You can also get help and information from Medicare

For more information and help in handling a problem, you can also contact Medicare. Here are two ways to get information directly from Medicare:

- You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users should call 1-877-486-2048.
- You can visit the Medicare website (www.medicare.gov).

SECTION 3	To deal with your problem, which process should you use?
Section 3.1	Should you use the process for coverage decisions and appeals? Or should you use the process for making complaints?

If you have a problem or concern, you only need to read the parts of this chapter that apply to your situation. The guide that follows will help.

To figure out which part of this chapter will help with your specific problem or concern, **START HERE** 

#### Is your problem or concern about your benefits or coverage?

(This includes problems about whether particular medical care or prescription drugs are covered or not, the way in which they are covered, and problems related to payment for medical care or prescription drugs.)

**Yes.** My problem is about benefits or coverage.

Go on to the next section of this chapter, Section 4, "A guide to the basics of coverage decisions and appeals."

**No.** My problem is <u>not</u> about benefits or coverage.

Skip ahead to **Section 7** at the end of this chapter: "**How to make a complaint about quality of care, waiting times, customer service or other concerns.**"

#### **COVERAGE DECISIONS AND APPEALS**

picture

SECTION 4	A guide to the basics of coverage decisions and appeals
Section 4.1	Asking for coverage decisions and making appeals: the big

The process for coverage decisions and appeals deals with problems related to your benefits and coverage for prescription drugs, including problems related to payment. This is the process you use for issues such as whether a drug is covered or not and the way in which the drug is covered.

#### Asking for coverage decisions

A coverage decision is a decision we make about your benefits and coverage or about the amount we will pay for your prescription drugs.

We are making a coverage decision for you whenever we decide what is covered for you and how much we pay. In some cases, we might decide a drug is not covered or is no longer covered by Medicare for you. If you disagree with this coverage decision, you can make an appeal.

#### Making an appeal

If we make a coverage decision and you are not satisfied with this decision, you can "appeal" the decision. An appeal is a formal way of asking us to review and change a coverage decision we have made.

When you appeal a decision for the first time, this is called a Level 1 Appeal. In this appeal, we review the coverage decision we made to check to see if we were following all of the rules properly. Your appeal is handled by different reviewers than those who made the original unfavorable decision. When we have completed the review, we give you our decision. Under certain circumstances, which we discuss later, you can request an expedited or "fast coverage decision" or fast appeal of a coverage decision. In limited circumstances a request for a coverage decision will be dismissed, which means we won't review the request. Examples of when a request will be dismissed include if the request is incomplete, if someone makes the request on your behalf but isn't legally authorized to do so or if you ask for your request to be withdrawn. If we dismiss a request for a coverage decision, we will send a notice explaining why the request was dismissed and how to ask for a review of the dismissal.

If we say no to all or part of your Level 1 Appeal, you can ask for a Level 2 Appeal. The Level 2 Appeal is conducted by an Independent Review Organization that is not connected to us. If you are not satisfied with the decision at the Level 2 Appeal, you may be able to continue through additional levels of appeal.

### Section 4.2 How to get help when you are asking for a coverage decision or making an appeal

Would you like some help? Here are resources you may wish to use if you decide to ask for any kind of coverage decision or appeal a decision:

- You can call us at Customer Care (phone numbers are printed on the back cover of this booklet).
- You can get free help from your State Health Insurance Assistance Program (SHIP) (see Section 2 of this chapter).
- Your doctor or other prescriber can make a request for you. For Part D prescription drugs, your doctor or other prescriber can request a coverage decision or a Level 1 or Level 2 Appeal on your behalf. To request any appeal after Level 2, your doctor or other prescriber must be appointed as your representative.
- You can ask someone to act on your behalf. If you want to, you can name another person to act for you as your "representative" to ask for a coverage decision or make an appeal.
  - There may be someone who is already legally authorized to act as your representative under State law.

- o If you want a friend, relative, your doctor or other prescriber, or other person to be your representative, call Customer Care (phone numbers are printed on the back cover of this booklet) and ask for the "Appointment of Representative" form. (The form is also available on Medicare's website at <a href="https://www.cms.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf">https://www.cms.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf</a> or on our Member Portal at <a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>.) The form gives that person permission to act on your behalf. It must be signed by you and by the person who you would like to act on your behalf. You must give us a copy of the signed form.
- You also have the right to hire a lawyer to act for you. You may contact your own lawyer, or get the name of a lawyer from your local bar association or other referral service. There are also groups that will give you free legal services if you qualify. However, you are not required to hire a lawyer to ask for any kind of coverage decision or appeal a decision.

### SECTION 5 Your Part D prescription drugs: How to ask for a coverage decision or make an appeal



Have you read Section 4 of this chapter (A guide to "the basics" of coverage decisions and appeals)? If not, you may want to read it before you start this section.

### Section 5.1 This section tells you what to do if you have problems getting a Part D drug or you want us to pay you back for a Part D drug

Your benefits as a member of our plan include coverage for many prescription drugs. Please refer to our plan's *List of Covered Drugs (Formulary)*. To be covered, the drug must be used for a medically accepted indication. (A "medically accepted indication" is a use of the drug that is either approved by the Food and Drug Administration or supported by certain reference books. See Chapter 3, Section 3 for more information about a medically accepted indication.)

- This section is about your Part D drugs only. To keep things simple, we generally say "drug" in the rest of this section, instead of repeating "covered outpatient prescription drug" or "Part D drug" every time.
- For details about what we mean by Part D drugs, the *List of Covered Drugs (Formulary)*, rules and restrictions on coverage, and cost information, see Chapter 3 (*Using our plan's coverage for your Part D prescription drugs*) and Chapter 4 (*What you pay for your Part D prescription drugs*).

#### Part D coverage decisions and appeals

As discussed in Section 4 of this chapter, a coverage decision is a decision we make about your benefits and coverage or about the amount we will pay for your drugs.

#### **Legal Terms**

An initial coverage decision about your Part D drugs is called a "coverage determination."

Here are examples of coverage decisions you ask us to make about your Part D drugs:

- You ask us to make an exception, including:
  - O Asking us to cover a Part D drug that is not on the plan's *List of Covered Drugs* (Formulary)
  - O Asking us to waive a restriction on the plan's coverage for a drug (such as limits on the amount of the drug you can get)
  - Asking to pay a lower cost-sharing amount for a covered drug on a higher costsharing tier
- You ask us whether a drug is covered for you and whether you satisfy any applicable coverage rules. (For example, when your drug is on the plan's *List of Covered Drugs* (*Formulary*) but we require you to get approval from us before we will cover it for you.)
  - o *Please note:* If your pharmacy tells you that your prescription cannot be filled as written, the pharmacy will give you a written notice explaining how to contact us to ask for a coverage decision.
- You ask us to pay for a prescription drug you already bought. This is a request for a coverage decision about payment.

If you disagree with a coverage decision we have made, you can appeal our decision.

This section tells you both how to ask for coverage decisions and how to request an appeal. Use the chart below to help you determine which part has information for your situation:

#### Which of these situations are you in?

If you are in this situation:	This is what you can do:
If you need a drug that is not on our Formulary or need us to waive a rule or restriction on a drug we cover.	You can ask us to make an exception. (This is a type of coverage decision.)  Start with <b>Section 5.2</b> of this chapter
If you want us to cover a drug on our Formulary and you believe you meet any plan rules or restrictions (such as getting approval in advance) for the drug you need.	You can ask us for a coverage decision.  Skip ahead to <b>Section 5.4</b> of this chapter.
If you want to ask us to pay you back for a drug you have already received and paid for.	You can ask us to pay you back. (This is a type of coverage decision.)  Skip ahead to <b>Section 5.4</b> of this chapter.
If we already told you that we will not cover or pay for a drug in the way that you want it to be covered or paid for.	You can make an appeal. (This means you are asking us to reconsider.)  Skip ahead to <b>Section 5.5</b> of this chapter.

### Section 5.2 What is an exception?

If a drug is not covered in the way you would like it to be covered, you can ask us to make an "exception." An exception is a type of coverage decision. Similar to other types of coverage decisions, if we turn down your request for an exception, you can appeal our decision.

When you ask for an exception, your doctor or other prescriber will need to explain the medical reasons why you need the exception approved. We will then consider your request. Here are three examples of exceptions that you or your doctor or other prescriber can ask us to make:

#### 1. Covering a Part D drug for you that is not on our *List of Covered Drugs (Formulary)*.

# Legal Terms Asking for coverage of a drug that is not on the Formulary is sometimes called asking for a "formulary exception."

• If we agree to make an exception and cover a drug that is not on the Formulary, you will need to pay the cost-sharing amount that applies to drugs in Tier 3. You cannot ask for an exception to the copayment or coinsurance amount we require you to pay for the drug.

**2.** Removing a restriction on our coverage for a covered drug. There are extra rules or restrictions that apply to certain drugs on our *List of Covered Drugs (Formulary)* (for more information, go to Chapter 3).

#### **Legal Terms**

Asking for removal of a restriction on coverage for a drug is sometimes called asking for a "formulary exception."

- The extra rules and restrictions on coverage for certain drugs include:
  - o Being required to use the generic version of a drug instead of the brand name drug.
  - o *Getting plan approval in advance* before we will agree to cover the drug for you. (This is sometimes called "prior authorization.")
  - o Being required to try a different drug first before we will agree to cover the drug you are asking for. (This is sometimes called "step therapy.")
  - o *Quantity limits*. For some drugs, there are restrictions on the amount of the drug you can have.
- If we agree to make an exception and waive a restriction for you, you can ask for an exception to the copayment or coinsurance amount we require you to pay for the drug.
- **3.** Changing coverage of a drug to a lower cost-sharing tier. Every drug on our Formulary is in one of four cost-sharing tiers. In general, the lower the cost-sharing tier number, the less you will pay as your share of the cost of the drug.

#### **Legal Terms**

Asking to pay a lower price for a covered non-preferred drug is sometimes called asking for a "tiering exception."

- If our Formulary contains alternative drug(s) for treating your medical condition that are in a lower cost-sharing tier than your drug, you can ask us to cover your drug at the cost-sharing amount that applies to the alternative drug(s). This would lower your share of the cost for the drug.
  - o If the drug you're taking is a biological product you can ask us to cover your drug at the cost-sharing amount that applies to the lowest tier that contains biological product alternatives for treating your condition.
  - o If the drug you're taking is a brand name drug you can ask us to cover your drug at the cost-sharing amount that applies to the lowest tier that contains brand name alternatives for treating your condition.

- o If the drug you're taking is a generic drug you can ask us to cover your drug at the cost-sharing amount that applies to the lowest tier that contains either brand or generic alternatives for treating your condition.
- You cannot ask us to change the cost-sharing tier for any drug in Tier 4 (Specialty products).
- If we approve your request for a tiering exception and there is more than one lower costsharing tier with alternative drugs you can't take, you will usually pay the lowest amount. Please contact Customer Care with any questions (phone numbers are printed on the back cover of this booklet).

#### Section 5.3 Important things to know about asking for exceptions

#### Your doctor must tell us the medical reasons

Your doctor or other prescriber must give us a statement that explains the medical reasons for requesting an exception. For a faster decision, include this medical information from your doctor or other prescriber when you ask for the exception.

Typically, our Formulary includes more than one drug for treating a particular condition. These different possibilities are called "alternative" drugs. If an alternative drug would be just as effective as the drug you are requesting and would not cause more side effects or other health problems, we will generally *not* approve your request for an exception. If you ask us for a tiering exception, we will generally *not* approve your request for an exception unless all the alternative drugs in the lower cost-sharing tier(s) won't work as well for you or are likely to cause an adverse reaction or other harm.

#### We can say yes or no to your request

- If we approve your request for an exception, our approval usually is valid until the end of the calendar year. This is true as long as your doctor continues to prescribe the drug for you and that drug continues to be safe and effective for treating your condition.
- If we say no to your request for an exception, you can ask for a review of our decision by making an appeal. Section 5.5 tells you how to make an appeal if we say no.

The next section tells you how to ask for a coverage decision, including an exception.

### Section 5.4 Step-by-step: How to ask for a coverage decision, including an exception

Step 1: You ask us to make a coverage decision about the drug(s) or payment you need. If your health requires a quick response, you must ask us to make a

"fast coverage decision." You cannot ask for a fast coverage decision if you are asking us to pay you back for a drug you already bought.

#### What to do

- Request the type of coverage decision you want. Start by calling, writing, or faxing us to make your request. You, your representative, or your doctor (or other prescriber) can do this. You can also access the coverage decision process through our Member Portal. For the details, go to Chapter 2, Section 1 and look for the section called *How to contact us when you are asking for a coverage decision about your Part D prescription drugs*. Or if you are asking us to pay you back for a drug, go to the section called *Where to send a request asking us to pay for our share of the cost of a drug you have received*.
- You or your doctor or someone else who is acting on your behalf can ask for a coverage decision. Section 4 of this chapter tells how you can give written permission to someone else to act as your representative. You can also have a lawyer act on your behalf.
- If you want to ask us to pay you back for a drug, start by reading Chapter 5 of this booklet: Asking us to pay our share of the costs for covered drugs. Chapter 5 describes the situations in which you may need to ask for reimbursement. It also tells how to send us the paperwork that asks us to pay you back for our share of the cost of a drug you have paid for.
- If you are requesting an exception, provide the "supporting statement." Your doctor or other prescriber must give us the medical reasons for the drug exception you are requesting. (We call this the "supporting statement.") Your doctor or other prescriber can fax or mail the statement to us. Or your doctor or other prescriber can tell us on the phone and follow up by faxing or mailing a written statement if necessary. See Sections 5.2 and 5.3 for more information about exception requests.
- We must accept any written request, including a request submitted on the CMS Model Coverage Determination Request Form, which is available on our Member Portal.
- For electronic submission, you can go to our website (<a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>) to sign into your Member Portal and complete the Request for Coverage Determination form. Note that if attachments need to be submitted, please fax or mail the form and supporting documentation.

If your health requires it, ask us to give you a "fast coverage decision"

#### **Legal Terms**

A "fast coverage decision" is called an "expedited coverage determination."

• When we give you our decision, we will use the "standard" deadlines unless we have agreed to use the "fast" deadlines. A standard coverage decision means we will give you

an answer within 72 hours after we receive your doctor's statement. A fast coverage decision means we will answer within 24 hours after we receive your doctor's statement.

#### • To get a fast coverage decision, you must meet two requirements:

- O You can get a fast coverage decision *only* if you are asking for a *drug you have not yet received*. (You cannot ask for a fast coverage decision if you are asking us to pay you back for a drug you have already bought.)
- You can get a fast coverage decision *only* if using the standard deadlines could *cause serious harm to your health or hurt your ability to function.*
- If your doctor or other prescriber tells us that your health requires a "fast coverage decision," we will automatically agree to give you a fast coverage decision.
- If you ask for a fast coverage decision on your own (without your doctor's or other prescriber's support), we will decide whether your health requires that we give you a fast coverage decision.
  - o If we decide that your medical condition does not meet the requirements for a fast coverage decision, we will send you a letter that says so (and we will use the standard deadlines instead).
  - o This letter will tell you that if your doctor or other prescriber asks for the fast coverage decision, we will automatically give a fast coverage decision.
  - The letter will also tell how you can file a complaint about our decision to give you a standard coverage decision instead of the fast coverage decision you requested. It tells how to file a "fast" complaint, which means you would get our answer to your complaint within 24 hours of receiving the complaint. (The process for making a complaint is different from the process for coverage decisions and appeals. For more information about the process for making complaints, see Section 7 of this chapter.)

#### **Step 2:** We consider your request and we give you our answer.

#### Deadlines for a "fast" coverage decision

- If we are using the fast deadlines, we must give you our answer within 24 hours.
  - o Generally, this means within 24 hours after we receive your request. If you are requesting an exception, we will give you our answer within 24 hours after we receive your doctor's statement supporting your request. We will give you our answer sooner if your health requires us to.
  - o If we do not meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an Independent Review Organization. Later in this section, we talk about this review organization and explain what happens at Appeal Level 2.

- If our answer is yes to part or all of what you requested, we must provide the coverage we have agreed to provide within 24 hours after we receive your request or doctor's statement supporting your request.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no. We will also tell you how you can appeal.

#### Deadlines for a "standard" coverage decision about a drug you have not yet received

- If we are using the standard deadlines, we must give you our answer within 72 hours.
  - O Generally, this means within 72 hours after we receive your request. If you are requesting an exception, we will give you our answer within 72 hours after we receive your doctor's statement supporting your request. We will give you our answer sooner if your health requires us to.
  - o If we do not meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an Independent Review Organization. Later in this section, we talk about this review organization and explain what happens at Appeal Level 2.
- If our answer is yes to part or all of what you requested
  - o If we approve your request for coverage, we must **provide the coverage** we have agreed to provide **within 72 hours** after we receive your request or doctor's statement supporting your request.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no. We will also tell you how you can appeal.

### Deadlines for a "standard" coverage decision about payment for a drug you have already bought

- We must give you our answer within 14 calendar days after we receive your request.
  - o If we do not meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an Independent Review Organization. Later in this section, we talk about this review organization and explain what happens at Appeal Level 2.
- If our answer is yes to part or all of what you requested, we are also required to make payment to you within 14 calendar days after we receive your request.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no. We will also tell you how you can appeal.

### <u>Step 3:</u> If we say no to your coverage request, you decide if you want to make an appeal.

• If we say no, you have the right to request an appeal. Requesting an appeal means asking us to reconsider – and possibly change – the decision we made.

### Section 5.5 Step-by-step: How to make a Level 1 Appeal (how to ask for a review of a coverage decision made by our plan)

#### **Legal Terms**

An appeal to the plan about a Part D drug coverage decision is called a plan "redetermination."

<u>Step 1:</u> You contact us and make your Level 1 Appeal. If your health requires a quick response, you must ask for a "fast appeal."

#### What to do

- To start your appeal, you (or your representative or your doctor or other prescriber) must contact us.
  - o For details on how to reach us by phone, fax, or mail, or on our Member Portal, for any purpose related to your appeal, go to Chapter 2, Section 1, and look for the section called *How to contact us when you are making an appeal about your Part D prescription drugs*.
- If you are asking for a standard appeal, make your appeal by submitting a written request. You may also ask for an appeal by calling us at the phone number shown in Chapter 2, Section 1 (How to contact us when you are making an appeal about your Part D prescription drugs).
- If you are asking for a fast appeal, you may make your appeal in writing or you may call us at the phone number shown in Chapter 2, Section 1 (How to contact us when you are making an appeal about your Part D prescription drugs).
- We must accept any written request, including a request submitted on the CMS Model Coverage Determination Request Form, which is available on our Member Portal.
- For electronic submission, you can go to our Member Portal (<a href="https://memberportal.navitus.com">https://memberportal.navitus.com</a>) to sign into your Member Portal and complete the Request for Redetermination of Medicare Prescription Drug Denial form. Note that if attachments need to be submitted, please fax or mail the form and supporting documentation.
- You must make your appeal request within 60 calendar days from the date on the written notice we sent to tell you our answer to your request for a coverage decision. If you miss this deadline and have a good reason for missing it, we may give you more time to make your appeal. Examples of good cause for missing the deadline may include if you had a serious illness that prevented you from contacting us or if we provided you with incorrect or incomplete information about the deadline for requesting an appeal.

- You can ask for a copy of the information in your appeal and add more information.
  - O You have the right to ask us for a copy of the information regarding your appeal.
  - o If you wish, you and your doctor or other prescriber may give us additional information to support your appeal.

#### If your health requires it, ask for a "fast appeal"

#### **Legal Terms**

A "fast appeal" is also called an "expedited redetermination."

- If you are appealing a decision we made about a drug you have not yet received, you and your doctor or other prescriber will need to decide if you need a "fast appeal."
- The requirements for getting a "fast appeal" are the same as those for getting a "fast coverage decision" in Section 5.4 of this chapter.

#### **Step 2:** We consider your appeal and we give you our answer.

• When we are reviewing your appeal, we take another careful look at all of the information about your coverage request. We check to see if we were following all the rules when we said no to your request. We may contact you or your doctor or other prescriber to get more information.

#### Deadlines for a "fast appeal"

- If we are using the fast deadlines, we must give you our answer within 72 hours after we receive your appeal. We will give you our answer sooner if your health requires it.
  - o If we do not give you an answer within 72 hours, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an Independent Review Organization. (Later in this section, we talk about this review organization and explain what happens at Level 2 of the appeals process.)
- If our answer is yes to part or all of what you requested, we must provide the coverage we have agreed to provide within 72 hours after we receive your appeal.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no and how you can appeal our decision.

#### Deadlines for a "standard" appeal

• If we are using the standard deadlines, we must give you our answer within 7 calendar days after we receive your appeal for a drug you have not received yet. We will give you our decision sooner if you have not received the drug yet and your health condition requires us to do so. If you believe your health requires it, you should ask for "fast" appeal.

- o If we do not give you a decision within 7 calendar days, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an Independent Review Organization. Later in this section, we talk about this review organization and explain what happens at Level 2 of the appeals process.
- If our answer is yes to part or all of what you requested
  - o If we approve a request for coverage, we must **provide the coverage** we have agreed to provide as quickly as your health requires, but **no later than 7 calendar days** after we receive your appeal.
  - o If we approve a request to pay you back for a drug you already bought, we are required to **send payment to you within 30 calendar days** after we receive your appeal request.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no and how you can appeal our decision.
- If you are requesting that we pay you back for a drug you have already bought, we must give you our answer within 14 calendar days after we receive your request.
  - o If we do not give you a decision within 14 calendar days, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an Independent Review Organization. Later in this section, we talk about this review organization and explain what happens at Appeal Level 2.
- If our answer is yes to part or all of what you requested, we are also required to make payment to you within 30 calendar days after we receive your request.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no. We will also tell you how you can appeal our decision.

### <u>Step 3:</u> If we say no to your appeal, you decide if you want to continue with the appeals process and make *another* appeal.

- If we say no to your appeal, you then choose whether to accept this decision or continue by making another appeal.
- If you decide to make another appeal, it means your appeal is going on to Level 2 of the appeals process (see below).

#### Section 5.6 Step-by-step: How to make a Level 2 Appeal

If we say no to your appeal, you then choose whether to accept this decision or continue by making another appeal. If you decide to go on to a Level 2 Appeal, the **Independent Review Organization** reviews the decision we made when we said no to your first appeal. This organization decides whether the decision we made should be changed.

#### **Legal Terms**

The formal name for the "Independent Review Organization" is the "Independent Review Entity." It is sometimes called the "IRE."

## <u>Step 1:</u> To make a Level 2 Appeal, you (or your representative or your doctor or other prescriber) must contact the Independent Review Organization and ask for a review of your case.

- If we say no to your Level 1 Appeal, the written notice we send you will include instructions on how to make a Level 2 Appeal with the Independent Review Organization. These instructions will tell who can make this Level 2 Appeal, what deadlines you must follow, and how to reach the review organization.
- When you make an appeal to the Independent Review Organization, we will send the information we have about your appeal to this organization. This information is called your "case file." You have the right to ask us for a copy of your case file.
- You have a right to give the Independent Review Organization additional information to support your appeal.

### <u>Step 2:</u> The Independent Review Organization does a review of your appeal and gives you an answer.

- The Independent Review Organization is an independent organization that is hired by Medicare. This organization is not connected with us and it is not a government agency. This organization is a company chosen by Medicare to review our decisions about your Part D benefits with us.
- Reviewers at the Independent Review Organization will take a careful look at all of the information related to your appeal. The organization will tell you its decision in writing and explain the reasons for it.

#### Deadlines for "fast appeal" at Level 2

- If your health requires it, ask the Independent Review Organization for a "fast appeal."
- If the review organization agrees to give you a "fast appeal," the review organization must give you an answer to your Level 2 Appeal within 72 hours after it receives your appeal request.

• If the Independent Review Organization says yes to part or all of what you requested, we must provide the drug coverage that was approved by the review organization within 24 hours after we receive the decision from the review organization.

#### Deadlines for "standard appeal" at Level 2

- If you have a standard appeal at Level 2, the review organization must give you an answer to your Level 2 Appeal within 7 calendar days after it receives your appeal if it is for a drug you have not received yet. If you are requesting that we pay you back for a drug you have already bought, the review organization must give you an answer to your level 2 appeal within 14 calendar days after it receives your request.
- If the Independent Review Organization says yes to part or all of what you requested
- If the Independent Review Organization approves a request for coverage, we must **provide the drug coverage** that was approved by the review organization **within 72 hours** after we receive the decision from the review organization.
- If the Independent Review Organization approves a request to pay you back for a drug you already bought, we are required to **send payment to you within 30 calendar days** after we receive the decision from the review organization.

#### What if the review organization says no to your appeal?

If this organization says no to your appeal, it means the organization agrees with our decision not to approve your request. (This is called "upholding the decision." It is also called "turning down your appeal.")

If the Independent Review Organization "upholds the decision" you have the right to a Level 3 Appeal. However, to make another appeal at Level 3, the dollar value of the drug coverage you are requesting must meet a minimum amount. If the dollar value of the drug coverage you are requesting is too low, you cannot make another appeal and the decision at Level 2 is final. The notice you get from the Independent Review Organization will tell you the dollar value that must be in dispute to continue with the appeals process.

### <u>Step 3:</u> If the dollar value of the coverage you are requesting meets the requirement, you choose whether you want to take your appeal further.

- There are three additional levels in the appeals process after Level 2 (for a total of five levels of appeal).
- If your Level 2 Appeal is turned down and you meet the requirements to continue with the appeals process, you must decide whether you want to go on to Level 3 and make a third appeal. If you decide to make a third appeal, the details on how to do this are in the written notice you got after your second appeal.
- The Level 3 Appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 6 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

### SECTION 6 Taking your appeal to Level 3 and beyond

#### Section 6.1 Appeal Levels 3, 4 and 5 for Part D Drug Requests

This section may be appropriate for you if you have made a Level 1 Appeal and a Level 2 Appeal, and both of your appeals have been turned down.

If the value of the drug you have appealed meets a certain dollar amount, you may be able to go on to additional levels of appeal. If the dollar amount is less, you cannot appeal any further. The written response you receive to your Level 2 Appeal will explain who to contact and what to do to ask for a Level 3 Appeal.

For most situations that involve appeals, the last three levels of appeal work in much the same way. Here is who handles the review of your appeal at each of these levels.

# Level 3 Appeal A judge (called an Administrative Law Judge) or an attorney adjudicator who works for the Federal government will review your appeal and give you an answer.

- If the answer is yes, the appeals process is over. What you asked for in the appeal has been approved. We must authorize or provide the drug coverage that was approved by the Administrative Law Judge or attorney adjudicator within 72 hours (24 hours for expedited appeals) or make payment no later than 30 calendar days after we receive the decision.
- If the Administrative Law Judge or attorney adjudicator says no to your appeal, the appeals process *may* or *may not* be over.
  - o If you decide to accept this decision that turns down your appeal, the appeals process is over.
  - o If you do not want to accept the decision, you can continue to the next level of the review process. If the Administrative Law Judge or attorney adjudicator says no to your appeal, the notice you get will tell you what to do next if you choose to continue with your appeal.

### **Level 4 Appeal** The Medicare **Appeals Council** (Council) will review your appeal and give you an answer. The Council is part of the Federal government.

• If the answer is yes, the appeals process is over. What you asked for in the appeal has been approved. We must authorize or provide the drug coverage that was approved by the Council within 72 hours (24 hours for expedited appeals) or make payment no later than 30 calendar days after we receive the decision.

- If the answer is no, the appeals process may or may not be over.
  - o If you decide to accept this decision that turns down your appeal, the appeals process is over.
  - o If you do not want to accept the decision, you might be able to continue to the next level of the review process. If the Council says no to your appeal or denies your request to review the appeal, the notice you get will tell you whether the rules allow you to go on to a Level 5 Appeal. If the rules allow you to go on, the written notice will also tell you who to contact and what to do next if you choose to continue with your appeal.

#### **Level 5 Appeal** A judge at the **Federal District Court** will review your appeal.

• This is the last step of the appeals process.

#### **MAKING COMPLAINTS**

### SECTION 7 How to make a complaint about quality of care, waiting times, customer service, or other concerns



If your problem is about decisions related to benefits, coverage, or payment, then this section is *not for you*. Instead, you need to use the process for coverage decisions and appeals. Go to Section 4 of this chapter.

### Section 7.1 What kinds of problems are handled by the complaint process?

This section explains how to use the process for making complaints. The complaint process is used for certain types of problems *only*. This includes problems related to quality of care, waiting times, and the customer service you receive. Here are examples of the kinds of problems handled by the complaint process.

#### If you have any of these kinds of problems, you can "make a complaint"

Complaint	Example	
Quality of your medical care	• Are you unhappy with the quality of the care you have received?	
Respecting your privacy	• Do you believe that someone did not respect your right to privacy or shared information about you that you feel should be confidential?	

# 2022 Evidence of Coverage for Navitus MedicareRx (PDP) Chapter 7. What to do if you have a problem or complaint (coverage decisions, appeals, complaints)

Complaint	Example	
Disrespect, poor customer service, or other negative behaviors	<ul> <li>Has someone been rude or disrespectful to you?</li> <li>Are you unhappy with how our Customer Care has treated you?</li> <li>Do you feel you are being encouraged to leave the plan?</li> </ul>	
Waiting times	<ul> <li>Have you been kept waiting too long by pharmacists? Or by our Customer Care or other staff at the plan?</li> <li>Examples include waiting too long on the phone or when getting a prescription.</li> </ul>	
Cleanliness	• Are you unhappy with the cleanliness or condition of a pharmacy?	
Information you get from us	<ul> <li>Do you believe we have not given you a notice that we are required to give?</li> <li>Do you think written information we have given you is hard to understand?</li> </ul>	
Timeliness (These types of complaints are all related to the timeliness of our actions related to coverage decisions and appeals)	<ul> <li>Do you think written information we have given you is hard to</li> </ul>	

### Section 7.2 The formal name for "making a complaint" is "filing a grievance"

#### **Legal Terms**

- What this section calls a "complaint" is also called a "grievance."
- Another term for "making a complaint" is "filing a grievance."

Another way to say "using the process for complaints" is "using the process for filing a grievance."

#### Section 7.3 Step-by-step: Making a complaint

#### Step 1: Contact us promptly - either by phone or in writing.

- Usually, calling Customer Care is the first step. If there is anything else you need to do, Customer Care will let you know. Please contact our Customer Care number at 1-866-270-3877. TTY users should call 711. Navitus MedicareRx Customer Care are available 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
- If you do not wish to call (or you called and were not satisfied), you can put your complaint in writing and send it to us. If you put your complaint in writing, we will respond to your complaint in writing.
- When a complaint is received in any department of Navitus Health Solutions, it is immediately forwarded to the Navitus MedicareRx Grievance and Appeals Department. All information related to the complaint is collected. You will be advised of the decision no later than 30 calendar days after the date the oral or written complaint is received. Navitus MedicareRx may extend the 30-calendar day timeframe by up to an additional 14 calendar days. Extensions may be given if you request the extension, or if the Grievance and Appeals Department justifies a need for more information. We must inform you of the status of the grievance within 30 days of receipt of the complaint.
  - You may file for a faster response time when sending an expedited complaint. This request may be filed either verbally or in writing. The same procedures apply for documentation as with standard complaints. However, the Grievance and Appeals Department must notify the member of the decision within 24 hours of receipt of the complaint. The decision is usually presented verbally to the member. Navitus MedicareRx then sends written notice of the decision within three (3) calendar days of the oral notification.
- Whether you call or write, you should contact Customer Care right away (phone numbers are printed on the back cover of this booklet). The complaint must be made within 60 calendar days after you had the problem you want to complain about.

• If you are making a complaint because we denied your request for a "fast coverage decision" or a "fast appeal," we will automatically give you a "fast" complaint. If you have a "fast" complaint, it means we will give you an answer within 24 hours.

#### **Legal Terms**

What this section calls a "fast complaint" is also called an "expedited grievance."

#### Step 2: We look into your complaint and give you our answer.

- If possible, we will answer you right away. If you call us with a complaint, we may be able to give you an answer on the same phone call. If your health condition requires us to answer quickly, we will do that.
- Most complaints are answered within 30 calendar days. If we need more information and the delay is in your best interest or if you ask for more time, we can take up to 14 more calendar days (44 calendar days total) to answer your complaint. If we decide to take extra days, we will tell you in writing.
- If we do not agree with some or all of your complaint or don't take responsibility for the problem you are complaining about, we will let you know. Our response will include our reasons for this answer. We must respond whether we agree with the complaint or not.

### Section 7.4 You can also make complaints about quality of care to the Quality Improvement Organization

You can make your complaint about the quality of care you received by using the step-by-step process outlined above.

When your complaint is about *quality of care*, you also have two extra options:

- You can make your complaint to the Quality Improvement Organization. If you prefer, you can make your complaint about the quality of care you received directly to this organization (*without* making the complaint to us).
  - The Quality Improvement Organization is a group of practicing doctors and other health care experts paid by the Federal government to check and improve the care given to Medicare patients.
  - O You will find the name, address, and phone number of the Quality Improvement Organization for your state in **Exhibit B** (located in the back of this booklet). If you make a complaint to this organization, we will work with them to resolve your complaint.
- Or you can make your complaint to both at the same time. If you wish, you can make your complaint about quality of care to us and also to the Quality Improvement Organization.

#### Section 7.5 You can also tell Medicare about your complaint

You can submit a complaint about Navitus MedicareRx directly to Medicare. To submit a complaint to Medicare, go to <a href="www.medicare.gov/MedicareComplaintForm/home.aspx">www.medicare.gov/MedicareComplaintForm/home.aspx</a>. Medicare takes your complaints seriously and will use this information to help improve the quality of the Medicare program.

If you have any other feedback or concerns, or if you feel the plan is not addressing your issue, please call 1-800-MEDICARE (1-800-633-4227). TTY/TDD users can call 1-877-486-2048.

### **CHAPTER 8**

Ending your membership in the plan

### Chapter 8. Ending your membership in the plan

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#### **SECTION 1** Introduction

#### Section 1.1 This chapter focuses on ending your membership in our plan

Ending your membership in Navitus MedicareRx may be **voluntary** (your own choice) or **involuntary** (not your own choice):

- You might leave our plan because you have decided that you want to leave.
  - o There are only certain times during the year, or certain situations, when you may voluntarily end your membership in the plan. Section 2 tells you *when* you can end your membership in the plan.
  - o The process for voluntarily ending your membership varies depending on what type of new coverage you are choosing. Section 3 tells you *how* to end your membership in each situation.
- There are also limited situations where you do not choose to leave, but we are required to end your membership. Section 5 tells you about situations when we must end your membership.

If you are leaving our plan, you must continue to get your Part D prescription drugs through our plan until your membership ends.

### **SECTION 2** When can you end your membership in our plan?

You may end your membership in our plan anytime during the year. Ending your group sponsored Medicare Part D plan may impact your eligibility for other coverage sponsored by your group. You may not be able to re-enroll in your plan in the future. If you end your group Medicare Part D coverage, your Navitus MedicareRx coverage will end on the same date. Before ending your group sponsored Medicare Part D coverage, please contact your group sponsor.

Note: If you disenroll from Medicare prescription drug coverage and go without creditable prescription drug coverage for 63 days or more in a row, you may need to pay a late penalty if you join a Medicare drug plan later. "Creditable" coverage means the coverage is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage. See Chapter 1, Section 5 for more information about the late enrollment penalty.

### Section 2.1 You can end your membership during the Annual Enrollment Period

You can end your membership and enroll in a different plan during the **Annual Enrollment Period** (also known as the "Annual Open Enrollment Period"). This is the time when you should review your health and drug coverage and make a decision about your coverage for the upcoming year.

- When is the Medicare Annual Enrollment Period? This happens for Medicare from October 15 to December 7. The University of California's Open Enrollment Period is from October 28 through November 18, 2021.
- What type of plan can you switch to during the Medicare Annual Enrollment Period? You can choose to keep your current coverage or make changes to your coverage for the upcoming year. If you decide to change to a new plan, you can choose any of the following types of plans:
  - o Another Medicare prescription drug plan.
  - o Original Medicare *without* a separate Medicare prescription drug plan.
    - If you receive "Extra Help" from Medicare to pay for your prescription drugs: If you do not enroll in a separate Medicare prescription drug plan, Medicare may enroll you in a drug plan, unless you have opted out of automatic enrollment.
  - o or A Medicare health plan. A Medicare health plan is a plan offered by a private company that contracts with Medicare to provide all of the Medicare Part A (Hospital) and Part B (Medical) benefits. Some Medicare health plans also include Part D prescription drug coverage.
    - **Note:** Ending your group sponsored Medicare Part D plan may impact your eligibility for other coverage sponsored by your group, or mean that you will not be able to re-enroll in your plan in the future. Before ending your group sponsored Medicare Part D coverage, please contact your group sponsor. If you end your group Medicare Part D coverage, your Navitus MedicareRx coverage will end on the same date.
      - If you enroll in most Medicare health plans, you will be disenrolled from Navitus MedicareRx when your new plan's coverage begins. However, if you choose a Private Fee-for-Service plan without Part D drug coverage, a Medicare Medical Savings Account plan, or a Medicare Cost Plan, you can enroll in that new plan, however enrollment in the new plan will not end your membership in our plan. Your group benefits administrator can best explain your options, the implications of leaving this plan (such as if there would be loss of medical or dental benefits) and the process to follow to disenroll. If you do not want to keep our plan, you can choose to enroll in another Medicare prescription drug plan or drop Medicare prescription drug coverage.

**Note:** If you disenroll from Medicare prescription drug coverage and go without creditable prescription drug coverage for 63 or more days in a row, you may have to pay a late enrollment penalty if you join a Medicare drug plan later. ("Creditable" coverage means the coverage is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage.) See Chapter 1, Section 5 for more information about the late enrollment penalty.

• When will your membership end? Your membership will end when your new plan's coverage begins on January 1.

#### Chapter 8. Ending your membership in the plan

### Section 2.2 In certain situations, you can end your membership during a Special Enrollment Period

In certain situations, members of Navitus MedicareRx may be eligible to end their membership at other times of the year. This is known as a **Special Enrollment Period**.

- Who is eligible for a Special Enrollment Period? If any of the following situations apply to you, you may be eligible to end your membership during a Special Enrollment Period. These are just examples, for the full list you can contact the plan, call Medicare, or visit the Medicare website (<a href="www.medicare.gov">www.medicare.gov</a>):
  - o If you have moved out of your plan's service area.
  - o If you have Medicaid.
  - o If you are eligible for "Extra Help" with paying for your Medicare prescriptions.
  - o If we violate our contract with you.
  - o If you are getting care in an institution, such as a nursing home or long-term care (LTC) hospital.
  - o If you enroll in the Program of All-inclusive Care for the Elderly (PACE). PACE is not available in all states. If you would like to know if PACE is available in your state, please contact Customer Care (phone numbers are printed on the back cover of this booklet).
  - o **Note**: If you are in a drug management program, you may not be able to change plans. Chapter 3, Section 10 tells you more about drug management programs.
- When are Special Enrollment Periods? The enrollment periods vary depending on your situation.
- What can you do? To find out if you are eligible for a Special Enrollment Period, please call Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users call 1-877-486-2048. If you are eligible to end your membership because of a special situation, you can choose to change both your Medicare health coverage and prescription drug coverage. This means you can choose any of the following types of plans:
  - Another Medicare prescription drug plan.
  - o Original Medicare *without* a separate Medicare prescription drug plan.
    - If you receive "Extra Help" from Medicare to pay for your prescription drugs: If you switch to Original Medicare and do not enroll in a separate Medicare prescription drug plan, Medicare may enroll you in a drug plan, unless you have opted out of automatic enrollment.
  - or A Medicare health plan. A Medicare health plan is a plan offered by a private company that contracts with Medicare to provide all of the Medicare Part A (Hospital) and Part B (Medical) benefits. Some Medicare health plans also include Part D prescription drug coverage.

#### Chapter 8. Ending your membership in the plan

**Note:** Ending your group sponsored Medicare Part D plan may impact your eligibility for other coverage sponsored by your group, or mean that you will not be able to re-enroll in your plan in the future. Before ending your group sponsored Medicare Part D coverage, please contact your group sponsor. If you end your group Medicare Part D coverage, your Navitus MedicareRx coverage will end on the same date.

If you enroll in most Medicare health plans, you will automatically be disenrolled from Navitus MedicareRx when your new plan's coverage begins. However, if you choose a Private Fee-for-Service plan without Part D drug coverage, a Medicare Medical Savings Account plan, or a Medicare Cost Plan, you can enroll in that new plan, however enrollment in the new plan will not end your membership in our plan. Contact your group benefits administrator for information about disenrolling from this plan. Your group benefits administrator can best explain your options, the implications of leaving this plan (such as if there would be loss of medical or dental benefits) and the process to follow to disenroll. If you do not want to keep our plan, you can choose to enroll in another Medicare prescription drug plan or to drop Medicare prescription drug coverage.

**Note:** If you disenroll from Medicare prescription drug coverage and go without creditable prescription drug coverage for a continuous period of 63 days or more, you may have to pay a Part D late enrollment penalty if you join a Medicare drug plan later. ("Creditable" coverage means the coverage is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage.) See Chapter 1, Section 5 for more information about the late enrollment penalty.

• When will your membership end? Your membership will usually end on the first day of the month after we receive your request to change your plan.

### Section 2.3 Where can you get more information about when you can end your membership?

If you have any questions or would like more information on when you can end your membership:

- You can **call Customer Care** (phone numbers are printed on the back cover of this booklet).
- You can find the information in the *Medicare & You 2022* handbook.
  - Everyone with Medicare receives a copy of the Medicare & You 2022 handbook each fall. Those new to Medicare receive it within a month after first signing up.
  - Or, you can order a printed copy by calling Medicare at the number below.
- You can contact **Medicare** at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users should call 1-877-486-2048.

# SECTION 3 How do you end your membership in our plan? Section 3.1 Usually, you end your membership by enrolling in another plan

If you are considering ending your Part D membership with Navitus MedicareRx, please first contact RASC at (800) 888-8267 (in U.S.) or (510) 987-0200 (from outside the U.S.), to talk about how this may affect your UC Medicare Supplement PPO plan coverage.

Usually, to end your membership in our plan, you simply enroll in another Medicare plan during one of the enrollment periods (see Section 2 in this chapter for information about the enrollment periods). However, there are two situations in which you will need to end your membership in a different way:

- If you want to switch from our plan to Original Medicare *without* a Medicare prescription drug plan, you must ask to be disenrolled from our plan.
- If you join a Private Fee-for-Service plan without prescription drug coverage, a Medicare Medical Savings Account Plan, or a Medicare Cost Plan, you can enroll in that new plan, however your enrollment in that new plan will not end your membership in our plan. Contact your group benefits administrator for information about disenrolling from this plan. Your group benefits administrator can best explain your options, the implications of leaving this plan (such as loss of medical or dental benefits) and the process to follow to disenroll. If you do not want to keep our plan, you can choose to enroll in another Medicare prescription drug plan or ask to be disenrolled from our plan.

If you are in one of these two situations and want to leave our plan, there are two ways you can ask to be disenrolled:

- You can make a request in writing to us. Contact Customer Care if you need more
  information on how to do this (phone numbers are printed on the back cover of this
  booklet).
- --or--You can contact Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users should call 1-877-486-2048.

Ending your group sponsored Medicare Part D plan may impact your eligibility for other coverage sponsored by your group, or mean that you will not be able to re-enroll in your plan in the future. Before ending your group sponsored Medicare Part D coverage, please contact your group sponsor. If you end your group Medicare Part D coverage, your Navitus MedicareRx coverage will end on the same date.

**Note:** If you disenroll from Medicare prescription drug coverage and go without creditable prescription drug coverage for 63 days or more in a row, you may have to pay a Part D late enrollment penalty if you join a Medicare drug plan later. ("Creditable" coverage means the

coverage is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage.) See Chapter 1, Section 5 for more information about the late enrollment penalty.

The table below explains how you should end your membership in our plan.

If you would like to switch from our plan to:	This is what you should do:
Another Medicare prescription drug plan.	<ul> <li>Enroll in the new Medicare prescription drug plan between October 15 and December 7.</li> <li>You will automatically be disenrolled from Navitus</li> </ul>
	MedicareRx when your new plan's coverage begins.
A Medicare health plan.	• Enroll in the Medicare health plan by December 7. With most Medicare health plans, you will automatically be disenrolled from Navitus MedicareRx when your new plan's coverage begins. However, if you choose a Private Fee-For-Service plan without Part D drug coverage, a Medicare Medical Savings Account plan, or a Medicare Cost Plan, you can enroll in that new plan, however enrollment in the new plan will not end your membership in our plan. Contact your group benefits administrator for information about dis-enrolling from this plan. Your group benefits administrator can best explain your options, the implications of leaving this plan (such as if there would be loss of medical or dental benefits) and the process to follow to disenroll. If you want to leave our plan, you must either enroll in another Medicare prescription drug plan or ask to be disenrolled. To ask to be disenrolled, you must send us a written request (contact Customer Care (phone numbers are printed on the back cover of this booklet) if you need more information on how to do this) or contact Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week (TTY/TDD users should call 1-877-486-2048).

#### Chapter 8. Ending your membership in the plan

### If you would like to switch from our plan to:

 Original Medicare without a separate Medicare prescription drug plan.

Note: If you disenroll from a Medicare prescription drug plan and go without creditable prescription drug coverage for 63 days or more in a row, you may have to pay a late enrollment penalty if you join a Medicare drug plan later. See Chapter 1, Section 5 for more information about the late enrollment penalty.

#### This is what you should do:

- Send us a written request to disenroll. Contact Customer Care if you need more information on how to do this (phone numbers are printed on the back cover of this booklet).
- You can also contact **Medicare** at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY/TDD users should call 1-877-486-2048.
- -or Contact your group benefits administrator.

### SECTION 4 Until your membership ends, you must keep getting your drugs through our plan

### Section 4.1 Until your membership ends, you are still a member of our plan

If you leave Navitus MedicareRx, it may take time before your membership ends and your new Medicare coverage goes into effect. (See Section 2 for information on when your new coverage begins.) During this time, you must continue to get your prescription drugs through our plan.

 You should continue to use our network pharmacies to get your prescriptions filled until your membership in our plan ends. Usually, your prescription drugs are only covered if they are filled at a network pharmacy including through our mail-order pharmacy services.

### SECTION 5 Navitus MedicareRx must end your membership in the plan in certain situations

### Section 5.1 When must we end your membership in the plan?

Navitus MedicareRx must end your membership in the plan if any of the following happen:

- If you no longer have Medicare Part A and Medicare Part B.
- If you move out of our service area.

- If you are away from our service area for more than 12 months.
  - o If you move or take a long trip, you need to call Customer Care to find out if the place you are moving or traveling to is in our plan's area. (Phone numbers for Customer Care are printed on the back cover of this booklet.)
- If you become incarcerated (go to prison).
- If you are not a United States citizen or lawfully present in the United States.
- If you lie about or withhold information about other insurance you have that provides prescription drug coverage.
- If you intentionally give us incorrect information when you are enrolling in our plan and that information affects your eligibility for our plan. (We cannot make you leave our plan for this reason unless we get permission from Medicare first.)
- If you continuously behave in a way that is disruptive and makes it difficult for us to provide care for you and other members of our plan. (We cannot make you leave our plan for this reason unless we get permission from Medicare first.)
- If you let someone else use your membership card to get prescription drugs. (We cannot make you leave our plan for this reason unless we get permission from Medicare first.)
  - o If we end your membership because of this reason, Medicare may have your case investigated by the Inspector General.
- If plan premiums are not paid.
  - o We must notify you in writing that you have 3 months to pay the plan premium before we end your membership.
- If you are required to pay the extra Part D amount because of your income and you do not pay it, Medicare will disenroll you from our plan and you will lose prescription drug coverage.

#### Where can you get more information?

If you have questions or would like more information on when we can end your membership:

• You can call **Customer Care** for more information (phone numbers are printed on the back cover of this booklet).

### Section 5.2 We <u>cannot</u> ask you to leave our plan for any reason related to your health

Navitus MedicareRx is not allowed to ask you to leave our plan for any reason related to your health.

#### What should you do if this happens?

If you feel that you are being asked to leave our plan because of a health-related reason, you should call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY/TDD users should call 1-877-486-2048. You may call 24 hours a day, 7 days a week.

### Section 5.3 You have the right to make a complaint if we end your membership in our plan

If we end your membership in our plan, we must tell you our reasons in writing for ending your membership. We must also explain how you file a grievance or can make a complaint about our decision to end your membership. You can also look in Chapter 7, Section 7 for information about how to make a complaint.

### **CHAPTER 9**

Legal notices

### Chapter 9. Legal notices

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### **SECTION 1** Notice about governing law

Many laws apply to this *Evidence of Coverage* and some additional provisions may apply because they are required by law. This may affect your rights and responsibilities even if the laws are not included or explained in this document. The principal law that applies to this document is Title XVIII of the Social Security Act and the regulations created under the Social Security Act by the Centers for Medicare & Medicaid Services, or CMS. In addition, other Federal laws may apply and, under certain circumstances, the laws of the state you live in.

#### SECTION 2 Notice about non-discrimination

Our plan must obey laws that protect you from discrimination or unfair treatment. **We don't discriminate** based on race, ethnicity, national origin, color, religion, sex, gender, age, mental or physical disability, health status, claims experience, medical history, genetic information, evidence of insurability, or geographic location within the service area. All organizations that provide Medicare prescription drug plans, like our plan, must obey Federal laws against discrimination, including Title VI of the Civil Rights Act of 1964, the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, the Americans with Disabilities Act, Section 1557 of the Affordable Care Act, all other laws that apply to organizations that get Federal funding, and any other laws and rules that apply for any other reason.

If you want more information or have concerns about discrimination or unfair treatment, please call the Department of Health and Human Services' **Office for Civil Rights** at 1-800-368-1019 (TTY/TDD 1-800-537-7697) or your local Office for Civil Rights.

If you have a disability and need help with access to care, please call us at Customer Care (phone numbers are printed on the back cover of this booklet). If you have a complaint, such as a problem with wheelchair access, Customer Care can help.

### SECTION 3 Notice about Medicare Secondary Payer subrogation rights

We have the right and responsibility to collect for covered Medicare prescription drugs for which Medicare is not the primary payer. According to CMS regulations at 42 CFR sections 422.108 and 423.462, Navitus MedicareRx (PDP), as a Medicare prescription drug plan sponsor, will exercise the same rights of recovery that the Secretary exercises under CMS regulations in subparts B through D of part 411 of 42 CFR and the rules established in this section supersede any State laws.

### CHAPTER 10

Definitions of important words

### **Chapter 10. Definitions of important words**

**Appeal** – An appeal is something you do if you disagree with our decision to deny a request for coverage of prescription drugs or payment for drugs you already received. For example, you may ask for an appeal if we don't pay for a drug you think you should be able to receive. Chapter 7 explains appeals, including the process involved in making an appeal.

**Annual Enrollment Period (Original Medicare)** – A set time each fall when members can change their health or drug plans or switch to Original Medicare. The Medicare Annual Enrollment Period is from October 15 until December 7.

**Brand Name Drug** – A prescription drug that is manufactured and sold by the pharmaceutical company that originally researched and developed the drug. Brand name drugs have the same active-ingredient formula as the generic version of the drug. However, generic drugs are manufactured and sold by other drug manufacturers and are generally not available until after the patent on the brand name drug has expired.

Catastrophic Coverage Stage – The stage in the Part D Drug Benefit where you pay a low copayment or coinsurance for your drugs after you or other qualified parties on your behalf have spent \$7,050 in covered drugs during the covered year.

**Centers for Medicare & Medicaid Services (CMS)** – The Federal agency that administers Medicare. Chapter 2 explains how to contact CMS.

**Coinsurance** – An amount you may be required to pay as your share of the cost for prescription drugs (after you pay any deductibles, if applicable). Coinsurance is usually a percentage (for example, 20%).

**Complaint** – The formal name for "making a complaint" is "filing a grievance." The complaint process is used for certain types of problems *only*. This includes problems related to quality of care, waiting times, and the customer service you receive. See also "Grievance," in this list of definitions.

**Copayment** (or "copay") – An amount you may be required to pay as your share of the cost for a prescription drug. A copayment is a set amount, rather than a percentage. For example, you might pay \$10 or \$20 for a prescription drug.

Cost Sharing – Cost sharing refers to amounts that a member has to pay when drugs are received. (This is in addition to the plan's monthly premium.) Cost sharing includes any combination of the following three types of payments: (1) any deductible amount a plan may impose before drugs are covered; (2) any fixed "copayment" amount that a plan requires when a specific drug is received; or (3) any "coinsurance" amount, a percentage of the total amount paid for a drug, that a plan requires when a specific drug is received.

**Cost-Sharing Tier** – Every drug on the list of covered drugs is in one of four cost-sharing tiers. In general, the higher the cost-sharing tier, the higher your cost for the drug.

**Coverage Determination** – A decision about whether a drug prescribed for you is covered by the plan and the amount, if any, you are required to pay for the prescription. In general, if you bring your prescription to a pharmacy and the pharmacy tells you the prescription isn't covered under your plan, that isn't a coverage determination. You need to call or write to your plan to ask for a formal decision about the coverage. Coverage determinations are called "coverage decisions" in this booklet. Chapter 7 explains how to ask us for a coverage decision.

**Covered Drugs** – The term we use to mean all of the prescription drugs covered by our plan.

**Creditable Prescription Drug Coverage** – Prescription drug coverage (for example, from an employer or union) that is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage. People who have this kind of coverage when they become eligible for Medicare can generally keep that coverage without paying a penalty, if they decide to enroll in Medicare prescription drug coverage later.

**Customer Care** – A department within our plan responsible for answering your questions about your membership, benefits, grievances, and appeals. See Chapter 2 for information about how to contact Customer Care.

**Deductible** – The amount you must pay for prescriptions before our plan begins to pay (if applicable).

**Disenroll** or **Disenrollment** – The process of ending your membership in our plan. Disenrollment may be voluntary (your own choice) or involuntary (not your own choice).

**Dispensing Fee** – A fee charged each time a covered drug is dispensed to pay for the cost of filling a prescription. The dispensing fee covers costs such as the pharmacist's time to prepare and package the prescription.

**Emergency** – A medical emergency is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life, loss of a limb, or loss of function of a limb. The medical symptoms may be an illness, injury, severe pain, or a medical condition that is quickly getting worse.

**Evidence of Coverage (EOC) and Disclosure Information** – This document along with any other attachments, riders, or other optional coverage selected, which explains your coverage, what we must do, your rights, and what you have to do as a member of our plan.

**Exception** – A type of coverage decision that, if approved, allows you to get a drug that is not on your plan sponsor's formulary (a formulary exception), or get a non-preferred drug at a lower cost-sharing level (a tiering exception). You may also request an exception if your plan sponsor requires you to try another drug before receiving the drug you are requesting, or the plan limits the quantity or dosage of the drug you are requesting (a formulary exception).

**Extra Covered Drugs** – Certain drugs that are excluded by law from coverage by Medicare Part D, may be included in the supplemental coverage of your drug plan. Drugs covered under the "Extra Covered Drugs" benefit, will be listed in the Formulary.

**Extra Help** – A Medicare program to help people with limited income and resources pay Medicare prescription drug program costs, such as premiums, deductibles, and coinsurance.

**Formulary** – A list of covered drugs provided by your plan.

**Generic Drug** – A prescription drug that is approved by the Food and Drug Administration (FDA) as having the same active ingredient(s) as the brand name drug. Generally, a "generic" drug works the same as a brand name drug and usually costs less.

**Grievance** – A type of complaint you make about us or one of our network pharmacies, including a complaint concerning the quality of your care. This type of complaint does not involve coverage or payment disputes.

**Income Related Monthly Adjustment Amount (IRMAA)** – If your modified adjusted gross income as reported on your IRS tax return from 2 years ago is above a certain amount, you'll pay the standard premium amount and an Income Related Monthly Adjustment Amount, also known as IRMAA. IRMAA is an extra charge added to your premium. Less than 5% of people with Medicare are affected, so most people will not pay a higher premium.

**Initial Coverage Limit** – The maximum limit of coverage under the Initial Coverage Stage.

**Initial Coverage Stage** – This is the stage before your total drug costs including amounts you have paid and what your plan has paid on your behalf for the year have reached \$4,430.

**Initial Enrollment Period** – When you are first eligible for Medicare, the period of time when you can sign up for Medicare Part A and Part B. For example, if you're eligible for Medicare when you turn 65, your Initial Enrollment Period is the 7-month period that begins 3 months before the month you turn 65, includes the month you turn 65, and ends 3 months after the month you turn 65.

**List of Covered Drugs (Formulary)** – A list of prescription drugs covered by the plan. The drugs on this list are selected by the plan with the help of doctors and pharmacists. The list includes both brand name and generic drugs.

**Low Income Subsidy (LIS)** – See "Extra Help."

**Medicaid** (or Medical Assistance) – A joint Federal and state program that helps with medical costs for some people with low incomes and limited resources. Medicaid programs vary from state to state, but most health care costs are covered if you qualify for both Medicare and Medicaid. See Chapter 2, Section 6 for information about how to contact Medicaid in your state.

**Medically Accepted Indication** – A use of a drug that is either approved by the Food and Drug Administration or supported by certain reference books. See Chapter 3, Section 3 for more information about a medically accepted indication.

Medicare – The Federal health insurance program for people 65 years of age or older, some people under age 65 with certain disabilities, and people with End-Stage Renal Disease (generally those with permanent kidney failure who need dialysis or a kidney transplant). People with Medicare can get their Medicare health coverage through Original Medicare, a Medicare Cost Plan, a PACE plan, or a Medicare Advantage Plan.

Medicare Advantage (MA) Plan – Sometimes called Medicare Part C. A plan offered by a private company that contracts with Medicare to provide you with all your Medicare Part A and Part B benefits. A Medicare Advantage Plan can be an HMO, PPO, a Private Fee-for-Service (PFFS) plan, or a Medicare Medical Savings Account (MSA) plan. If you are enrolled in a Medicare Advantage Plan, Medicare services are covered through the plan, and are not paid for under Original Medicare. In most cases, Medicare Advantage Plans also offer Medicare Part D (prescription drug coverage). These plans are called Medicare Advantage Plans with Prescription Drug Coverage. Everyone who has Medicare Part A and Part B is eligible to join any Medicare Advantage health plan that is offered in their area.

**Medicare Cost Plan** – A Medicare Cost Plan is a plan operated by a Health Maintenance Organization (HMO) or Competitive Medical Plan (CMP) in accordance with a cost-reimbursed contract under section 1876(h) of the Act.

**Medicare Coverage Gap Discount Program** – A program that provides discounts on most covered Part D brand name drugs to Part D members who have reached the Coverage Gap Stage and who are not already receiving "Extra Help." Discounts are based on agreements between the Federal government and certain drug manufacturers. For this reason, most, but not all, brand name drugs are discounted.

**Medicare-Covered Services** – Services covered by Medicare Part A and Part B.

Medicare Health Plan – A Medicare health plan is offered by a private company that contracts with Medicare to provide Part A and Part B benefits to people with Medicare who enroll in the plan. This term includes all Medicare Advantage Plans, Medicare Cost Plans, Demonstration/Pilot Programs, and Programs of All-inclusive Care for the Elderly (PACE).

**Medicare Prescription Drug Coverage (Medicare Part D)** – Insurance to help pay for outpatient prescription drugs, vaccines, biologicals, and some supplies not covered by Medicare Part A or Part B.

"Medigap" (Medicare Supplement Insurance) Policy – Medicare supplement insurance sold by private insurance companies to fill "gaps" in Original Medicare. Medigap policies only work with Original Medicare. (A Medicare Advantage Plan is not a Medigap policy.)

**Member (Member of our Plan, or "Plan Member")** – A person with Medicare who is eligible to get covered services, who has enrolled in our plan and whose enrollment has been confirmed by the Centers for Medicare & Medicaid Services (CMS).

**Network Pharmacy** – A network pharmacy is a pharmacy where members of our plan can get their prescription drug benefits. We call them "network pharmacies" because they contract with our plan. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies.

**Original Medicare** ("Traditional Medicare" or "Fee-for-service" Medicare) – Original Medicare is offered by the government, and not a private health plan like Medicare Advantage Plans and prescription drug plans. Under Original Medicare, Medicare services are covered by paying doctors, hospitals, and other health care providers payment amounts established by Congress. You can see any doctor, hospital, or other health care provider that accepts Medicare. You must pay the deductible. Medicare pays its share of the Medicare-approved amount, and you pay your share. Original Medicare has two parts: Part A (Hospital Insurance) and Part B (Medical Insurance) and is available everywhere in the United States.

**Out-of-Network Pharmacy** – A pharmacy that doesn't have a contract with our plan to coordinate or provide covered drugs to members of our plan. As explained in this Evidence of Coverage, most drugs you get from out-of-network pharmacies are not covered by our plan unless certain conditions apply.

**Out-of-Pocket Costs** – See the definition for "cost sharing" above. A member's cost-sharing requirement to pay for a portion of drugs received is also referred to as the member's "out-of-pocket" cost requirement.

**PACE Plan** – A PACE (Program of All-Inclusive Care for the Elderly) plan combines medical, social, and long-term care (LTC) services for frail people to help people stay independent and living in their community (instead of moving to a nursing home) as long as possible, while getting the high-quality care they need. People enrolled in PACE plans receive both their Medicare and Medicaid benefits through the plan. PACE is not available in all states. If you would like to know if PACE is available in your state, please contact Customer Care (phone numbers are printed on the back cover of this booklet).

### Part C – see "Medicare Advantage (MA) Plan."

**Part D** – The voluntary Medicare Prescription Drug Benefit Program. (For ease of reference, we will refer to the prescription drug benefit program as Part D.)

**Part D Drugs** – Drugs that can be covered under Part D. We may or may not offer all Part D drugs. (See your formulary for a specific list of covered drugs.) Certain categories of drugs were specifically excluded by Congress from being covered as Part D drugs.

**Part D Late Enrollment Penalty** – An amount added to your monthly premium for Medicare drug coverage if you go without creditable coverage (coverage that is expected to pay, on average, at least as much as standard Medicare prescription drug coverage) for a continuous

period of 63 days or more after you are first eligible to join a Part D plan. You pay this higher amount as long as you have a Medicare drug plan. There are some exceptions. For example, if you receive "Extra Help" from Medicare to pay your prescription drug plan costs, the late enrollment penalty rules do not apply to you. If you receive "Extra Help," you do not pay a late enrollment penalty.

**Premium** – The periodic payment to Medicare, an insurance company, or a health care plan for health or prescription drug coverage.

**Prior Authorization** – Approval in advance to get certain drugs that may or may not be on our formulary. Some drugs are covered only if your doctor or other network prescriber gets "prior authorization" from us. Covered drugs that need prior authorization are marked in the formulary.

**Quality Improvement Organization** (**QIO**) – A group of practicing doctors and other health care experts paid by the Federal government to check and improve the care given to Medicare patients. See Chapter 2, Section 4 for information about how to contact the QIO for your state.

**Quantity Limits** – A management tool that is designed to limit the use of selected drugs for quality, safety, or utilization reasons. Limits may be on the amount of the drug that we cover per prescription or for a defined period of time.

**Select Generics** - A specific list of generic drugs that have been on the market long enough to have a proven track record for effectiveness and value. Your plan has reduced copayments for "Select Generics".

**Service Area** – A geographic area where a prescription drug plan accepts members if it limits membership based on where people live. The plan may disenroll you if you permanently move out of the plan's service area.

**Specialty Drugs** - The Centers for Medicare & Medicaid Services (CMS) defines specialty drugs as any drug that costs \$830 or more per unit.

**Special Enrollment Period** – A set time when members can change their health or drug plans or return to Original Medicare. Situations in which you may be eligible for a Special Enrollment Period include: if you are getting "Extra Help" with your prescription drug costs, if you move into a nursing home, or if we violate our contract with you.

**Step Therapy** – A utilization tool that requires you to first try another drug to treat your medical condition before we will cover the drug your physician may have initially prescribed.

**Supplemental Security Income (SSI)** – A monthly benefit paid by Social Security to people with limited income and resources who are disabled, blind, or age 65 and older. SSI benefits are not the same as Social Security benefits.

# Exhibit A - Listing of State Health Insurance Assistance Programs (SHIPs)

SHIP is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare.

TTY numbers require special telephone equipment and are only for people who have difficulties with hearing or speaking. If there is no TTY number indicated, you may try 711.

State	Agency Name/Address	<b>Contact Information</b>
Alabama	State Health Insurance Assistance	Toll Free: 1-800-243-5463
	Program (SHIP)	Local: 1-334-242-5743
	201 Monroe St, Ste 350	Fax: 1-334-242-5594
	Montgomery AL 36104	
Website: http://	www.alabamaageline.gov/	
Alaska	Alaska Medicare Information	Toll Free (within AK): 1-800-478-6065
	Office (SHIP)	Local (in Anchorage): 1-907-269-3680
	550 W. 8 <sup>th</sup> Ave	Outside AK: Call Anchorage
	Anchorage AK 99501	TTY: 1-800-770-8973
Website: http://	www.medicare.alaska.gov	
Arizona	State Health Insurance Assistance	Toll Free: 1-800-432-4040
	Program (SHIP)	(leave message)
	1789 W. Jefferson St #950A	Local: 1-602-542-4446
	Phoenix AZ 85007	
Website: <a href="https://">https://</a>	/des.az.gov/services/older-adults/medi	<u>care-assistance</u>
Arkansas	Senior Health Insurance Information	Toll Free: 1-800-224-6330
	Program (SHIP) 1200 W. 3 <sup>rd</sup> St	Local: 1-501-371-2782
	Little Rock AR 72201-1904	TTY: 1-501-371-2782
Website: https:/	/insurance.arkansas.gov/pages/consum	ner-services/senior-health/
California	California Health Insurance	Toll Free (within CA): 1-800-434-0222
	Counseling and Advocacy	Toll Free (outside CA): 1-800-677-1116
	Program (HICAP)	TTY: 1-800-735-2929
	1300 National Dr, Ste 200	11111 000 100 2525
	Sacramento CA 95834	
	/www.aging.ca.gov/hicap/	
Colorado	State Health Insurance Assistance	Toll Free: 1-888-696-7213
	Program	Local: 1-303-894-7855
	1560 Broadway, Ste 850	TTY: 1-303-894-7880
Denver CO 80202		Spanish: 1-866-665-9668
Website: https://	/www.colorado.gov/dora/senior-health	•

State	Agency Name/Address	Contact Information
Connecticut	Connecticut's Program for Health	Toll Free (within CT): 1-800-994-9422
	Insurance Assistance, Outreach,	Outside CT: 1-860-424-5274
	Information and Referral,	
	Counseling, Eligibility Screening	
	(CHOICES)	
	55 Farmington Ave	
	Hartford CT 06105-3730	
Website: http://	www.ct.gov/agingservices	
Delaware	Delaware Medicare Assistance	Toll Free: 1-800-336-9500
	Bureau (DMAB)	Local: 1-302-674-7364
	841 Silverlake Blvd	
	Dover DE 19904	
Website: https://	//insurance.delaware.gov/divisions/	<u>/dmab/</u>
District of	Health Insurance Counseling	Local: 1-202-727-8370
Columbia	Project (HICP)	Fax: 1-202-741-5885
	500 K Street NE	
	Washington DC 20002	
Website: https://	//dcoa.dc.gov/service/health-insura	nce-counseling
Florida	Serving Health Insurance Needs	of Toll Free: 1-800-963-5337
	Elders (SHINE) 4040 Esplanade	Way, TDD/TYY:1-800-955-8770
	Ste 270	Fax: 1-850-414-2150
	Tallahassee FL 32399	
	floridashine.org	
Georgia	GeorgiaCares	Toll free: 1-866-552-4464 (Option 4)
	2 Peachtree St NW, 33 <sup>rd</sup> Floor	
	Atlanta GA 30303	
	.mygeorgiacares.org	
Hawaii	Hawaii State Health	On the island of Oahu: 1-808-586-7299
	Insurance Assistance	Neighbor islands Toll Free: 1-888-875-9229
	Program (SHIP)	TTY: 1-866-810-4379
	No 1 Capitol District	
	250 South Hotel St, Ste 406	
	Honolulu HI 96813-2831	
Website: www		
Idaho	Senior Health Insurance Benefits	Toll Free: 1-800-247-4422
	Advisors (SHIBA)	Local: 1-208-334-4250
	PO Box 83720	Fax: 1-208-334-4389
	Boise ID 83720-0043	
	//doi.idaho.gov/SHIBA/default	<b>— 11 —</b> 1 200 2 2 2 2 2
Illinois	Senior Health Insurance Program	
	(SHIP)	TTY: 1-888-206-1327
	One Natural Resources Way #100	0
	Springfield IL 62702-1271	
Website: www	illinois.gov/aging/ship/Pages/defau	ılt.aspx

State	Agency Name/Address	<b>Contact Information</b>
Indiana	State Health Insurance Assistance	Toll Free: 1-800-452-4800
	Program (SHIP) 311 W. Washington St,	TDD/TYY: 1-866-846-0139
	Ste 300	
*** 1 *.	Indianapolis IN 46204-2787	
	in.gov/idoi/2495.htm	T-11 F 1 900 251 4664
Iowa	Senior Health Insurance Information	Toll Free: 1-800-351-4664
	Program (SHIIP) 601 Locust St, 4 <sup>th</sup> Floor Des Moines IA 50309-3738	TTY: 1-800-735-2942
Website: https://	//ship.iowa.gov/	
Kansas	Senior Health Insurance	Toll Free: 1-800-860-5260
Tansas	Counseling for Kansas	TTY: 1-800-766-3777
	(SHICK)	
	503 S. Kansas Ste 612	Fax: 1-785-296-0256
	Topeka KS 66603	
Website: https://	//www.kdads.ks.gov/commissions/commis	sion-on-aging/medicare-
programs/shick		
Kentucky	State Health Insurance To	oll Free: 1-877-293-7447 (Option #2)
-	Assistance Program (SHIP)	Local (DAIL): 1-502-564-6930
	275 E. Main St 3E-E	(Ask for a SHIP counselor)
	Frankfort KY 40621	TTY: 1-888-642-1137
Website: https://	//chfs.ky.gov/agencies/dail/Pages/ship.asp	
Louisiana	Senior Health Insurance	Toll Free: 1-800-259-5300
20010100100	Information Program (SHIIP)	Local: 1-225-342-5301
	1702 N 3 <sup>rd</sup> Baton Rouge LA	Locai. 1-225-542-5501
	70802	
Website: www	.ldi.la.gov/consumers/senior-health-shiip	
Maine	Office of Aging and Disability	Toll Free: 1-800-262-2232
	Services	
	41 Anthony Ave	
	Augusta ME 04333	
Website: http://	/www.maine.gov/dhhs/oads/community-su	<u>ıpport/ship.html</u>
Maryland	Senior Health Insurance	Toll Free: 1-800-243-3425
	Assistance Program (SHIP)	Local: 1-410-767-1100
	301 W. Preston St, Ste 1007	
	Baltimore MD 21201	
	/www.aging.maryland.gov/Pages/StateHea	<u> </u>
Massachusetts	Serving Health Insurance Needs	Toll Free: 1-800-243-4636
	of Elders (SHINE)	TTY: 1-877-610-0241
	1 Ashburton Pl, 5 <sup>th</sup> Floor	
	Boston MA 02108	
Website: https:	//www.mass.gov/health-insurance-counsel	ing

State	Agency Name/Address	<b>Contact Information</b>		
Michigan	Medicare/Medicaid Assistance	Toll Free: 1-800-803-7174		
_	Program (MMAP)			
	6105 W. St Joseph Hwy, Ste			
	204			
	Lansing MI 48917			
Website: <a href="http://">http://</a>				
Minnesota	Minnesota State Health	Toll Free: 1-800-333-2433		
	Insurance Assistance	TTY: 1-800-627-3529		
	Program/Senior LinkAge Line			
	540 Cedar St			
*** 1 ** 1 **	St. Paul MN 55155			
	z//www.minnesotahelp.info/index	T 11 T 1 0 1 1 0 2 2 1 5 2 2		
Mississippi	State Health Insurance Assistance Program	Toll Free: 1-844-822-4622		
	200 S Lamar St.	Local: 1-601-359-4500		
XX7-1:4 1-44	Jackson, MS 39201			
_	//www.mdhs.ms.gov/adults-seniors/services-for-ser	nors/state-neartn-insurance-		
assistance-prog Missouri	CLAIM, State Health Insurance	Toll Free: 1-800-390-3330		
MISSOUIT	Assistance Program (SHIP)	Local: 1-573-817-8320		
	200 N. Keene St., Ste. 101	Local. 1-3/3-81/-8320		
	Columbia, MO 65201			
Website: www	v.missouriclaim.org			
Montana	Montana State Health Insurance Assistance	Toll Free: 1-800-551-3191		
	Program (SHIP)	1-406-444-2590		
	2030 11 <sup>th</sup> Ave			
	Helena MT 59604			
Website: http://	dphhs.mt.gov/SLTC/aging/SHIP			
Nebraska	Nebraska Senior Health Insurance Information	Toll Free: 1-800-234-7119		
	Program	Local: 1-402-471-2201		
	1033 O St. Suite 307	TTY: 1-800-833-7352		
	Lincoln, NE 68508			
Website: www	v.doi.nebraska.gov/shiip/			
Nevada	State Health Insurance Assistance Program	Toll Free: 1-800-307-4444		
	3416 Goni Road Suite D-132	Local: 1-775-687-4210		
	Carson City NV 89706			
	//adsd.nv.gov/Programs/Seniors/SHIP/SHIP_Prog/			
New	NH ServiceLink Resource Center	Toll Free: 1-866-634-9412		
Hampshire	2 <sup>nd</sup> Industrial Park Drive	Local: 1-603-228-6625		
	Concord, NH 03302	TTY: 1-800-735-2964		
Website: https://www.servicelink.nh.gov/				
New Jersey	State Health Insurance Assistance Program	Toll Free: 1-877-222-3737		
	PO Box 715	TTY: 1-877-486-2048		
XX7.1. *·	Trenton NJ 08625-0715			
website: www.	.state.nj.us/humanservices/doas/services/ship/			

State	Agency Name/Address	<b>Contact Information</b>	
New Mexico	New Mexico ADRC	Toll Free: 1-800-432-2080	
	2550 Cerrillos Rd	Local: 1-505-476-4799	
	Santa Fe NM 87505	TTY: 1-505-476-4937	
Website: http://	/www.nmaging.state.nm.us/		
New York	Health Insurance Information Counseling and	Toll Free: 1-800-701-0501	
	Assistance Program (HIICAP)	Local: 1-800-342-9871	
	2 Empire State Plaza 4 <sup>th</sup> Floor		
	Albany NY 12223		
Website: www	.aging.ny.gov/HealthBenefits/Index.cfm		
North	Seniors' Health Insurance Information	Toll Free: 1-855-408-1212	
Carolina	Program	Local: 1-919-807-6900	
	325 N Salisbury St	TTY: 1-800-735-2962	
	Raleigh, NC 27603		
Website: www	.ncdoi.com/SHIIP/Default.aspx		
North Dakota	State Health Insurance Counseling Program	Toll Free: 1-888-575-6611	
	600 E Boulevard Ave	Local: 1-701-328-2440	
	Bismarck, ND 58505	TTY: 1-800-366-6888	
Website: www	v.nd.gov/ndins/shic		
Ohio	Ohio Senior Health Insurance Information	Toll Free:1-800-686-1578	
	Program	Local: 1-614-644-2658	
	50 W. Town St 3 <sup>rd</sup> Floor, Ste 300	TTY: 1-614-644-3745	
	Columbus OH 43215		
	/www.insurance.ohio.gov/Pages/default.aspx		
Oklahoma	Medicare Assistance Program	Toll Free: 1-800-763-2828	
	5 Corporate Plaza	Local: 1-405-521-2828	
	3625 NW 56 <sup>th</sup> St, Ste 100		
	Oklahoma City, OK 73112		
Website: www	.ok.gov/oid/Consumers/Information_for_Seniors/S	SHIP.html	
Oregon	Senior Health Insurance Benefits Assistance	Toll Free: 1-800-722-4134	
	(SHIBA)	TTY: 1-800-735-2900	
	350 Winter St NE		
	Salem OR 97309-2555		
	//healthcare.oregon.gov/shiba/pages/index.aspx		
Pennsylvania	APPRISE Pennsylvania State Health	Toll Free: 1-800-783-7067	
	Assistance Program	Local: 1-484-494-3769	
	600 S Wycombe Ave,		
	Yeadon, PA 19050		
Website: <a href="http://www.aging.pa.gov/aging-services/insurance/Pages/default.aspx">http://www.aging.pa.gov/aging-services/insurance/Pages/default.aspx</a>			
Puerto Rico	State Health Insurance Assistance Program	Toll Free: 1-877-725-4300	
	San Juan PR 00907	TTY: 1-787-919-7291	
Website: <a href="http://">http://</a>	/www.oppea.pr.gov/		

State	Agency Name/Address	<b>Contact Information</b>		
Rhode Island	Senior Health Insurance Program	Toll Free: 1-888-884-8721		
	57 Howard Ave	Local: 1-401-462-0510		
	Louis Pasteur Bldg. 2 <sup>nd</sup> Floor	TTY: 1-401-462-0740		
	Cranston RI 02920			
	<u>v.dea.ri.gov/insurance/</u>			
South	State Health Insurance Assistance Program	Toll Free: 1-800-868-9095		
Carolina	(SHIP)	Local: 1-803-734-9900		
	1301 Gervais St, Ste 350			
	Columbus SC 29201			
Website: https://	//aging.sc.gov/programs-and-initiatives			
South Dakota	Senior Health Information & Insurance	Toll Free: 1-800-536-8197		
	Education (SHIINE)	Local: 1-605-333-3314		
	2300 W 46 <sup>th</sup> St			
	Sioux Falls SD 57105			
Website: www.	<u>shiine.net</u>			
Tennessee	State Health Insurance Assistance Program	Toll Free: 1-877-801-0044		
	502 Deaderick St, 9 <sup>th</sup> Floor	Local: 1-615-741-2056		
	Nashville TN, 37243-0860	TTY: 1-615-532-3893		
Website: http://	tnmedicarehelp.com/			
Texas	Health Information Counseling and Advocacy	Toll Free: 1-800-252-9240		
	Program (HICAP)	TTY: 1-800-735-2989		
	701 W. 51 <sup>st</sup> St			
	Austin TX 78751			
Website: https://	//hhs.texas.gov/services/health/medicare			
Utah	Senior Health Insurance Information Program	Toll Free: 1-800-541-7735		
	195 N. 1950 W	Local: 1-801-538-4171		
	Salt Lake City UT 84116			
	//daas.utah.gov/seniors/			
Vermont	State Health Insurance Assistance Program	Toll Free: 1-800-642-5119		
	476 Main St Ste #3	Local: 1-802-578-7094		
Wahaita, https:/	Winooski VT 05404			
	//www.vermont4a.org/	T-11 F 1 900 552 2402		
Virginia	Virginia Insurance Counseling and Assistance	Toll Free: 1-800-552-3402 Local: 1-804-662-9333		
	Program (VICAP)	Locai: 1-804-002-9333		
	1610 Forest Ave, Ste 100 Henrico VA 23229			
Website: www.vda.virginia.gov/vicap.asp				
Washington	Statewide Health Insurance Benefits Advisors	Toll Free: 1-800-562-6900		
vv asiiiigtoii	(SHIBA)	TDD: 1-360-586-0241		
	PO Box 40255 Olympia WA 98504-0255	100. 1-300-360-0241		
Website: www.	Website: www.insurance.wa.gov/about-oic/what-we-do/advocate-for-consumers/shiba/			
WWW.	insurance.wa.gov/about-oic/what-we-do/advocate	-101-consumers/simua/		

State	Agency Name/Address	<b>Contact Information</b>
West Virginia	West Virginia State Health Insurance	Toll Free: 1-877-987-4463
	Assistance Program	Local: 1-304-558-3317
	1900 Kanawha Blvd E	
	Charleston WV 25305	
Website: www.	.wvship.org/AboutWVSHIP/tabid/132/Default.asp:	<u> </u>
Wisconsin	Wisconsin State Health Insurance Assistance	Toll Free: 1-800-242-1060
	Program (SHIP)	Local: 1-608-266-1865
	1 W. Wilson St	TTY: 1-866-701-1251
	Madison WI 53703	
Website: www.	.dhs.wisconsin.gov/benefit-specialists/ship.htm	
Wyoming	Wyoming State Health Insurance Assistance	Toll Free: 1-800-856-4398
	Program	Local: 1-307-856-6880
	106 West Adams Ave	
	Riverton WY 82501	
Website: www.	.wyomingseniors.com/services/wyoming-state-hea	th-insurance-information-
<u>program</u>		

Exhibit B - Listing of Quality Improvement Organizations (QIOs)

Region	Address	Contact
1	KEPRO	888-319-8452
(CT, ME, MA, NH, RI, VT)	5700 Lombardo Center Dr., Suite 100	833-868-4055 (fax)
	Seven Hills, OH 44131	855-843-4776 TTY
2	Livanta BFCC-QIO Program	866-815-5440
(NJ, NY, PR, VI)	10820 Guilford Road, Suite 202	833-868-4056 (fax)
	Annapolis Junction, MD 20701	866-868-2289 TTY
3	Livanta BFCC-QIO Program	888-396-4646
(DE, DC, MD, PA, VA, WV)	10820 Guilford Road, Suite 202	833-868-4057 (fax)
	Annapolis Junction, MD 20701	888-985-2660 TTY
4	KEPRO	888-317-0751
(AL, FL, GA, KY, MS, NC, SC, TN)	5201 W. Kennedy Blvd., Suite 900	833-868-4058 (fax)
	Tampa, FL 33609	855-843-4776 TTY
5	Livanta BFCC-QIO Program	888-524-9900
(IL, IN, MI, MN, OH, WI)	10820 Guilford Road, Suite 202	833-868-4059 (fax)
	Annapolis Junction, MD 20701	888-985-8775 TTY
6	KEPRO	888-315-0636
(AR, LA, NM, OK, TX)	5201 W. Kennedy Blvd., Suite 900	833-868-4060 (fax)
	Tampa, FL 33609	855-843-4776 TTY
7	Livanta BFCC-QIO Program	888-755-5580
(IA, KS, MO, NE)	10820 Guilford Road, Suite 202	833-868-4061 (fax)
	Annapolis Junction, MD 20701	888-985-9295 TTY
8	KEPRO	888-317-0891
(CO, MT, ND, SD, UT, WY)	5700 Lombardo Center Dr., Suite 100	833-868-4062 (fax)
	Seven Hills, OH 44131	855-843-4776 TTY
9	Livanta BFCC-QIO Program	877-588-1123
(AZ, CA, HI, NV)	10820 Guilford Road, Suite 202	833-868-4063 (fax)
	Annapolis Junction, MD 20701	855-887-6668 TTY
10	KEPRO	888-305-6759
(AK, ID, OR, WA)	5700 Lombardo Center Dr., Suite 100	833-868-4064 (fax)
	Seven Hills, OH 44131	855-843-4776 TTY

TTY numbers require special telephone equipment and are only for people who have difficulties with hearing or speaking

# Exhibit C - Listing of State Medical Assistance Offices (Medicaid)

STATE	PROGRAM NAME	ADDRESS	PHONE NUMBERS/WEBSITES
Alabama	Medicaid Agency of Alabama	501 Dexter Ave PO Box 5624 Montgomery AL 36103- 5624	1-800-362-1504 www.medicaid.alabama.gov
Alaska	Alaska Department of Health and Social Services	350 Main St Rm 304 PO Box 110640 Juneau AK 99811-0640	1-800-780-9972 http://dhss.alaska.gov
Arizona	Arizona Health Care Cost Containment System (AHCCCS)	801 E. Jefferson St Phoenix AZ 85034	1-855-432-7587 www.azahcccs.gov
Arkansas	Arkansas Medicaid	PO Box 1437 Slot S401 Little Rock AR 72203- 1437	1-800-482-8988 1-800-285-1131 x26789 (TDD) * https://medicaid.mmis.arkansas.gov
California	Medi-Cal	PO Box 997417  MS 4607  Sacramento CA 95899-7417	1-800-541-5555 1-916-636-1980 (outside California) www.dhca.ca.gov
Colorado	Health First Colorado	1570 Grant St Denver CO 80203-1818	1-800-221-3943 TTY: 711 www.colorado.gov/hcpf
Connecticut	Husky Health	55 Farmington Ave Hartford CT 06105-3730	1-877-284-8759 1-866-492-5276 (TDD/TTY) * http://www.ct.gov/hh/
Delaware	Diamond State Health	1901 N. Dupont Hwy New Castle DE 19720	1-866-843-7212 1-302-571-4900 http://www.dhss.delaware.gov/dss/med icaid.html
District of Columbia	DC Medicaid	441 4 <sup>th</sup> St NW 900S Washington DC 20001	1-202-727-5355 www.dc-medicaid.com
Florida	Statewide Medicaid Managed Care	2727 Mahan Dr Mail Stop #8 Tallahassee FL 32308	1-877-254-1055 1-866-467-4970 (TDD) * www.fdhc.state.fl.us/Medicaid
Georgia	Georgia Medicaid	2 Peachtree St NW Atlanta GA 30303	1-866-211-0950 https://dch.georgia.gov/medicaid

### **PROGRAM STATE ADDRESS** PHONE NUMBERS/WEBSITES **NAME** Oahu: 1-808-524-3370 TTY/TDD: 1-808-692-7182\* 801 Dillingham Blvd Hawaii 3<sup>rd</sup> Floor Hawaii Neighbor Islands: 1-800-316-8005 **QUEST** Honolulu HI 96817 TTY/TDD 1-800-603-1201 \* https://medquest.hawaii.gov 1-877-456-1233 Idaho 1720 N Westgate Dr 1-208-334-6801 (TTY) \* Idaho Medicaid **Boise ID 83704** http://www.medicaid.idaho.gov/ 201 S. Grand Ave E. 2<sup>nd</sup> 1-800-843-6154 **HFS Medical** Illinois Springfield IL 62704-1-800-447-6404 (TTY) \* **Benefits** 0001 http://www.illinois.gov/hfs/ Hoosier PO Box 1810 1-800-457-4584 Indiana Healthwise Marion IN 46952 https://fssabenefits.in.gov 1-800-338-8366 1305 E Walnut St 1-800-735-2942 (TTY) \* Iowa IA Health Link Des Moines IA 50319 http://dhs.iowa.gov/iahealthlink 900 SW Jackson St 1-800-792-4884 Kansas KanCare Ste 900N www.kancare.ks.gov Topeka KS 66612 Kentucky 275 E Main St 6W-A 1-855-306-8959 Kentucky Medicaid Frankfurt KY 40602 https://chfs.ky.gov/ PO Box 629 1-888-342-6207 Healthy Louisiana Baton Rouge LA 1-855-526-3346 (TTY) \* Louisiana 70821-0629 www.bayouhealth.com 1-855-797-4357 114 Corn Shop Ln MaineCare TTY: 711 \* Maine Farmington ME 04938 https://www.maine.gov/DHHS/oms 201 W Preston St 1-877-463-3464 Maryland Maryland Baltimore MD 1-410-767-6500 Medicaid 21201 mmcp.dhmh.maryland.gov 1-800-841-2900 PO Box 290794 Massachusetts MassHealth 1-800-497-4648 (TTY) \* Charleston MA 02129 www.mass.gov/masshealth Michigan 333 S Grand Ave PO Box 1-800-642-3195 1-800-649-3777 (TTY) \* Michigan Medicaid 30195 **Program** Lansing MI 48909 www.michigan.gov/medicaid 1-800-657-3672 PO Box 64838 Minnesota MinnesotaCare St Paul MN 55164 http://mn.gov/dhs 550 High St 1-800-421-2408 Mississippi Ste 1000 Mississippi Medicaid www.medicaid.ms.gov Jackson MS 39201-1399

STATE	PROGRAM NAME	ADDRESS	PHONE NUMBERS/WEBSITES
Missouri	MO HealthNet	615 Howerton Ct PO Box 6500 Jefferson City MO 65102-6500	1-800-392-2161 www.dss.mo.gov/fsd
Montana	Montana Medicaid	1400 Broadway Cogswell Bldg Helena MT 59620	1-800-362-8312 https://apply.mt.gov
Nebraska	Access Nebraska	301 Centennial Mall S. PO Box 95026 Lincoln NE 68509	1-855-632-7633 1-402-471-9570 (TTY) * www.accessnebraska.ne.gov
Nevada	Nevada Medicaid	1210 S. Valley View Ste 104 Las Vegas NV 89102	1-800-992-0900 https://dwss.nv.gov/
New Hampshire	NH Health Protection Program	129 Pleasant St Concord NH 03301-3852	1-888-901-4999 1-800-735-2964 (TTY) * http://www.dhhs.nh.gov/ombp/
New Jersey	NJ FamilyCare	7 Quakerbridge Plaza PO Box 712 Trenton NJ 08619	1-800-356-1561 http://www.state.nj.us/humanservices
New Mexico	Centennial Care	PO Box 2348 Santa Fe NM 87504-2348	1-800-283-4465 http://www.hsd.state.nm.us/
New York	New York Medicaid	1466 Corning Tower Albany NY 12237	1-800-541-2831 www.health.ny.gov
North Carolina	North Carolina Medicaid	220 Swinburne St PO Box 46833 Raleigh NC 27620	1-800-662-7030 1-877-733-4851 (TTY) * https://dma.ncdhhs.gov/medicaid/
North Dakota	North Dakota Medicaid	600 E. Boulevard Ave Dept 325 Bismarck, ND 58505- 0250	1-844-854-4825 1-800-366-6888 (TTY) * http://www.nd.gov/dhs/eligibility/
Ohio	Ohio Medicaid	50 W. Town St Ste 400 Columbus OH 43215	1-800-324-8680 http://www.medicaid.ohio.gov
Oklahoma	SoonerCare	4345 N. Lincoln Blvd Oklahoma City OK 73105	1-800-987-7767 http://www.okhca.org/

STATE	PROGRAM NAME	ADDRESS	PHONE NUMBERS/WEBSITES
Oregon	Oregon Health Plan	500 Summer St NE Salem OR 97301	1-800-699-9075 http://healthcare.oregon.gov/
Pennsylvania	Pennsylvania Medicaid	625 Forester St Rm 515 PO Box 2675 Harrisburg PA 17105	1-800-692-7462 1-717-705-7103 (TTY) * http://www.dhs.pa.gov/citizens/healthc aremedicalassistance/
Puerto Rico	Puerto Rico Medicaid	PO Box 70184 San Juan PR 00936	1-787-765-6000 www.medicaid.pr.gov
Rhode Island	Rhody Health Options	57 Howard Ave Cranston RI 02920	1-800-984-8989 1-401-462-0740 (TTY) * http://www.eohhs.ri.gov/
South Carolina	Healthy Connections	PO Box 100101 Columbia SC 29202	1-888-549-0820 www.scdhhs.gov
South Dakota	South Dakota Medicaid	700 Governors Dr Pierre SD 57501	1-800-226-1033 http://dss.sd.gov/medicaid/
Tennessee	TennCare	310 Great Circle Rd Nashville TN 37243	1-800-342-3145 1-877-779-3103 (TTY) * www.tn.gov/tenncare/
Texas	Texas Medicaid	4900 N. Lamar Blvd Austin TX 78751	1-800-252-8263 1-512-424-6597 (TTY) * www.yourtexasbenefits.com
Utah	Utah Medicaid	288 N. 1460 West PO Box 143106 Salt Lake City UT 84114	1-800-662-9651 https://medicaid.utah.gov/
Vermont	Vermont Medicaid	103 S. Main St Waterbury VT 05671- 0204	1-800-250-8427 http://dcf.vermont.gov/benefits/MABD
Virginia	Virginia Medicaid	600 E. Broad St Ste 1300 Richmond VA 23219	1-804-786-7933 1-800-343-0634 (TTY) * http://www.dmas.virginia.gov/
Washington	Washington Apple Health	PO Box 45502 Olympia WA 98504-5502	1-800-562-3022 1-360-586-0226 (TTY) * http://www.hca.wa.gov/Medicaid

STATE	PROGRAM NAME	ADDRESS	PHONE NUMBERS/WEBSITES
West Virginia	WV Medicaid	350 Capitol St Rm 251 Charleston WV 25301	1-888-483-0797 http://www.dhhr.wv.gov/
Wisconsin	ForwardHealth	1 West Wilson St Madison WI 53703	1-800-362-3002 1-888-701-1251 (TTY) * www.forwardhealth.wi.gov
Wyoming	Wyoming Medicaid	401 Hathaway Bldg Cheyenne WY 82002	1-866-571-0944 https://health.wyo.gov

<sup>\*</sup> This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.

# Exhibit D - Listing of State Pharmaceutical Assistance Programs (SPAPs)

STATE	AGENCY	ADDRESS	PHONE NUMBERS	
	Colorado Bridging the	Colorado Department of Pu Health and Environment		
Colorado	Gap	4300 Cherry Creek Drive South Denver, CO 80246	1-303-692-2783	
https://www.co	<u>lorado.gov</u>	Denver, e.o. 602 10		
Connecticut	Connecticut Pharmaceutical Assistance Contract to the Elderly and the Disabled Program (ConnPACE)	PO Box 5011 Harford CT 06102	1-860-269-2029 (Hartford/Farmington and out-of-state) 1-800-423-5026 (in-state only)	
https://portal.ct	.gov/dors			
Delaware	Delaware Prescription Assistance Program	PO Box 950 New Castle DE 19720	1-800-996-9969 Ext:2	
https://www.dh	ss.delaware.gov/dhss/dmm	a/dpap.html		
Idaho	IdaGAP	PO Box 83720 Boise ID 83720	1-208-334-5612	
http://healthand	welfare.idaho.gov/Health/I	FamilyPlanningSTDHIV/HIV	/CareandTreatment	
Indiana	HoosierRx	402 W. Washington St Room W374, MS07 Indianapolis IN 46204	1-866-267-4679	
https://www.pa	yingforseniorcare.com/pha	rmaceutical-assistance/in-hoc	osierrx.html	
Massachusetts	Massachusetts Prescription Advantage	PO Box 15153 Worcester MA 01615	1-800-243-4636 Ext: 2 TTY (877) 610-0241	
https://www.ma	ass.gov/prescription-drug-a			
Maryland	Maryland SPAP	c/o Pool Administrators 628 Hebron Ave Ste 502 Glastonbury CT 06033	1-800-551-5995 TTY/TDD 1-800-877- 5156	
http://marylandspdap.com/				
Maine	MaineCare Services	242 State St Augusta ME 04333	1-866-796-2463	
https://www.maine.gov/dhhs/oads/community-support/medicare-assistance.html				
Missouri	Missouri Rx Plan	PO Box 6500 Jefferson City MO 65102	1-800-375-1406	
https://www.pa	yingforseniorcare.com/pha	rmaceutical-assistance/mo-m	issouri-rx-plan.html	

STATE	AGENCY	ADDRESS	PHONE NUMBERS		
Montana	Montana Big Sky Rx Program	PO Box 202915 Helena MT 59620	1-866-369-1233		
https://dphhs.m	<u>ıt.gov/MontanaHealthcareF</u>	Programs/BigSky			
North Carolina	North Carolina SPAP	1902 Mail Service Center Raleigh NC 27699	1-877-466-2232		
https://epi.dph.	ncdhhs.gov/cd/hiv/hmap.ht	<u>tml</u>			
New Jersey	NJ Senior Gold Prescription Discount Program	PO Box 715 Trenton NJ 08625	1-800-792-9745		
https://www.sta	ate.nj.us/humanservices/do	as/services/seniorgold/			
Nevada	Nevada Senior Rx	3416 Goni Road Ste D-132 Carson City NV 89706	1-866-303-6323 Option 2 702-486-4307		
http://adsd.nv.g	gov/Programs/Seniors/S	orRx/SrRxProg/			
New York	New York EPIC	PO Box 15018 Albany NY 12212	1-800-332-3742		
https://www.he	alth.ny.gov/health_care/ep	ic/			
Pennsylvania	PACE	PO Box 8806 Harrisburg PA 17105	1-800-225-7223		
https://www.aging.pa.gov/aging-services/prescriptions/Pages/default.aspx					
Rhode Island	RIPAE	74 West Rd Cranston RI 02920	1-401-462-3000		
https://www.payingforseniorcare.com/pharmaceutical-assistance/ri-ripae.html					
Texas	Texas KHC	PO Box 149347 Austin TX 78714	1-800-222-3986		
https://hhs.texas.gov/services/health/kidney-health-care					
Virginia	Virginia SPAP	109 Governor St Richmond VA 23219	1-855-362-0658		
http://www.vdh	n.virginia.gov/disease-prev	ention/virginia-aids-drug-assi	stance-program-adap/		
Vermont	VPharm	312 Hurricane Ln Ste 201 Williston VT 05495	1-800-250-8427		
https://www.pa	https://www.payingforseniorcare.com/pharmaceutical-assistance/vt-vpharm-vhap-vscript.html				
Washington	Washington State Health Insurance Pool	PO Box 1090 Great Bend KS 67530	1-800-877-5187		
https://www.wship.org/Default.asp					
Wisconsin	SeniorCare	PO Box 6710 Madison WI 53716	1-800-657-2038		
https://www.dh	as.wisconsin.gov/seniorcare	e/index.htm			

Exhibit E - Listing of State AIDS Drug Assistance Programs (ADAPs)

STATE	AGENCY	ADDRESS	PHONE NUMBERS
Alabama <a href="http://www.adph.org/aids/index.asp">http://www.adph.org/aids/index.asp</a>	Alabama ADAP	201 Monroe St Ste 1400 Montgomery AL 36104	1-866-574- 9964
Alaska  http://www.adph.org/aids/index.asp	Alaska ADAP	3601 C Street Ste 540 Anchorage AK 99503	1-907-269- 8058
Arizona	Arizona ADAP	150 N. 18 <sup>th</sup> Ave, Ste 110 Phoenix AZ 85007	1-800-334- 1540
http://www.azdhs.gov/phs/hiv/adap/			
Arkansas	Arkansas ADAP	4815 W. Markham Little Rock AR 72205	1-800-232- 4636
http://www.healthy.arkansas.gov/progra	msServices/infectiou	isDisease/	
California	California ADAP	Ave Ste 616 Sacramento CA 95814	1-888-311- 7632
http://www.cdph.ca.gov/programs/aids/	Pages/toaADAPIndiv	<u>aspx</u>	
Colorado	Colorado ADAP	4300 Cherry Creek Dr South Denver CO 80246	1-303-692- 2716
https://www.colorado.gov/pacific/cdphe	e/colorado-aids-drug-	assistance-progran	n-adap
Connecticut	Connecticut ADAP	25 Sigourney St Hartford CT 06106	1-800-233- 2503
http://www.ct.gov/dss/lib/dss/PDFs/CA			
Delaware	Delaware ADAP	540 DuPoint Hwy Dover DE 19901	1-302-739- 3032
http://www.dhss.delaware.gov/dph/dpc/	<u>'hivtreatment.html</u>		

STATE	AGENCY	ADDRESS	PHONE NUMBERS
District of Columbia	DC ADAP	899 North Capitol St NE Washington DC 20002	1-202-671- 4900
http://doh.dc.gov/service/dc-aids-drug-a			
Florida	Florida ADAP	4052 Bald Cypress Way Tallahassee FL 32399	1-850-245- 4335
http://www.floridahealth.gov/diseases-a	and-conditions/aids/ac	dap/index.html	
Georgia	Georgia ADAP	2 Peachtree St NW Ste 12-235 Atlanta GA 30303	1-404-657- 3127
https://dph.georgia.gov/adap-program			
Hawaii	Hawaii ADAP	3627 Kilauea Ave Ste 306 Honolulu HI 96816	1-808-732- 0026
http://www.idph.state.il.us/health/aids/a	dap.htm		
Illinois	Illinois ADAP	525 West Jefferson St 1 <sup>st</sup> Floor Springfield IL 62761	1-800-547- 0466
http://www.idph.state.il.us/health/aids/a	dap.htm		
Idaho	Idaho ADAP	450 W. State St PO Box 837220 Boise ID 83720	1-800-926- 2588
http://healthandwelfare.idaho.gov/Healt			
Indiana	Ryan White Program	2 N Meridan St Indianapolis IN 46204	1-866-588- 4948
https://www.in.gov/isdh/17740.htm	I ADAD	201 E 10th G	1 000 246
Iowa	Iowa ADAP	321 E 12 <sup>th</sup> St Des Moines IA 50319	1-888-346- 9562
http://idph.iowa.gov/hivstdhep/hiv/supp	<u>oort</u>		

STATE	AGENCY	ADDRESS	PHONE NUMBERS
Kansas  http://www.kdheks.gov/sti_hiv/ryan_wh	Kansas ADAP	1000 SW Jackson Ste 210 Topeka KS 66612	1-785-296- 8701
Kentucky	Kentucky ADAP	275 E. Main St 1E-B Frankfort KY 40621	1-800-420- 7431
http://chfs.ky.gov/dph/epi/hivaids/service	ees.htm		
Louisiana	Louisiana Health Access Program	1450 Poydras St Ste 2136 New Orleans LA 70112	1-504-568- 7474
http://new.dhh.louisiana.gov/index.cfm/			
Maine	Maine ADAP	221 State St Augusta ME 04333	1-800-851- 8437
http://www.maine.gov/dhhs/mecdc/infe			
Maryland	Maryland ADAP	201 W. Preston St Baltimore MD 21201	1-800-205- 6308
http://phpa.dhmh.maryland.gov/OIDPC	S/CHCS/pages/mada	p.aspx	
Massachusetts  http://crine.org/hdap/contact-us/	Community Research Initiative of New England/HDAP	38 Chauncy St Ste 500 Boston MA 02111	1-800-228- 2714
Michigan	MiDAP	109 Michigan	1-888-826-
http://www.michigan.gov/mdhhs/0,588		Ave 9 <sup>th</sup> Floor Lansing MI 48913	6565
Minnesota	MN ADAP	PO Box 64972	1-800-657-
withinesota	WIN ADAP	St Paul MN 55164	3761
https://www.covy/dbs/reards.cov.cov.cov.cov.cov.cov	ilto/boolth.com/him.i	do/	1-800-627- 3529 (TTY) *
https://mn.gov/dhs/people-we-serve/adu	<u>iits/neaitn-care/hiv-ai</u>	<u>as/</u>	

STATE	AGENCY	ADDRESS	PHONE NUMBERS
Mississippi	Mississippi ADAP	570 E.	1-888-343-
		Woodrow	7373
		Wilson	
		PO Box 1700	
		Jackson MS 39215-1700	
http://msdh.ms.gov/msdhsite/_static/14			
Missouri	Missouri	PO Box 570	1-800-785-
	HIV/AIDS Case	Jefferson City	2437
	Management	MO	
1 // 1.1 // 1.1 1	Program	65102-0570	. 1
https://health.mo.gov/living/healthcond			
Montana	Montana ADAP	1400 Proodyyay	1-406-444- 3565
		Broadway Room C-211	3303
		Helena MT	
		59620	
http://dphhs.mt.gov/publichealth/hivstd.	/treatmentprogram.as		
Nebraska	Nebraska	301 Centennial	1-800-782-
	ADAP/CARE	Mall S.	2437
		Lincoln NE	
		68509	
http://dhhs.ne.gov/publichealth/Pages/d	pc_ryan_white.aspx		
Nevada	Nevada Ryan	4126	1-877-385-
	White	Technology	2345
		Way	
		Ste 200	
		Carson City	
1 //1 11 /D //1777 D	/D 11111 D . T	NV 89706	
http://dpbh.nv.gov/Programs/HIV-Ryar	•		1 000 050
New Hampshire	New Hampshire	129 Pleasant St Concord NH	1-800-852- 3345
	Ryan White CARE	Concord NH	3343
	CARE	03301-3852	
http://www.dhhs.nh.gov/dphs/bchs/std/	care htm	03301-3032	
New Jersey	NJ AIDS Drug	PO Box 722	1-877-613-
11011 301303	Distribution	Trenton NJ	4533
	Program	08625-0722	
http://www.state.nj.us/health/aids/freem	•	<del></del>	
New Mexico	NM AIDS Drug	PO Box 830	1-855-637-
	Assistance	Bernalillo NM 87004	6574
https://nmhealth.org/about/phd/idb/hats	<u>/</u>		

STATE	AGENCY	ADDRESS	PHONE NUMBERS
New York	HIV Uninsured CARE	PO Box 2052 Albany NY 12220-0052	1-800-542- 2437
			1-518-459- 0121 (TTY) *
http://www.health.ny.gov/diseases/aids	/general/resources/ada	ap/	
North Carolina	NC ADAP	1902 Mail Service Center Raleigh NC 27699	1-877-466- 2232
http://epi.publichealth.nc.gov/cd/hiv/ad	ap.html		
North Dakota	Ryan White HIV/AIDS Program	2635 E. Main Ave Bismarck ND 58506	1-800-472- 2180
https://www.ndhealth.gov/HIV/HIV%2	0Care/ADAP/ADAP	.htm	
Ohio	Ohio HIV Drug Assistance Program	246 N. High St Columbus OH 43215	1-800-777- 4775
https://www.odh.ohio.gov/odhprograms	•		X
Oklahoma	Oklahoma ADAP	1000 NE Tenth Rm 614 Oklahoma City OK 73117	1-800-884- 1572
https://www.ok.gov/health2/documents		•	1 000 005
Oregon	CAREassist	PO Box 14450 Portland OR 97293	1-800-805- 2313
https://www.oregon.gov/oha/ph/Disease	esConditions/HIVSTI	DViralHepatitis/H	IVCareTreatme
nt/CAREAssist			
Pennsylvania	Special Pharmaceutical Benefits Program	PO Box 8808 Harrisburg PA 17105-8808	1-800-922- 9384
https://www.health.pa.gov/topics/progr	ams/HIV/Pages/Speci	ial-Pharmaceutical	l-Benefits.aspx
Puerto Rico	Ryan White Program	PO Box 70184 San Juan PR 00936-8184	1-787-765- 2929
http://www.salud.gov.pr/Servicios-al-C	iudadano/Pages/defau	ılt.aspx	
Rhode Island	Ryan White Program	74 West Rd Ste 60 Cranston RI 02920	1-401-462- 3294
http://www.eohhs.ri.gov/Portals/0/Uplo	ads/Documents/ADA	PEnrollmentForm	<u>ı.par</u>

STATE	AGENCY	ADDRESS	PHONE NUMBERS
South Carolina	SC ADAP	PO Box 101106 Columbia SC 29211	1-800-856- 9954
http://www.scdhec.gov/Health/Diseases	sandConditions/Infect	tiousDiseases/HIV	andSTDs/
South Dakota	Ryan White Program	615 E. 4 <sup>th</sup> St Pierre SD 57501	1-800-592- 1861
http://doh.sd.gov/diseases/infectious/ry	anwhite/		
Tennessee	Ryan White Program	425 5 <sup>th</sup> Ave N. 3 <sup>rd</sup> Fl Nashville TN 37243	1-800- 525- 2437
http://www.tn.gov/health/topic/STD-ry	anwhite		
Texas	Texas HIV Medication Program	PO Box 149347 MC 1873 Austin TX 78714	1-800-255- 1090
https://www.dshs.texas.gov/hivstd/med			
Utah  http://health.utah.gov/epi/treatment/	Utah ADAP	PO Box 142104 Salt Lake City UT 84114-2104	1-801-538- 6197
Vermont	VT Medication	108 Cherry St	1-802-863-
	Assistance Program	Burlington VT 05402	7245
http://healthvermont.gov/prevent/aids/aids_index.aspx			
Virginia	Virginia ADAP	VA Dept of Health 109 Governor St 1 <sup>st</sup> Floor Richmond VA 23219	1-855-362- 0658
http://166.67.66.226/epidemiology/DiseasePrevention/Programs/ADAP/			
Washington	Early Intervention Program	PO Box 47841 Olympia WA 98504-7841	1-877-376- 9316
http://www.doh.wa.gov/portals/1/docur	<u>nents/pubs/430-025-1</u>	EIPBrochure.pdf	

STATE	AGENCY	ADDRESS	PHONE
			NUMBERS
West Virginia	WV ADAP	PO Box 6360	1-304-232-
		Wheeling WV	6822
		26003	
http://www.dhhr.wv.gov/oeps/std-hiv-h	ep/HIV_AIDS/caresu	upport/Pages/ADA	AP.aspx
Wisconsin	WI ADAP	PO Box 2659	1-800-991-
		Madison WI	5532
		53701-2659	
https://www.dhs.wisconsin.gov/aids-hi	v/adap.htm		
Wyoming	Communicable	401 Hathaway	1-307-777-
	Disease Services	Building	7529
	Program	Cheyenne WY	
		82002	
https://health.wyo.gov/publichealth/communicable-disease-unit/hivaids/forms/			

### Navitus MedicareRx (PDP) Customer Care

Method	Customer Care – Contact Information
CALL	1-866-270-3877
	Calls to this number are free. We are available 24 hours a day, 7 days a week except on Thanksgiving and Christmas Day.
	Pharmacies can also reach Customer Care 24 hours a day, 7 days a week.
	Customer Care also has free language interpreter services available for non-English speakers.
TTY/TDD	711
	This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
	Calls to this number are free. We are available 24 hours a day, 7 days a week except on Thanksgiving and Christmas Day.
	Customer Care also has free language interpreter services available for non-English speakers.
WRITE	Navitus MedicareRx (PDP) Customer Care P.O. Box 1039 Appleton, WI 54912-1039
WEBSITE	https://memberportal.navitus.com

**SHIP** (State Health Insurance Assistance Program) is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare. Refer to **Exhibit A** in this Evidence of Coverage.

**PRA Disclosure Statement** According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1051. If you have comments or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

